



# CHUGIAK HIGH SCHOOL

## **EVERY 15 MINUTES**

### PROCEDURAL MANUAL

*2010 EDITION*



Compiled by Officer Wendi Shackelford  
Anchorage Police Department  
Anchorage Alaska



***EVERY 15 MINUTES AT CHUGLAK HIGH SCHOOL  
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## ***EVERY 15 MINUTES* AT CHUGIAK HIGH SCHOOL**

### **PROBLEM**

The title, *Every 15 Minutes*, comes from the unfortunate fact that during the early 1980s every 15 minutes someone in the United States was killed in an alcohol-related traffic collision. While the implementation of new laws and grassroots programs have helped bring the death rate down to one death every 30 minutes, this figure continues to be unacceptable.

### **GOALS AND OBJECTIVES**

*Every 15 Minutes* is a two-day program that challenges high school students to think about the consequences of drinking, personal safety, and the responsibility of making mature decisions when lives are involved. The program seeks to provide students with a hard-hitting, realistic dramatization of the aftermath of a fatal alcohol-related car crash.

### **STRATEGIES AND ACTIVITIES**

The *Every 15 Minutes* program begins with an outdoor assembly where students witness a dramatization of the aftermath of a fatal alcohol-related collision involving two automobiles. Emergency personnel, including police, fire, paramedics, and the coroner's office, respond to the crash scene with sirens blaring; the crews rapidly working to free the victims from the automobiles. Emergency responders transport those that are critically injured while others are declared dead and removed by the coroner.

The designated student drunk driver is given a field sobriety test and is arrested for driving under the influence. After the assembly students return to class; however, throughout the day selected students are removed from class by a "grim reaper" character while a police officer reads the student's obituary. The student then becomes one of the "walking dead" and continues with his/her classes, but is not allowed to interact with other students.

The dramatization provides convincing overtones as to the loss felt by everyone due to a fatal alcohol-involved collision. At the end of the day, the crash victims and the "walking dead" stay overnight at a local retreat site to more effectively simulate the physical and emotional impact on others that these students are no longer alive. The program culminates the following day with an assembly featuring the "walking dead", crash victims, their parents, guest speakers, and testimonies from relatives of real DUI victims.



## RESULTS

This powerful program helps the students see members of their community in a different light. They are no longer just police, doctors, paramedics or firefighters, but are mentors and human beings who care about the youth in the community.

It also creates awareness among students that they are not invincible and allows them to experience first hand how their actions affect the lives of so many others. Further, research has shown that after participating in the *Every 15 Minutes* program, students are less likely to drive when drinking and are less likely to be a passenger with a driver who had been drinking.

## PLANNING

This program takes a lot of coordination and planning for months in advance of the actual event. The staff at Chugiak High School welcomes your help and participation as we plan for this event. You can contact Officer Wendi Shackelford at 742-3219 or Mrs. Kathy Vik at 742-3239 to volunteer your time. We will keep you posted. Thank you!

National web site: [www.every15minutes.com](http://www.every15minutes.com)



## WHAT IS *EVERY 15 MINUTES*?

Life's lessons are best learned through experience. Unfortunately, when the target audience is teens and the topic is drinking and driving, experience is not the teacher of choice.

The *Every 15 Minutes* Program offers real-life experience without the real-life risks. This emotionally charged program, entitled *Every 15 Minutes*, is an event designed to dramatically instill teenagers with the potentially dangerous consequences of drinking alcohol. This powerful program will challenge students to think about drinking, personal safety, and the responsibility of making mature decisions when lives are involved.

During the first day's events the "Grim Reaper" calls students, who have been pre-selected, out of class. One student is removed from class *every 15 minutes*. A police officer will immediately enter the classroom to read an obituary which has been written by the "dead" student's parents, explaining the circumstances of their classmate's demise and the contributions the student has made to the school and the community. A few minutes later, the student will return to class as the "walking dead," complete with white face make-up, a coroner's tag, and a black *Every 15 Minutes* T-shirt. From that point on "victims" will not speak or interact with other students for the remainder of the school day. Simultaneously, uniformed officers will make mock death notifications to the parents of these children at their home, place of employment, or business.

Later in the day, a simulated traffic collision will be viewable on the school grounds. Rescue workers will respond and treat "injured" student participants. These observing students will experience, first hand, the sensations of being involved in a tragic, alcohol-related collision. The coroner will handle fatalities on the scene, while the injured students will be extricated by the jaws-of-life manned by firefighters and paramedics. Police officers will investigate, arrest, and incarcerate the student "drunk driver". Student participants will continue their experience by an actual trip to the morgue, the hospital emergency room, and the correctional facility for the purpose of being booked for "drunk driving".

At the end of the day, those students who participated in the staged collision, as well as those who were made-up as the "walking dead," will be transported to a local facility for an overnight student retreat. The retreat will simulate the immediate and sudden separation from friends and family. A support staff of counselors, adults, and police officers will facilitate the retreat.



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During the most powerful portion of the retreat, the students will write a letter to his or her parents starting out with . . .

***"Dear Mom and Dad, every fifteen minutes someone in the United States dies from an alcohol related traffic collision, and today I died. I never had the chance to tell you....."***

Parents will also be asked to write similar letters to their children. These letters will be shared the following day when students and parents are reunited at a school memorial assembly. Research shows that those who learn from hands-on experience retain **2 to 4 times** more than those who learn from just listening, or from seeing and listening.

On the following morning, a memorial service will be held at the high school. The assembly will include scenes from the first day with the "Grim Reaper" and the staged collision. It will be hosted by a master/mistress of ceremony who will guide the audience through the devastating effects of losing a loved one due to bad choices. Speakers may include police officers, students who will read letters to their parents and parents who will share their personal reflections on their involvement with this program. Finally, a guest speaker (s) will share their real life, personal involvement with an alcohol-related crash.

The realization that the decision to consume alcohol can affect many more people than just the one who drinks is the focus of the memorial assembly. This very emotional event will illustrate to all students the potentially dangerous consequences of using alcohol, regardless of how casual they believe their use of alcohol may be.

This event includes the participation of local police and fire departments, high school staff, local hospital staff, video production crew, community officials, District Attorney's office and a wide cross-section of the community at-large. It is our goal to utilize the strength, talent, and resources of business and industry to prevent drunken driving.

National web site: [www.every15minutes.com](http://www.every15minutes.com)

High school web site: [www.asdk12.org/schools/chugiak/pages](http://www.asdk12.org/schools/chugiak/pages)

Contact information: Officer Wendi Shackelford 742-3219 office  
[wshackelford@muni.org](mailto:wshackelford@muni.org)

Teacher Kathy Vik 742-3239 office  
[vik\\_kathleen@asdk12.org](mailto:vik_kathleen@asdk12.org)



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September 29, 2005

## Agenda

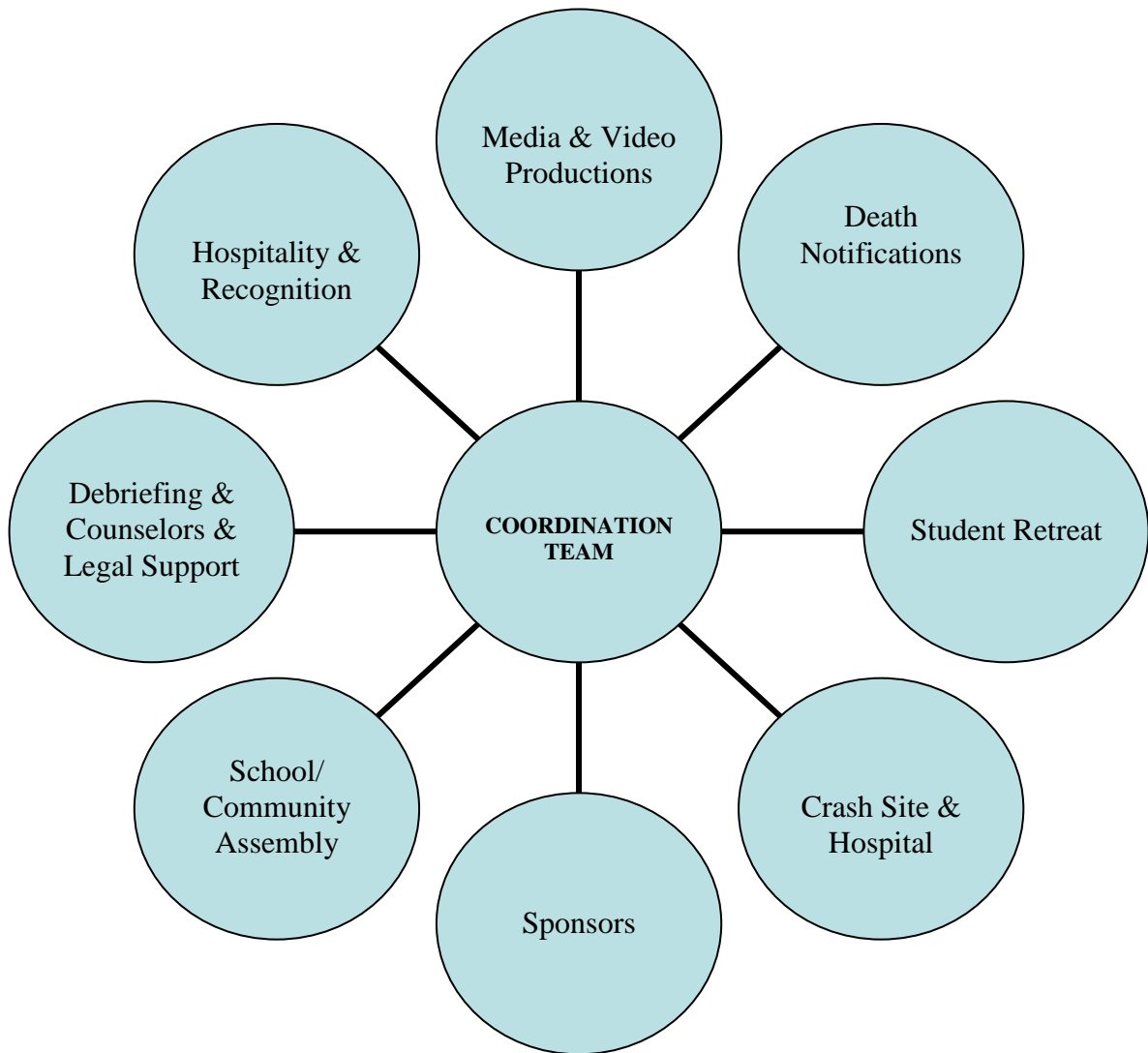
### *Every 15 Minutes*

### Chugiak High School

1. Welcome & Logistics:
  - a. "Parking lot", name tags, sign-in & refreshments
2. Introductions
3. *Every 15 Minutes* Planning Video
4. Program Organization Overview: Steering Committee, General Meetings & Committees
5. Steering Committee:
  - a. Project Coordinators- 2 co-chairmen, secretary, treasurer, communications (5)
  - b. Committee reps/chairmen (10)
  - c. Student reps. (3-4)
  - d. Community reps. - police, fire, community groups, school officials, MADD, business partners, etc....
6. Committee Explanations & Sign Up - see handout
7. Committee Meetings
8. Wrap Up & Next Meeting



## COMMITTEES FLOWCHART







## **COMMITTEE RESPONSIBILITIES**

\*The Steering Committee will be made up of the entire Coordination Team and the chair of each coordinating committee.

### **Coordination Team:**

Made up of (2-3) Project Coordinators, (1) Treasurer, (1) Secretary, (1) Communications Person

- Oversee coordination and implementation of the program
- Secure team leaders and ensure that responsibilities are being completed
- Secure student and parent participants
- Schedule meetings with Steering Committee\*, community leaders, and team leaders
- Record minutes of all Steering Committee and large bi-monthly meetings
- Organize and provide an orientation meeting for all participants
- Organize phone/contact list for all participants and volunteers
- Send out notifications of meetings as well as minutes of meetings via e-mail
- Set up a financial account through the school, give monthly financial reports, and prepare documentation of all funds used

### **Video Productions & Media:**

- Responsible for putting together the 5-6 minute video of day one activities, including the staged collision and hospital, morgue, and courtroom scenes for the assembly as well as the 20 minute video production of the whole event, including the memorial service
- Press releases
- Publicity
- Information packets
- Cable Television
- Radio spots
- Photographs

### **Sponsors & PR:**

- Responsible for obtaining financial support & donations
- Give presentations to community clubs and civic groups
- Work with School Business Partners
- Design our own logo & letterhead
- Banners & flyers



## **COMMITTEE RESPONSIBILITIES** *continued*

### **Crash Site & Hospital**

- Acquisition of medical, fire, and law enforcement teams
- Acquisition of wrecked cars
- Acquisition of helicopter (optional)
- Crash site set-up
- Special effects and make-up (AKA moulage)
- Sound systems
- Script
- Narration of event
- Crash timeline

### **Death Notifications:**

- Determine selection criteria for student participants: crash victims and walking dead
- Arrange pre-selection committee meetings for students & parents
- Recruit officers to deliver death notifications to parents
- Prepare schedule of notifications to individual homes
- Select a Grim Reaper (includes make-up, costume, etc)
- Schedule when the “walking dead” students will be pulled from classes
- Coordinate with school administration
- Notify teachers & staff of the two day schedule
- Request and obtain obituaries written by parents
- Select 3-4 police officers and 2 chaplains to deliver the obituaries to the classrooms

### **Student Retreat:**

- Arrange & confirm location of retreat (including usage fee)
- Set-up and clean-up retreat site
- Arrange transportation to and from the retreat
- Coordinate meals
- Coordinate chaperones (counselors, police officers, teachers)
- Coordinate program & guest speakers for the “walking dead” students



## **COMMITTEE RESPONSIBILITIES** *continued*

### **School/Community Assembly**

- Obtain a location for the assembly and assist with setting up chairs, podiums, microphones, etc.
- Obtain master/mistress of ceremonies, guest speakers, student speakers, etc.
- Decide on the program content and timeline for the assembly
- Coordinate traffic & parking
- Invite community VIP's

### **Debriefing & Counselors & Legal support**

- Plan & execute de-briefing for all coordinating committees
- Plan & execute de-briefing for all participants
- Coordinate locations
- Coordinate facilitators

### **Hospitality & Recognition**

- Arrange for a hospitality room at the school the day of the collision to serve as a staging area for volunteers, make-up, and student participants
- Design certificates of recognition
- Compile a list of persons who will receive certificates and/or plaques, based on their level of involvement or donation of time/services
- Write and distribute thank you cards for all those involved
- Arrange for refreshments for the day of the staged collision
- Responsible for the *Celebration of Life* culmination after the two day event concludes (recommended to occur within 3 to 4 weeks after the event)



**HELL**  
**By Tamisha Hadley**

Now I lay me down to sleep, for my soul I shall not weep,

I have given up to hell, trapped inside this prison cell,

Here I lay, here I rot, contemplating things that I am not,

The only sound is my sad sighs until my new sun begins to arise,

The choices that I make will bring it down as my world keeps spinning round and round,

Trying to gain control, trying to feel the flow, wanting to be me again, wanting to have life again, if only I had stayed, if only I had prayed,

IF ONLY I WAS SOBER, But..... If is in the past.

So when you lift up that glass, think of hell, and the spell that overcomes you to drink and to drive, to choose and to lose, to keep the flowing of the booze,

Now it's all over, the brain I did not use, it's hitting the snooze,

Goodnight to all of YOU's.

Trying to gain control..... trying to feel the flow

If only I had stayed..... if only I had prayed

If only.....If only..... If only I was sober.....

“If”..... is the Past, the past is the end, and I am done, I’m done, I am done AT LAST.



WENT TO A PARTY, MOM  
by Molly Devlin 2009

I went to a party,  
And remembered what you said.  
You told me not to drink, Mom,  
so I had a sprite instead.

I felt proud of myself,  
The way you said I would,  
that I didn't drink and drive,  
though some friends said I should.

I made a healthy choice,  
And your advice to me was right.  
The party finally ended,  
and the kids drove out of sight.

I got into my car,  
Sure to get home in one piece.  
I never knew what was coming, Mom,  
something I expected least.

Now I'm lying on the pavement,  
And I hear the policeman say,  
the kid that caused this wreck was drunk,  
Mom, his voice seems far away.

My own blood's all around me,  
As I try hard not to cry.  
I can hear the paramedic say,  
this girl is going to die.

I'm sure the guy had no idea,  
While he was flying high.  
Because he chose to drink and drive,  
now I would have to die.



So why do people do it, Mom  
Knowing that it ruins lives?  
And now the pain is cutting me,  
like a hundred stabbing knives.

Tell sister not to be afraid, Mom  
Tell daddy to be brave.  
And when I go to heaven,  
put " Mommy's Girl" on my grave.

Someone should have taught him,  
That it's wrong to drink and drive.  
Maybe if his parents had,  
I'd still be alive.

My breath is getting shorter,  
Mom I'm getting really scared  
These are my final moments,  
and I'm so unprepared.

I wish that you could hold me Mom,  
As I lie here and die.  
I wish that I could say, "I love you, Mom!"  
So I love you and good-bye.

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**2006 VEHICLE CRASH VICTIMS**

Large car, injured (maroon)

Drunk driver is not hurt much.

*POLICE CAR*

**SAMANTHA DUBIN**

Front passenger, unbelted, is catapulted out of the car and **dies** from ruptured internal organs.

*MEDICAL EXAMINER'S OFFICE*

**BROOKE HANES**

Back seat passenger is impaled with a screwdriver in the shoulder from the compartment area of the vehicle. He is begging for help in the driver's side back seat.

*AMBULANCE*

**MATTHEW DEVLIN**

Small car, injured (silver)

Driver has a compound leg fracture and is trapped in the car. Yelling for help frightened by what she sees.

*AMBULANCE*

**KORI RADCLIFFE**

Back seat middle passenger is not seat-belted and thrown forward into the front windshield. Her head whip-lashes back and hit the shotgun passenger. She is **dead** lying across the front seat passenger.

*MEDICAL EXAMINER'S OFFICE*

**CHRISTINE FLEGLE**

Front seat passenger is unconscious with a closed-head injury, which justifies a helicopter. She ends up a quadriplegic.

*HELICOPTER*

**AMANDA HESSER**

Two additional passengers are frightened, bleeding, and calling out for help.

Broken arm

**HALEY HUTCHINS**

Injured ear

**ERIC PINARD-JANISCH**

*AMBULANCE (OR POLICE CAR IF NECESSARY)*

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*Total transported off-site:* 8

- *With APD:* 1
- *With Medical examiner:* 2
- *With Chugiak Vol. Fire:* 4
- *With Kulis helicopter:* 1

**2009 VEHICLE CRASH VICTIMS**

Four door car (older model with defective or no airbag)

\*Four occupants total

**1. DRIVER****Victoria LOMEN**

- Not wearing seatbelt
- Injury: pneumothorax from impact with steering wheel (airbag device defective or not present)
- Status: **dies at the hospital**
- Transport by: *AMBULANCE*

**2. FRONT PASSENGER****Chris WOOD**

- Not wearing seatbelt
- Injury: open fracture of the humerus (upper arm bone)
- Status: survives
- Transport by: *AMBULANCE*

**3. & 4. REAR PASSENGERS (2 total)****Kayla MURPHY & Shannon LACE**

- Both wearing seatbelts but hit heads with each other upon impact
- Injuries: both exhibiting signs of concussion; conscious and breathing, dry heaving, unequal pupils, dizzy, etc; hysterical or screaming for help
- \*Optional injury for either: impalement by broken glass (moulage artist's preference)
- Status: both survive
- Transport by: *AMBULANCE*



Small pickup truck (no camper shell)

\*Three occupants total

1. DRUNK DRIVER

**Molly DEVLIN**

- Not wearing seatbelt
- Impaired by alcohol
- Injury: superficial cuts on face, bruising
- Status: survives
- Transport by: *POLICE CAR*

2. FRONT PASSENGER

**Venessa SPURLING**

- Not wearing seatbelt
- Impaired by alcohol
- Injury: minimal injury (moulage artist's preference)
- Status: survives
- Transport by: *AMBULANCE*

3. "SURFING" PASSENGER in truck bed

**Amanda LANDON**

- No seatbelt available
- Impaired by alcohol
- Injury: **dies at the scene** from internal injuries sustained by ejection from bed of truck into the windshield of the car
- \*Victim will be spread-eagled, face down, on hood of car with head/clavicle area protruding through the windshield into the car's interior
- \*must wear multiple layers of clothing and a heavy coat for lying on the ground upon removal by CVFD
- Transport by: *MEDICAL EXAMINER*

---

Total transported from scene: **7**

- |                         |   |                  |
|-------------------------|---|------------------|
| • With APD              | 1 | Molly DEVLIN     |
| • With Medical examiner | 1 | Amanda LANDON    |
| • With Chugiak VFD      | 5 | Victoria LOMEN   |
|                         |   | Chris WOOD       |
|                         |   | Kayla MURPHY     |
|                         |   | Shannon LACE     |
|                         |   | Venessa SPURLING |

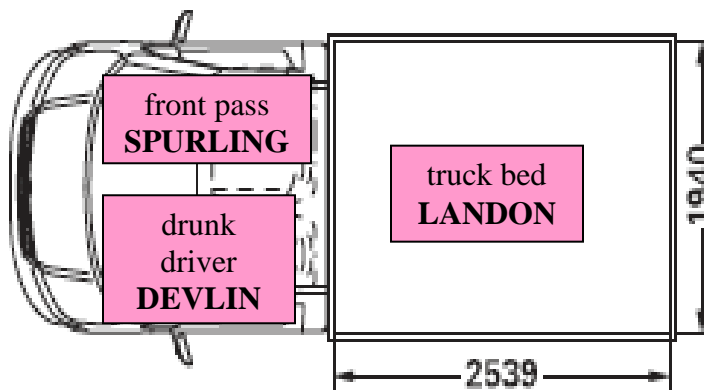
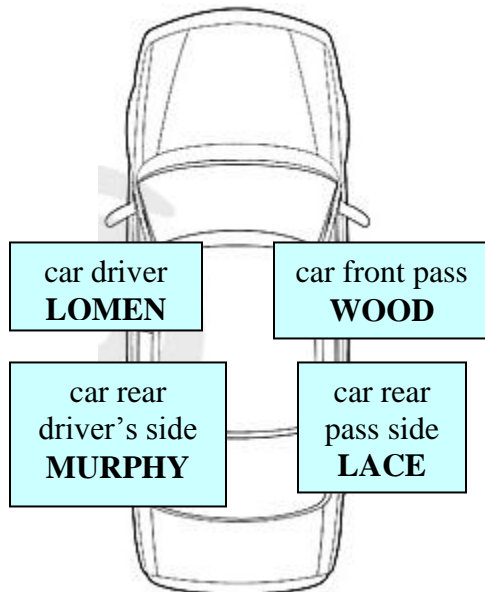


## **2009 EFM CRASH SCENARIO**

Several teenagers getting ready to attend a Chugiak High School basketball game made the decision to drink alcohol. One of the passengers exits the vehicle, getting into the bed of the truck to do some “drunk surfing.” As they are speeding through the school parking lot, the driver of the truck, who is drunk, loses control and hits another car occupied by four Chugiak High School students.

**CAR CRASH DIAGRAM 2009**

**CAR:**  
1 dies @ hospital  
3 by medics



**TRUCK:**  
1 dies @ scene  
1 arrested  
1 by medics



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**MEMO FROM SCHOOL COORDINATORS  
PROVIDING EVENT INFORMATION - 2006**

To: Chugiak HS Faculty and Staff  
From: Wendi Shackelford, Kathy Vik, Leha Uehling  
Date: March 2006  
Re: "Every 15 Minutes" Program

On April 18 and 19, 2006, the program "Every 15 Minutes" will be presented at Chugiak High School. On Tuesday, April 18, 2006, at 7:30 AM, a "Grim Reaper" will begin taking pre-selected students out of various classes. The students will become a part of the "Walking Dead". After the student has been removed, a police officer will enter the classroom and read an obituary. The student may return to class depending upon the amount of time left in class and the time it takes to apply the face make-up, the toe tag, and change into an "Every 15 Minutes" t-shirt. Every attempt will be taken to notify the affected faculty member prior to this interruption.

Upon returning to the classroom, the Walking Dead are not to speak to anyone or respond to anyone talking to them, including faculty and staff. In the event that other students are bothering the "Walking Dead", trying to get them to laugh or speak, the "Dead" student will write a note to the teacher asking for help in stopping the conversation. Should you see this happening, please intervene on behalf of the "Dead" student.

At 9:10 AM, an announcement will be made for all classes to be dismissed to observe the mock crash. *Please treat this as you would a fire drill, moving swiftly to the faculty parking lot.* We have 15 minutes to get 1,450 students into the viewing area before the program begins. Direct the students to take their jackets with them and promptly exit the building through the designated exit (A, B, C, or D). Please proceed to your designated observing area as depicted on your map (see large map).

A separate lunch will be provided for the students who participate as "Walking Dead" and crash victims. They will not be allowed to eat with the rest of the student body.

The following day, Wednesday, April 19, 2006, there will be an assembly to conclude the "Every 15 Minutes" program. The students will be curious and may ask you questions. **PLEASE DO NOT PROVIDE THE TIME DETAILS ABOUT THE CRASH SCENE OR ASSEMBLY PRIOR TO THESE EVENTS.** The element of surprise is a key factor in this program.

School staff, including counselors, will be available for students who are upset. Please have someone escort these students to the attendance office for supervision, if necessary. Thank you for your assistance in helping make this program a success.



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**MEMO FROM SCHOOL COORDINATORS  
PROVIDING EVENT INFORMATION - 2009**

To: Chugiak HS Faculty and Staff  
From: Wendi Shackelford, Kathy Vik, Leha Uehling  
Date: April 14, 2009  
Re: *Every 15 Minutes* 2009 Program

On April 21 and 22, 2009, the program “Every 15 Minutes” will be presented again at Chugiak High School. On **Tuesday, April 21, 2009**, at 7:30 AM, a “Grim Reaper” will begin taking pre-selected students out of various classes (see attached list). The students will become a part of the “Walking Dead”. After the student has been removed, a police officer will enter the classroom and read an obituary. The student may return to class depending upon the amount of time left in class and the time it takes to apply the face make-up and change into an “Every 15 Minutes” tee shirt. Please allow for the disruption the notifications will cause in your classroom.

Upon returning to the classroom, the Walking Dead are not to speak to anyone or respond to anyone talking to them, including faculty and staff. In the event that other students are bothering the “Walking Dead”, trying to get them to laugh or speak, the “Dead” student will write a note to the teacher asking for help in stopping the conversation. Should you see this happening, **PLEASE** intervene on behalf of the “Dead” student.

At 9:10 AM, an announcement will be made for all classes to be dismissed to observe the mock crash. *Please treat this as you would a fire drill, moving swiftly to the faculty parking lot.* We have 15 minutes to get 1,300 students into the viewing area before the program begins. Direct the students to take their jackets with them and promptly exit the building through the designated exit (A, B, C, or D) on the east side of the building. Please proceed to your designated observing area as depicted on your map (see large map).

A separate lunch will be provided for the students who participate as “Walking Dead” in Room 62. They will NOT be allowed to eat lunch with the rest of the student body. When classes resume after lunch, the Walking Dead will return to their regular class schedules.

The following day, **Wednesday, April 22, 2009**, there will be a Memorial assembly to conclude the “Every 15 Minutes” program. At the end of the assembly, the student body will witness the reunion of the participants with their families, with whom they have not spoken for over 24 hours.

The students will be curious and may ask you questions. **PLEASE DO NOT PROVIDE THE TIME DETAILS ABOUT THE CRASH SCENE OR ASSEMBLY PRIOR TO THESE EVENTS.** The element of surprise is a key factor in this program.

School staff, including counselors, will be available for students who are upset. Please have someone escort these students to the attendance office for supervision, if necessary. Thank you for your assistance in helping make this program a success.



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**INSTRUCTIONS TO FACULTY/STAFF FOR  
“EVERY 15 MINUTES” -2006**

To: Chugiak HS Faculty and Staff  
From: Wendi Shackelford, Kathy Vik, Leha Uehling  
Date: March 2006  
Re: “Every 15 Minutes” Program

On April 18, 2006, **ALL** Chugiak High staff need to park in the open lot where the portable buildings used to be located OR on the north side of the building by the football field. We will have a lot of additional people on campus that day and we would like to have them park in the front of the building by the main entrance. No one will be allowed to park east of the recycling shed in the faculty parking lot (see small map).

The mock collision will take place on the campus of Chugiak High School, specifically the faculty parking lot on the east side of the building. An announcement will be made in the morning (approx 9:10 AM) for your classes to proceed immediately to the crash location. ***Students will need to have their coats with them PRIOR to second hour. We only have 15 minutes to get 1,450 students assembled before the program commences.***

Second hour teachers are responsible to assist their students in promptly exiting the building through the designated exits (A, B, C, or D). Please proceed with your class to your designated observation area as depicted on your event map. Program staff will be on duty to assist with placement. You are responsible for the students in your class. (see attached event maps and two day schedule for additional details).

Should you observe a student having EXTREME difficulty during the crash scene, please locate an administrator or security for guidance. A counselor will be made available if necessary. Remember that the majority of viewers will have difficulty with this experience but will also be able to tolerate the stress.

Additionally, the “Every 15 Minutes” staff is made up of volunteer students and adults. The student staff members will play a significant role in preparing for this program and may miss classes while conducting their duties. They will be wearing a white “Every 15 Minutes” t-shirt. If you wish to verify that a student is part of the “Every 15 Minutes” staff, or if you have any questions about your participation in this program, please contact Ms. Vik @ 742-3239, Officer Shackelford @ 742-3219, or Ms Uehling @ 742-3224. Thank you for your help.

Attachments: Event maps (small and large)  
Teacher location on April 18, 2006  
Two day schedule





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**INSTRUCTIONS TO FACULTY/STAFF FOR  
“EVERY 15 MINUTES” - 2009**

To: Chugiak HS Faculty and Staff  
From: Wendi Shackelford, Kathy Vik, Leha Uehling  
Date: April 14, 2009  
Re: *Every 15 Minutes* 2009 Program

On April 21, 2009, **ALL** Chugiak High staff need to park in the open lot where the portable buildings used to be located OR on the north side of the building by the football field. We will have a lot of additional people on campus that day and we would like to have them park in the front of the building by the main entrance. No one will be allowed to park east of the recycling shed in the faculty parking lot (see small map).

The mock collision will take place on the campus of Chugiak High School, specifically the faculty parking lot on the east side of the building. An announcement will be made in the morning (approx 9:10 AM) for your classes to proceed immediately to the crash location. ***Students will need to have their jackets with them PRIOR to second hour. We only have 15 minutes to get 1,300 students assembled before the program commences.*** First hour teachers, please remind your students to keep their coats with them until lunch.

Second hour teachers are responsible to assist their students in promptly exiting the building through the designated exits (A, B, C, or D). Please proceed with your class to your designated observation area as depicted on your event map. Program staff will be on duty to assist with placement. You are responsible for the students in your class. (see attached event maps and two day schedule for additional details).

Should you observe a student having EXTREME difficulty during the crash scene, please locate an administrator or security for guidance. A counselor will be made available if necessary. Remember that the majority of viewers will have difficulty with this experience but will also be able to tolerate the stress.

Additionally, the “Every 15 Minutes” staff is made up of volunteer students and adults. The student staff members will play a significant role in preparing for this program and may miss classes while conducting their duties. They will be wearing a white “Every 15 Minutes” t-shirt. If you wish to verify that a student is part of the “Every 15 Minutes” staff, or if you have any questions about your participation in this program, please contact Ms. Vik @ 742-3239, Officer Shackelford @ 742-3219, or Ms Uehling @ 742-3224.

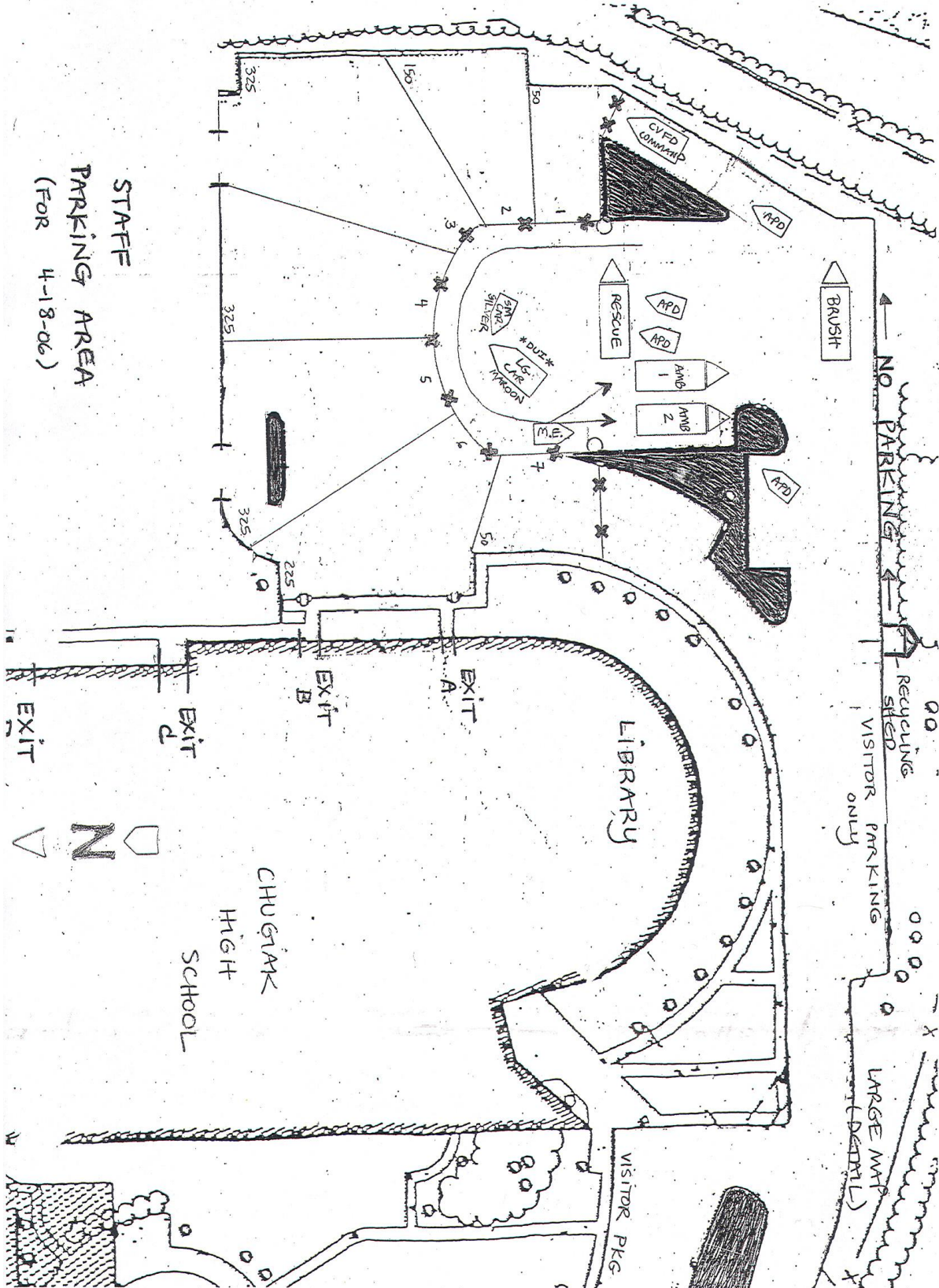
Thank you for your help.

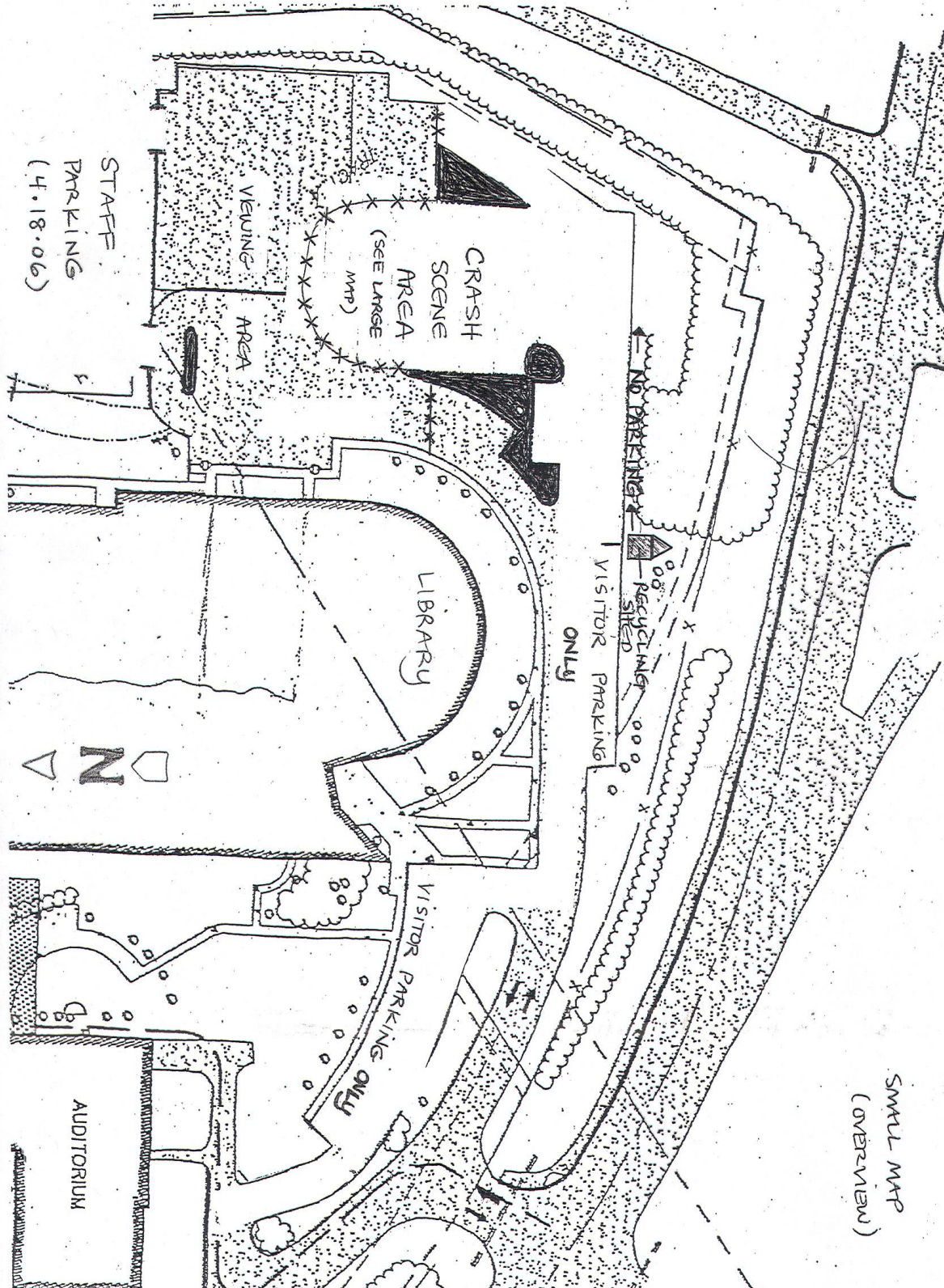


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Attachments: Event maps (small and large)  
Teacher location on April 21, 2009  
Two day schedule  
Student list of Walking Dead and crash victims





**TEACHER LOCATION ON APRIL 18, 2006****Section 1                      50**

1. Allen                      28
2. A. Armstrong        22

**Section 2                      150**

1. C. Armstrong        27
2. Baldwin                23
3. Bariletti                3
4. Baxter                  32
5. Besse                    10
6. Bierria                  23
7. Blair                    29
8. Boysen                 2

**Section 3                      325**

1. Brauneis                25
2. Burgess                21
3. Campnell               32
4. Codina                  24
5. Cook                    32
6. Coulter                 30
7. Dagley                 22
8. Decker                 22
9. Dill                      5
10. Eby                     1
11. Edgren                 6
12. Fullmer                29
13. Grove                  14
14. Hooper                23
15. Katt                    29
16. King                    25

**Section 4                      325**

1. Lange                    49
2. LaRue                  27
3. Lewis                    20



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4. Linden	22
5. Mayfield	31
6. McCoy	28
7. Miller	28
8. Moffett	22
9. Moore	7
10. Morris	29
11. Pekrul	11
12. Radcliffe	8
13. Reed	27
14. Roleff	28

Section 5                      325

1. Roush	28
2. Schroeder	39
3. Scott	26
4. Senden	23
5. Shackelford	9
6. Shillington	29
7. Simenson	31
8. Spalinger	32
9. Stewart	32
10. Sullivan	25
11. Taylor	32
12. Terryberry	26

Section 6                      225

1. Uehling	21
2. Vik	19
3. Wehmhoff	28
4. Wild	30
5. Wilson	22
6. Volk	1
7. Marshall	2
8. J. Armstrong	49



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Section 7

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71 kids not assigned to a staff/teacher

*Teachers on Conference hour  
with **NO** students*

1. Anderson
2. Clark
3. Dahl
4. Ekberg-Brown
5. Granata
6. Huffer
7. Jones
8. Jurkowski
9. Kirk
10. Meyer
11. Morse
12. Page
13. Rees
14. Souter
15. Steele
16. Vancil



**TEACHER LOCATION ON APRIL 21, 2009**

<u>Section 1</u>	<u>62</u>
3. Aleksa	31
4. Alexander	31
<u>Section 2</u>	<u>134</u>
9. Allen	28
10. Bariletti	7
11. Bell	2
12. Besse	10
13. Bierria	29
14. Boysen	16
15. Brauneis	19
16. Burgess	23
<u>Section 3</u>	<u>266</u>
17. Campnell	20
18. Cook	27
19. Dahl	20
20. Davis	24
21. Decker	27
22. Dill	7
23. Eby	1
24. Fullmer	31
25. Grove	19
26. High	30
27. Hooper	14
28. Huffer	25
29. Jensen	13
30. Jones	8
<u>Section 4</u>	<u>276</u>
15. Jurkowski	26
16. Katt	22
17. Kehler	11
18. Kinder	29





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19. King	24
20. LaRue	26
21. LeNoir	17
22. Linden	27
23. Link	14
24. Marshall	2
25. Pekrul	8

Section 4 continued

26. Perry	25
27. Reed	27
28. Roleff	17
29. Schmidt	1

Section 5                      280

13. Schroeder	28
14. Scott	22
15. Senden	24
16. Shillington	28
17. Simenson	4
18. Steele	28
19. Sullivan	24
20. Templeton	22
21. Terryberry	31
22. Thornton	19
23. Torbensen	24
24. Uehling	26

Section 6                      120

9. Veldhuis	2
10. Vik	17
11. Volk	1
12. Wehmhoff	2
13. Wild	18
14. Williams	20
15. Wilson	18
16. Late Arrival	42



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Section 7

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- |           |          |
|-----------|----------|
| 1. Team W | 16       |
| 2. COHO   | 20 (est) |

**TOTAL: 1,174 students**

Teachers/staff on Conference hour with **NO** students\*

*\*We need your help with crash scene integrity!*

17. Andruchowicz
18. A. Armstrong
19. Barrett
20. Birmanns
21. Blalock
22. Brain
23. Dagley
24. Ekberg-Brown
25. Granata
26. Johnson
27. Kasemodel
28. Lange
29. Lierman
30. Mason
31. Miller
32. Moffett
33. Moore
34. Quinn
35. Rees
36. D. Shackelford
37. Soltis
38. Souter
39. Volden
40. Wall

**EFM PARTICIPANT LIST FOR STAFF 2006**

To: CHS Staff  
From: Officer Wendi Shackelford, Leha Uehling, Kathy Vik  
Date: April 11, 2006  
Re: Every 15 Minutes Participants

1. Madison Alger
2. Sarah Borden
3. Britney Bruce
4. Aric Daves
5. Tiffany Dean
6. Matt Devlin
7. Samantha Dubin
8. Christine Flegle
9. Kaylee Franken
10. Tamisha Hadley
11. Brooke Hanes
12. David Harbison
13. Amanda Hesser
14. Caitlin Hopper
15. Haley Hutchins
16. Kara LaRue
17. Jessica Long
18. Danielle Maynard
19. Meghan McDonald
20. Ashley Moser
21. Michael Pannone
22. Eric Pinard-Janisch
23. Kori Radcliffe
24. Kate Simeon
25. Cheyenne Walsh
26. Ailee Wood
27. Caroline Wright

**EFM PARTICIPANT LIST - 2009**

To: CHS Staff  
From: Officer Wendi Shackelford, Leha Uehling, Kathy Vik  
Date: April 14, 2009  
Re: Every 15 Minutes 2009 Participants

1. April Chaney
2. Mandy Clifton
3. Molly Devlin\*
4. Tyler Greensfelder
5. Kimberly Holmquist
6. Caitlin Keith
7. Shannon Lace\*
8. Amanda Landon\*
9. Amanda Lewis
10. Victoria Lomen\*
11. Victoria McCleskey
12. Madison Miller
13. Kayla Murphy\*
14. Melissa Nelson
15. Alex Rearick
16. Vennessa Spurling\*
17. Justin Stantorf
18. Kayleigh Vergnetti
19. Chris Wood\*

*\*denotes crash site victim*

**\*\* CHUGIAK HIGH SCHOOL *EVERY 15 MINUTES* SCHEDULE \*\*****DAY ONE: TUESDAY, April 18, 2006****7:30 a.m. to 8:15 a.m. Period One**

Grim Reaper begins to pull students from classes. Upon being picked up, a police officer will read the student's obituary. These students will be made up as the "walking dead" and returned to the classroom.

Any walking dead students that are in your classes for the remainder of the day will not be interacting with others in any way.

**8:21 a.m. to 9:06 a.m. Period Two**

Grim Reaper continues selecting "walking dead"....

**9:10 a.m.**

911 call aired over the school intercom.

All students will be escorted by their second period teachers to the employee parking lot to observe the crash scene. (Second hour teachers are responsible to take attendance)

**9:20 a.m. to 10:36 a.m. Period Two (extended) and Period Three****CAR CRASH**

Crash scenario and emergency medical response

**10:42 a.m. to 11:27 a.m. Period Four**

Grim Reaper continues selecting "walking dead"....

**11:33 a.m. to 12:18 p.m. Period Five**

Grim Reaper continues selecting "walking dead"....

**12:24 p.m. to 1:09 p.m. Period Six**

Grim Reaper continues selecting "walking dead"....

**1:15 p.m. to 2:00 p.m. Period Seven\***

**\*1:15 p.m.** Walking dead will report to the designated classroom to retrieve their overnight bags for departure to the retreat site

**1:30 p.m.** Walking dead and crash victims leave to the retreat site

**2:00 p.m. End of Day****DAY TWO: WEDNESDAY, April 19, 2006****7:30 a.m. to 8:15 a.m. Period One**

Walking dead and crash victims will be absent from first period class and will assist in preparation for the memorial service.

**8:21 a.m. to 9:45 a.m. Period Two (plus extension)\*: **MEMORIAL SERVICE****

**\* 8:22 a.m.** An announcement will be made over the intercom for teachers to escort their classes to the gym for the memorial assembly. (Second hour teachers are responsible to take attendance.)

**8:40 a.m.** Memorial service begins

- ROTC Color Guard
- Processional of coffin
- Video of day one events

**8:50 a.m.** Special speakers - 2 CHS students and 2 CHS parents

**9:05 a.m.** Guest speaker – Parent of DUI victim

**9:15 a.m.** Guest speaker – DUI offender

**9:40 a.m.** Wrap up – Officer Shackelford

**9:45 a.m.** Recessional

**9:51 a.m. Period Three**

All students and staff have returned to the classroom to resume the school day, which will follow the activity bell schedule.

**\* IMPORTANT ! \***

*Please be prepared to talk with any student that appears to be upset. We plan to have the counseling office open for any students that need help. I would encourage you as a staff to feel free to talk to any student regarding their feelings. Many times our kids feel closest to their teachers. However, if any student needs the assistance of a counselor, feel free to call for support.*



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**\*\* CHUGIAK HIGH SCHOOL *EVERY 15 MINUTES* SCHEDULE \*\***

**DAY ONE: TUESDAY, April 21, 2009**

*AM ACTIVITY SCHEDULE*

**7:30 a.m. to 8:16 a.m.                      Period One**

Grim Reaper begins to pull students from classes. Upon being picked up, a police officer will read the student's obituary. These students will be made up as the "walking dead" and returned to the classroom.

Any walking dead students that are in your classes for the remainder of the day will NOT be interacting with others, including teachers, in any way.

**8:22 a.m. to 9:08 a.m.                      Period Two**

Grim Reaper continues selecting "walking dead"....

**9:10 a.m.**

911 call aired over the school intercom. Mr. Volk will also make a statement.

All students will be escorted by their second period teachers to the employee parking lot to observe the crash scene. (Second hour teachers are responsible to take attendance)

**9:08 a.m. to 10:20 a.m.**

**Period Two (A.M. activity) & Period Three**

***CRASH***

Crash scenario and emergency medical response

**10:20 a.m. to 10:40 a.m.                      remainder of Period Three**

Return to **2<sup>nd</sup> hour** classroom with students to de-brief prior to lunch release

**10:40 a.m. to 11:24 a.m.                      Lunch**

**11:30 a.m. to 12:16 p.m.                      Period Four**

Grim Reaper continues selecting "walking dead"....

**12:22 p.m. to 1:08 p.m.                      Period Five**

Grim Reaper continues selecting "walking dead"....

**1:14 p.m. to 2:00 p.m.                      Period Six\***



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**\*1:15 p.m.** Walking dead will report to classroom 62 to get their overnight bags for departure to the Student Retreat

**1:30 p.m.** Walking dead & crash victims will be transported to the retreat site from CHS

**2:00 p.m. End of Day**

**DAY TWO: WEDNESDAY, April 22, 2009**

*AM ACTIVITY SCHEDULE*

**7:30 a.m. to 8:16 a.m. Period One**

Walking dead and crash victims will be absent from first period class and will assist in preparation for the memorial service.

**8:22 a.m. to 9:48 a.m. Period Two (A.M. activity) MEMORIAL SERVICE**

**8:25 a.m.** An announcement will be made over the intercom for teachers to escort their classes to the gym for the memorial assembly. (Second hour teachers are responsible to take attendance.)

**8:40 a.m.** Memorial service begins  
 ROTC Color Guard  
 Processional of coffin  
 Video of prior day's events

**8:50 a.m.** Special speakers - 2 CHS students and 2 CHS parents

**9:05 a.m.** Guest speaker – real DUI victim

**9:45 a.m.** Wrap up – Officer Shackelford

**9:50 a.m.** Recessional

**9:54 a.m. Period Three**

All students and staff will return to the 3<sup>rd</sup> hour classroom to resume the school day, which will follow the A.M. activity bell schedule.

Based on our experience in 2006, the majority of students will want to discuss and process the last 24 hours upon return to the classroom, so teachers are encouraged to facilitate this experience if the opportunity presents itself.

**\* IMPORTANT! \***

Please be prepared to talk with any student that appears to be upset. We plan to have the counseling office open for any students that need help. We would encourage you as a staff to feel free to talk to any student regarding their feelings. Many times our kids feel closest to their teachers. However, if any student needs the assistance of a counselor, feel free to call for support.



**CRASH TIMELINE 2006 – APRIL 18 & 19, 2006**

0600 Cones/barricades set-up

0730 School starts

0745 Cars dropped off at CHS

**0910** 911 call over school intercom

Mr. *VOLK* : “Students and staff, please report immediately to the staff parking lot. There has been a serious traffic collision.”

Repeat 911 call over school intercom (@ least one more time)

0925 Student EFM staff locates crash and calls 911

- Assess victims prior to police arrival
  - Marti *ERICKSON*
  - Anurag *AMBASHT*

0930 APD response from CVFD on Old Glenn Highway

1<sup>st</sup> responder: *HADLEY*

- Contact with DUI
- FST's
- Traffic control

2<sup>nd</sup> responder: *PATTON*

- 10-36 for 1<sup>st</sup> responder
- 10-17 to 4<sup>th</sup> Avenue sub for DUI processing
- To courthouse for in-custody arraignment and sentencing (1130 to 1230)
- Transport to retreat @ 1330

3<sup>rd</sup> responder: *SYMONDS*

- Traffic control
- Help CVFD and Coroner's office
- Classroom notifications



4<sup>th</sup> responder: GOETZ

- Traffic control
- Help CVFD and Coroner's office
- Classroom notifications

0935

CVFD response from station on Old Glenn Highway

- Assess, treat, and transport victims
  - 4 via ambulance
  - 1 via helicopter
- Move dead for coroner's office to pick up

0940

DUI driver taken to 4<sup>th</sup> Ave substation (Sam *BREWER*, videographer, will accompany Officer *PATTON*)

- Processing
- Fingerprints
- Photographs

0945

Parents of 2 dead students arrive at crash scene

- Must leave by 1000 AM
- Report to new courthouse by 1100 AM

1000

Coroner arrives

- Load up 2 bodies
- Officer *TANAKA* to follow

Helicopter leaves Kulis Air Guard Base

Helo patient taken into CHS halls to north end of school for transfer to 210 Rescue Squadron from CVFD

- Coach *SHACK*-adult escort with patient
- Mike *DETERRA*-student escort through halls

1015

Helicopter lands on CHS football field

- Patient and Coach *SHACK* are loaded

1020

Helicopter departs for Providence Hospital

1025

Helicopter lands at Providence Hospital

1030

DUI driver taken to MYC holding cell in old Courthouse

- Change into jail clothes and make "1 phone call"



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- 1100 Parents of 2 dead students arrive at new Courthouse  
○ Room 404 (Hon. Morgan *CHRISTEN*)  
Parents of DUI driver arrive at new Courthouse  
○ Room 404 (Hon. Morgan *CHRISTEN*)
- 1115 DUI transported via J.S. to the new Courthouse
- 1130 Crashed cars to be picked up by Aurora Towing
- 1130 to 1230 Courtroom scenario  
○ In-custody arraignment (in jail clothes)  
○ Clean-up and change  
○ Sentencing (in civilian clothes)
- 1230 Tim or Tina *SHEARER* picks up Coach Shack and the 5 students at Providence Hospital  
○ Lunch to be eaten prior to or enroute back to CHS  
○ To room 62 until 1330 hours
- 1330 Officer *PATTON* takes DUI driver to retreat  
  
Students at CHS board bus for transport to retreat site  
  
Officer *TANAKA* takes 2 students from Coroner's office to the retreat site  
○ Lunch to be eaten before departure to retreat
- 1400 Retreat begins

**CRASH TIMELINE 2009 – APRIL 21 & 22, 2009**

0600 Cones/barricades set-up

0730 School starts

0745 Cars dropped off at CHS

**0910** 911 call aired over school intercom

Mr. *VOLK* : “Students and staff, please report immediately to the staff parking lot. There has been a serious traffic collision.”

Repeat 911 call aired over school intercom (@ least one more time)

0925 Student EFM staff locates crash and calls 911

- Assess victims prior to police arrival
  - *Colt GRAHAM*

0930 APD response from CVFD on Old Glenn Highway

1<sup>st</sup> responder: *HADLEY*

- Initial contact with vehicles
- 10-36 for 2nd responder
- Traffic control

2<sup>nd</sup> responder: *MUSGRAVE*

- Contact with DUI driver (in truck)
- Conduct SFST's
- 10-17 to 4<sup>th</sup> Avenue sub for DUI processing
- To courthouse for in-custody arraignment and sentencing (1130 to 1230)
- Transport DUI to CHS @ 1300

3<sup>rd</sup> responder: *GOETZ*

- Traffic control
- Help CVFD and Coroner's office
- Classroom notifications for Walking Dead



4<sup>th</sup> responder: TANAKA

- Traffic control
- Help CVFD and Coroner's office
- Follow Medical Examiner to Coroner's office @ 1000
- Transport dead student to CHS at 1300

0935

CVFD response from station on Old Glenn Highway

- Assess, treat, and transport 5 victims via ambulance
- Placement of dead student for coroner's office pick up

0940

DUI driver taken to 4<sup>th</sup> Ave substation (videographer will accompany Officer *MUSGRAVE*)

- Processing
- Fingerprints
- Photographs

0945

Parents of dead student (truck passgr) arrives at crash scene

- Must leave by 1000 AM
- Report to new courthouse by 1100 AM

1000

Parents of dead student (car driver) arrives at hospital

- Driver of car dies at hospital
- Report to new courthouse by 1100 AM

1000

Coroner arrives at Chugiak High School

- Load up 1 body
- Officer *TANAKA* to follow

**1015**

Crash scene concludes and students return to 2<sup>nd</sup> hour class

1020

CHS students located in 2<sup>nd</sup> hour classrooms until lunch break

1030

DUI driver taken to MYC holding cell in old Courthouse

- Change into jail clothes
- Phone call?

1100

Parents of dead students (2) arrives at new Courthouse

- Room 501 (Hon. *Philip VOLLAND*)



- Parents of DUI driver arrive at new Courthouse
  - Room 501 (Hon. *Philip VOLLAND*)
- 1115 DUI transported via J.S. to the new Courthouse
- 1130 Crashed cars to be picked up by Aurora Towing
- 1130 to 1230 Courtroom scenario
  - In-custody arraignment (in jail clothes)
  - Clean-up and change
  - Sentencing (in civilian clothes)
- 1230 *BAC limousine* picks up the 5 students at Providence Hospital
  - Lunch to be eaten prior to return to CHS
  - Report to room 62 until 1330 hours
- 1300 Officer *MUSGRAVE* takes DUI driver to CHS
- Officer *TANAKA* takes student to CHS
  - Lunch to be eaten prior to return to school
- 1330 Students at CHS board bus for transport to retreat site
- 1400 Retreat begins



## OFFICER PARENTAL NOTIFICATION SCHEDULE – 2006

### 1<sup>st</sup> Period - 7:30 a.m. to 8:15 a.m.

- 7:40 a.m. Room 102 Ashley Moser - Officer **Fifer** class notification, Officer **Sutcliffe** parent notification
- 7:45 a.m. Room 102 Jessica Long - Officer **Shackelford** class notification, Off. **Sutcliffe** parent notification
- 7:55 a.m. Room 182 Caitlin Hopper - Officer **Fifer** class notification, Officer **Lowery** parent notification
- 8:05 a.m. Room 185 Tiffany Dean - Officer **Shackelford** class notification, **Sgt. Allen** parent notification

### 2<sup>nd</sup> Period & 3<sup>rd</sup> Period - 8:21 a.m. to 10:36 a.m. (extended for today only)

- 8:25 a.m. Room 505 Caroline Wright - Officer **Fifer** class notification, **Sgt. Allen** parent notification
- 8:30 a.m. Room 505 Madison Alger - Officer **Shackelford** class notification, **Sgt. Allen** parent notification
- 9:30 a.m. **Crash Scene:** Officer **Hadley**, Officer **Patton**, Officer **Symonds**, Officer **Goetz**
- 9:30 a.m. Officer **Hadley** contact with driver and conducts FST's
- 9:30 a.m. Samantha Dubin, intoxicated driver - Officer **Welch** parent notification
- 9:30 a.m. Amanda Hesser, helicopter victim - Officer **Sutcliffe** parent notification
- 9:30 a.m. Eric Pinard-Janisch, critically injured - Officer **Sutcliffe** parent notification
- 9:30 a.m. Matthew Devlin, critically injured - **Sgt. Allen** parent notification
- 9:30 a.m. Haley Hutchins, critically injured - Officer **Sutcliffe** parent notification
- 9:30 a.m. Kori Radcliffe, critically injured - Officer **Welch** parent notification
- 9:40 a.m. Officer **Patton** takes 10-17 to 4<sup>th</sup> Ave substation for processing
- 10:10 a.m. Officer **Tanaka** to the morgue
- 10:30 a.m. Officer **Patton** takes 10-17 to old courthouse for temporary incarceration



**OFFICER PARENTAL NOTIFICATION SCHEDULE 2006 *continued***

**4<sup>th</sup> Period - 10:42 a.m. to 11:27 a.m.**

- 10:55 a.m. Room 16 Sarah Borden - Officer **Fifer** class notification, Officer **Sutcliffe** parent notification
- 11:00 a.m. Room 16 Danielle Maynard - Officer **Symonds** class notification, Off. **Welch** parent notification
- 11:05 a.m. Room 6 Cheyenne Walsh - Officer **Fifer** class notification, Officer **Welch** parent notification
- 11:10 a.m. Room 205 Meghan McDonald - Officer **Symonds** class notification, Off. **Lowery** parent notification
- 11:15 a.m. Officer **Patton** and J.S. Officer transport 10-17 to new courthouse for arraignment and sentencing

**5<sup>th</sup> Period - 11:33 a.m. to 12:18 p.m.**

- 11:40 a.m. Room 22 Ailee Wood - Officer **Hadley** class notification, Officer **Pratt** parent notification
- 11:45 a.m. Room 22 Michael Pannone - Officer **Fifer** class notification, Officer **Lowery** parent notification
- 11:50 a.m. Room 15 Aric Davis - Officer **Hadley** class notification, **Sgt. Allen** parent notification
- 11:55 a.m. Room 15 Tamisha Hadley - Officer **Fifer** class notification, Officer **Sutcliffe** parent notification
- \*\*12:00 a.m. Room 208 Kate Simeon - Officer **Hadley** class notification, Officer **Sgt. Allen** parent notification\*\*

**6<sup>th</sup> Period - 12:24 p.m. to 1:09 p.m.**

- 12:30 p.m. Room 74 Kaylee Franken - Officer **Symonds** class notification, Officer **Welch** parent notification
- 12:35 p.m. Room 74 Brittney Bruce - Officer **Hadley** class notification, **Sgt. Allen** parent notification
- 12:45 p.m. Room 104 David Harbison - Officer **Symonds** class notification, **Sgt. Allen** parent notification
- 12:50 p.m. Room 178 Kara LaRue - Officer **Hadley** class notification, Officer **Lowery** parent notification

\*\*\*\*\*





**OFFICER PARENTAL NOTIFICATION SCHEDULE – 2009**

**1<sup>st</sup> Period – 7:30 a.m. to 8:16 a.m.**

- \*7:40 a.m. Room 10 April Chaney - Officer **Bennett** class notification, Ofc **Addington** parent notification - *E.R.*
- \*7:50 a.m. Room 16 Tyler Greensfelder - Ofc **Goetz** class notification, Ofc **Jones** parent notification - *E.R.*
- \*8:00 a.m. Room 7 Kim Holmquist - Ofc **Bennett** class notification, Ofc **Winborg** parent notification - *East Anc*
- \*8:10 a.m. Room 10 Victoria McCleskey - Ofc **Goetz** class notification, Ofc **Addington** parent notification - *E.R.*

**2<sup>nd</sup> Period – 8:22 a.m. to 9:08 a.m. (AM activity schedule)**

- \*8:30 a.m. Room ROTC Amanda Lewis - Ofc **Goetz** class notification, Ofc **Winborg** parent notification - *downtown*
- \*8:40 a.m. Room 208 Melissa Nelson- Officer **Bennett** class notification, Ofc **Jones** parent notification - *Chug*
- 9:10 a.m. **Crash Scene Positions** for Officer **Hadley**, Officer **Musgrave**, Officer **Goetz**, & Officer **Tanaka**
- 9:30 a.m. Officer **Musgrave** contact with intoxicated driver and conducts FST's
- 9:30 a.m. Molly Devlin, intoxicated driver - Officer **Addington** parent notification - *Chugiak*
- 9:30 a.m. Chris Wood, injured - Officer **Winborg** parent notification - *Dimond & Arctic*
- 9:50 a.m. Venessa Spurling, injured - Officer **Addington** parent notification - *Eagle River*
- 10:00 a.m. Kayla Murphy, injured - Officer **Winborg** parent notification - *Begich MS*
- 10:15 a.m. Shannon Lace, injured - Officer **Winborg** parent notification - *downtown*
- 9:40 a.m. Officer **Musgrave** takes 10-17 to 4<sup>th</sup> Ave substation for processing
- 10:10 a.m. Officer **Tanaka** follows the Medical Examiner to the Coroner's office
- 10:30 a.m. Officer **Musgrave** takes 10-17 to old courthouse for temporary incarceration
- 11:15 a.m. Officer **Musgrave** and J.S. Officer transport 10-17 to new courthouse for arraignment and sentencing scenario



**OFFICER PARENTAL NOTIFICATION SCHEDULE – 2009** *continued*

**4<sup>th</sup> Period – 11:30 a.m. to 12:16 a.m.**

- \*11:40 a.m. Room 23 Mandy Clifton - Ofc **Bennett** class notification, Ofc **Jones** parent notification - *E.R.*
- \*11:50 a.m. Room 186 Caitlin Keith - Ofc **Goetz** class notification, Off. **Addington** parent notification - *Chug*
- \*12:00 p.m. Room 201 Alex Rearick - Ofc **Bennett** class notification, Ofc **Jones** parent notification - *E.R.*
- \*12:05 p.m. Room 185 Kayleigh Vergnetti - Ofc **Goetz** class notification, Ofc **Yoon** parent notification - *East Anc*

**5<sup>th</sup> Period – 12:22 p.m. to 1:08 p.m.**

- \*12:30 p.m. Room ROTC Justin Stantorf - Ofc **Bennett** class notification, Ofc **Addington** parent notif - *E.R.*
- \*12:45 p.m. Room 14 Madison Miller - Officer **Goetz** class notification, Ofc **Jones** parent notif - *Gruening MS*
- 1:00 p.m. Officers **Musgrave** & **Tanaka** and limousine from Providence, depart for CHS

**6<sup>th</sup> Period – 1:14 p.m. to 1:09 p.m.**

- 1:15 p.m. All Walking Dead report to room 62 to prepare for departure to retreat
- 1:20 p.m. Crash Scene victims report to room 62 to prepare for departure to retreat
- 1:30 p.m. Bus departs to retreat site

\*\*\*\*\*



SRO assignments 2009

SGT. ROLLINS	Crash at 0910 - observer
<u>HADLEY</u>	CRASH at 0910 – 1 <sup>st</sup> APD responder
<u>MUSGRAVE</u>	CRASH at 0910 - 2 <sup>nd</sup> APD responder DUI to 4 <sup>th</sup> Avenue sub at 0940 from scene
<u>GOETZ</u>	Classroom notifications (0730 to 0900) CRASH at 0910 – 3 <sup>rd</sup> APD responder Classroom notifications (1030 to 1300)
<u>TANAKA</u>	CRASH at 0910 – 4 <sup>th</sup> APD responder Follow Coroner van at 1010 from scene
BENNETT	Classroom notifications (0730 to 1300)
WINBORG	Parent notifications in Anc (0730 to 1300)
YOON	Parent notifications in Anc > 1030
JONES	Parent notifications in ER/Chugiak (0730 to 1300)
ADDINGTON	Parent notifications in ER/Chugiak (0730 to 1300)
LUND*	Cone delivery at 0600 to CHS Cone return at 1130 to Warning Lights *in plain clothes
MERCER	Shadowing SHACKELFORD (0630 to 1630)
CLARK	Shadowing SHACKELFORD (0630 to 1630)

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*Optional:*

BOLTZ	light duty
CARROLL	Cover Anchorage schools
MCKAY	Cover Anchorage schools
PRATT	Cover Anchorage schools
WELLS	Cover Anchorage schools

**OFFICER NOTIFICATIONS – VERBAL GUIDELINE 2006***INTRODUCTION*

- Hello. My name is \_\_\_\_\_ .
- I am an officer with the Anchorage Police Department and I am assisting with the *Every 15 Minutes* program at Chugiak High School.
- Every 15 minutes someone in the United States dies as the result of an alcohol related traffic collision. Today your child died.
- Can I be of any assistance in calling a friend or family member to come and be with you at this time?

*INFORMATION*

- I have brought some related materials with me in case you need them:
  1. Map to the retreat site (green)
  2. Parent reflection paper (blank document in pink)
  3. Parent reflection paper sample (pink)
  4. Parent information packet (buff)

*CLOSURE*

- Please do not attempt to drive or make any major decisions until you are calm and level-headed.
- If you have any questions or concerns, please contact Officer Shackelford at 632-3619.



## Walking Dead Officer Notifications

### INTRODUCTION

- “Hello. My name is \_\_\_\_\_.”
- “I am an officer with the Anchorage Police Department and I am assisting with the *Every 15 Minutes* program at Chugiak High School.”
- “Every 15 minutes someone in the United States dies as the result of an alcohol related traffic collision. Today your child died.”
- “Can I be of any assistance in calling a friend or family member to come and be with you at this time?”

### INFORMATION

- “I have brought some related materials with me in case you need them:
  5. Map to the retreat site (green)
  6. Parent reflection paper (blank document in pink)
  7. Parent reflection paper SAMPLE (pink)
  8. Parent information packet (buff)”
- **ACTION:** GIVE THE PACKET OF INFORMATION TO THE PARENT BEFORE LEAVING.

### CLOSURE

- “Please do not attempt to drive or make any major decisions until you are calm and level-headed.”
- “If you have any questions or concerns, please contact Officer Shackelford at 632-3619.”



## Crash Victim Officer Notifications

### INTRODUCTION

- “Hello. My name is \_\_\_\_\_.”
- “I am an officer with the Anchorage Police Department and I am assisting with the *Every 15 Minutes* program at Chugiak High School.”
- “Every 15 minutes someone in the United States dies as the result of an alcohol related traffic collision. Today your child was transported to the hospital as the result of injuries sustained in a collision with a drunk driver.”
  - “Also, your child’s clothes may be cut off of them by medical personnel as they treat injuries so you will need to bring an extra set of clothes with you to the hospital in a bag labeled with your child’s name.”
- “Can I be of any assistance in calling a friend or family member to come and be with you at this time?”

### INFORMATION

- “I have brought some related materials with me in case you need them:
  9. Map to the retreat site (green)
  10. Parent reflection paper (blank document in pink)
  11. Parent reflection paper SAMPLE (pink)
  12. Parent information packet (buff)”
  - ***ACTION: GIVE THE PACKET OF INFORMATION TO THE PARENT BEFORE LEAVING.***

### CLOSURE

- “Please do not attempt to drive or make any major decisions until you are calm and level-headed.”
- “If you have any questions or concerns, please contact Officer Shackelford at 632-3619.”



## Intoxicated Driver Officer Notification

### *INTRODUCTION*

- “Hello. My name is \_\_\_\_\_.”
- “I am an officer with the Anchorage Police Department and I am assisting with the *Every 15 Minutes* program at Chugiak High School.”
- “Every 15 minutes someone in the United States dies as the result of an alcohol related traffic collision. Today your child was arrested for driving under the influence.”
  - “You will need to **BRING A SET OF BUSINESS ATTIRE-TYPE CLOTHES** for your child to change into after the in-custody arraignment portion of the courtroom scene.
  - By **11:00 AM**, you **must** be at the *new* Courthouse, 825 West 4<sup>th</sup> Avenue, Courtroom 404 (Judge Morgan CHRISTEN) for an in-custody arraignment.
  - Please park in the Captain Cook garage (between 4<sup>th</sup> and 5<sup>th</sup> Avenues at K Street) as it is the closest and will likely have spaces available. Actual time in the courtroom is from 11:30 AM to 12:30 PM.”
- “Can I be of any assistance in calling a friend or family member to come and be with you at this time?”

### *INFORMATION*

- “I have brought some related materials with me in case you need them:
  - Map to the retreat site (green)
  - Parent reflection paper (blank document in pink)
  - Parent reflection paper SAMPLE (pink)
  - Parent information packet (buff)”

### *CLOSURE*

- “Please do not attempt to drive or make any major decisions until you are calm and level-headed.”
- “If you have any questions or concerns, please contact Officer Shackelford at 632-3619.”



**OFFICER NOTIFICATION SCHEDULE 2009**

NAME	FINAL ROLE	NOTIFICATION AREA	BUSINESS NAME	ADDRESS	PARENT	PHONE	OFFICER	TIME
Chaney April	WD	EAGLE RIVER	NA		Donna Kurka		Addington	0740
Clifton Mandy	WD	EAGLE RIVER	Partners Real Estate		Sue Clifton		Jones	1140
Devlin Molly	ID	CHUGIAK	NA		Cindy Devlin		Addington	0930
Greensfelder Tyler	WD	EAGLE RIVER	NA		Michelle Greensfelder		Jones	0750
Holmquist Kim	WD	ANCHORAGE	AK Heart Inst		Jackie Holmquist		Winborg	0800
Keith Caitlin	WD	CHUGIAK	NA		Judy or Matt Keith		Addington	1150
Lace Shannon	CSV LIVE CAR REAR	ANCHORAGE	Child Support Svcs		Delinda Cain		Winborg	1015
Landon Amanda	CSV DEAD @ SCENE	CHUGIAK HS	NA		NA	NA	NA	0945





**OFFICER NOTIFICATION SCHEDULE 2009 - continued**

	FINAL ROLE	NOTIFICATION AREA	BUSINESS NAME	ADDRESS	CONTACT		OFFICER	TIME
NAME								
Lewis Amanda	WD	ANCHORAGE	Wrightway Auto Carriers		Holly Lewis		Winborg	0830
Lemon Victoria	CSV DEAD @ HOSPITAL	HOSPITAL	NA		NA		NA	1000
McCleskey Victoria	WD	EAGLE RIVER	NA		Bridget McCleskey		Addington	0810
Miller Madison	WD	EAGLE RIVER	Gruening MS		Lori Miller		Jones	1245
Murphy Kayla	CSV LIVE CAR REAR	ANCHORAGE	Begich MS		Sean Murphy		Winborg	1000
Nelson Melissa	WD	CHUGIAK 8-9:30 / EAGLE RIVER 10-2	NA		Dawn Nelson		Jones	0840
Rearick Alex	WD	EAGLE RIVER	NA		Jennifer Rearick		Jones	1200
Spurling Vennessa	CSV LIVE TRUCK	EAGLE RIVER	NA		Shelley Zaidi		Addington	0950

	FINAL ROLE	NOTIFICATION AREA	BUSINESS NAME	ADDRESS	CONTACT		OFFICER	TIME
NAME								
Stantorf Justin	WD	EAGLE RIVER	VCA E.R. Animal Hospital		Dolores Stantorf		Addington	1230
Vergnetti Kayleigh	WD	ANCHORAGE	Lake Otis Pharmacy		Joe Vergnetti		Yoon	1205
Wood Chris	CSV LIVE CAR FRONT	ANCHORAGE	AAA Alaska		Renee Wood		Winborg	0930



**APPLICANT FINAL ROLES – 2009**

	ROLE	CHOICE	FINAL ROLE	PARENTS?	PACKET COMPLETE?	READ LETTER?	CLASS SCHEDULE?	NOTIFICATION AREA	MANDATORY MEETING
NAME	1ST	2ND		Y OR N	Y OR N	Y OR N	Y OR N		
Chaney April	CSV	WD	WD	Y	Y	N	Y	EAGLE RIVER	APRIL 1
Cliffon Mandy	CSV	WD	WD	Y	Y	Y	Y	EAGLE RIVER	MARCH 24
Devlin Molly	CSV	WD	ID	Y	Y	Y	Y	CHUGIAK	MARCH 26
Greensfelder Tyler	WD	CSV	WD	Y	Y	Y	Y	EAGLE RIVER	APRIL 1
Holmquist Kim	CSV	WD	WD	Y	Y	N	Y	ANCHORAGE	MARCH 24
Holmstrom Katrina	CSV SOBER	WD	WD	Y	Y	N	Y	NA	MARCH 26
Householder Justin	CSV EITHER	WD	WD	Y	Y	N	Y	NA	MARCH 24
Keith Caitlin	WD	CSV DEAD	WD	Y	Y	N	Y	CHUGIAK	MARCH 24
Lace Shannon	CSV LIVE	WD	CSV LIVE CAR REAR	Y	Y	N	Y	ANCHORAGE	MARCH 26
Landon Amanda	CSV LIVE	WD	CSV DEAD @ SCENE	Y	Y	Y	Y	CHUGIAK HS	MARCH 24
Lewis Amanda	WD	CSV LIVE	WD	Y	Y	N	Y	ANCHORAGE	APRIL 1
Lomen Victoria	CSV DEAD	ID	CSV DEAD @ HOSPITAL	Y	Y	Y	Y	HOSPITAL	MARCH 26
McCleskey Victoria	CSV	WD	WD	Y	Y	N	Y	EAGLE RIVER	MARCH 24



**APPLICANT FINAL ROLES – 2009** *continued*

	ROLE	CHOICE	FINAL ROLE	PARENTS?	COMPLETE ?	READ LETTER?	CLASS SCHEDULE?	NOTIFICATION AREA	MANDATORY MEETING
NAME	1ST	2ND		Y OR N	Y OR N	Y OR N	Y OR N		
Miller Madison	CSV LIVE	WD	WD	Y	Y	N	Y	EAGLE RIVER	MARCH 24
Murphy Kayla	CSV LIVE	WD	CSV LIVE CAR REAR	Y	Y	N	Y	ANCHORAGE	MARCH 24
Nelson Melissa	CSV LIVE	WD	WD	Y	Y	N	Y	CHUGIAK 8-9:30 / EAGLE RIVER 10-2	MARCH 26
Rearick Alex	WD	WD	WD	Y	Y	N	Y	EAGLE RIVER	MARCH 24
Ressegueie Joshua	CSV LIVE	WD	WD	Y	Y	N	Y	NA	APRIL 1- LEFT EMERGENCY
Spurling Vennessa	CSV LIVE	ID	CSV LIVE TRUCK	Y	Y	Y	Y	EAGLE RIVER	MARCH 24
Stantorf Justin	CSV LIVE	WD	WD	Y	Y	N	Y	EAGLE RIVER	MARCH 24
Vergnetti Kayleigh	CSV LIVE	WD	WD	Y	Y	N	Y	ANCHORAGE	MARCH 26
Wood Chris	CSV	WD	CSV LIVE CAR FRONT	Y	Y	Y	Y	ANCHORAGE	MARCH 26



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EFM LOGO 2009

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WALKING DEAD AND CRASH VICTIM T-SHIRT (FRONT)



APPAREL COLOR: BLACK

IMPRINT COLOR(S): WHITE, LT ROYAL



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2010 edition

WALKING DEAD AND CRASH VICTIM T-SHIRT (BACK)



APPAREL COLOR: BLACK

IMPRINT COLOR(S): WHITE, NATL RED



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2010 edition

STUDENT STAFF T-SHIRT (FRONT)



APPAREL COLOR: WHITE

IMPRINT COLOR(S): BLACK, LT ROYAL

**LEGAL PACKET FOR THE JUDGE, DISTRICT ATTORNEY, & DEFENSE**

*Every 15 Minutes*  
Facts of the case - 2006

*Defendant:* DUBIN, Samantha  
*Birthdate:* 1-14-1988  
*Criminal History:* None  
*Community ties:* Eagle River community for 18 years

*Facts:*

On 4-18-2006 at 0910 hours, Samantha DUBIN was the driver of a 1991 maroon Buick Park Avenue, AK plate DWZ 331, while she was impaired by alcohol. Upon entering the parking lot on the east side of Chugiak High School at 16525 South Birchwood Loop, Dubin struck another vehicle head-on, a 1987 silver Chevy Spectrum, AK plate CKS 951, driven by Kori RADCLIFFE, age 18. Radcliffe was trapped in the car with a compound leg fracture and had to be freed by the responding Chugiak Volunteer Fire Department rescuers.

Two students were killed upon impact: Christine FLEGLE, age 17, a passenger in Radcliffe's car and Brooke HANES, age 17, a passenger in Dubin's car.

Five others were injured, some severely. Amanda HESSER, age 18, was in Radcliffe's car and sustained severe head trauma. She had to be transported by helicopter to Providence Hospital for immediate medical attention. Her heart stopped in the emergency room, but she was revived through CPR by hospital staff. She is now a quadriplegic. Matt DEVLIN, age 18, a passenger in Dubin's car, was impaled in the shoulder by a screwdriver loose in the passenger compartment of that car. Haley HUTCHINS, age 17, sustained a broken arm in the crash and Eric PINARD-JANISCH, age 17, injured his ear. Both were passengers in Radcliffe's car.

At the scene, APD officers observed Dubin had slurred speech, red, watery eyes, and poor balance. They could smell a strong odor of alcoholic beverages on her breath. She admitted having a "few beers" before school "to relax." She was taken into custody and provided a breath alcohol sample of **.100** g/210L at 1000 hours.





**LEGAL PACKET FOR THE JUDGE, DISTRICT ATTORNEY, & DEFENSE**  
*continued*

*Defendant's character:*

3.6 cumulative GPA (2002-2006)  
Graduating with honors on May 30, 2006  
Member of National Honor Society  
Editor of the Chugiak HS paper, the "Pegasus"  
Varsity girls' basketball-2 years, Captain  
JV girls' basketball-2 years  
Freshman Class President  
Student Government Director of Activities (senior year)



*Every 15 Minutes 2009*  
Facts of the case

*Defendant:* DEVLIN, Molly  
*Birthdate:* 7-12-1991  
*Criminal History:* None  
*Community ties:* Chugiak community for 14 years

*Facts:*

On 4-21-2009 at 0910 hours, Molly DEVLIN was the driver of a 1994 green Ford Ranger pickup, AK plate FFF 257, while she was impaired by alcohol. Upon entering the parking lot on the east side of Chugiak High School at 16525 South Birchwood Loop, DEVLIN struck another vehicle head-on, a 1990 white Ford Tempo, AK plate FLB 305, driven by Victoria LOMEN, age 16. LOMEN, who was not wearing her seatbelt, died of internal injuries sustained in the collision shortly after being transported to Providence Hospital.

Amanda LANDON, age 18, was a passenger in the bed of DEVLIN's truck when she was ejected upon impact with LOMEN's car. Witnesses reported seeing a passenger riding in the bed of a similar vehicle that was driving erratically through the neighborhood just minutes before the crash. Venessa SPURLING, age 18, the front seat passenger in DEVLIN's truck, was not wearing her seatbelt and suffered minimal injury. It is unknown whether LANDON and SPURLING were also under the influence of alcohol at the time of the collision.

Several other students were injured in the collision. Chris WOOD, age 17, who played quarterback for the 2008 Varsity football team, was a passenger in LOMEN's car and sustained severe trauma to his upper arm. It is unknown if the injury will affect his senior year as quarterback for the Mustangs. Both Kayla MURPHY, age 18, and Shannon LACE, age 17, were wearing their seatbelts, but upon impact, they hit heads and sustained mild concussions. Both were passengers in LOMEN's car and are expected to make a full recovery.

At the scene, APD officers observed DEVLIN had slurred speech, red, watery eyes, and poor balance. They could smell a strong odor of alcoholic beverages on her breath. She admitted having a "few beers" before school "to relax." She was taken into custody and provided a breath alcohol sample of **.100** g/210L at 1000 hours.



*Defendant's character:*

Her parents say “Molly is a caring individual and well liked by others. She is a good friend to those who are in need. Molly wants to be a special education teacher when she graduates from Chugiak High School in May.”

- Knik Little League Softball (since age 5)
- Chugiak High School C team softball (2005-06)
- Chugiak High School JV team softball (2006-07)
- Chugiak High School cheerleading wrestling and basketball (2005-06)
- Chugiak High School Chaparral dance and drill team (2005-06)
- Special needs student aide in disabled classroom (2008-09)
- Volunteered for *Eva Foundation* Christmas fundraiser (2008)
- Volunteered for *Mayor's Charity Ball* for set up and clean up (2008)
- Currently working at Wal Mart as a sales associate (4 months)
- Graduating from Chugiak High School on May 12, 2009



## PARENT INFORMATION LETTER - 2006

### EVERY 15 MINUTES

Dear Parent/Guardian:

January 2006

A docu-drama, called *Every 15 Minutes* will be presented at Chugiak High School on April 18 and 19, 2006. This program includes various components to educate students on the consequences of drinking and driving. We are looking for volunteers to enact various roles within this event that includes:

- The Walking Dead – The Grim Reaper visits classrooms throughout the day, taking a student. The student returns to class with a white face, a toe tag on their wrist, and wearing an “Every 15 Minutes” T-Shirt, signifying a fatality. An obituary of the student is read to their classmates. *(24 students needed)*
- Mock Crash Victims – A mock alcohol related crash is re-enacted at the school with various city agencies responding as if the crash was a real event. Victims with mock crash related injuries are needed *(7 students needed)*. One student will be prosecuted by law enforcement for driving under the influence *(1 student needed)*.
- Evening retreat for student participants – All participating students (Walking Dead and crash victims) will be transported to a retreat site where they will participate in a discussion seminar related to alcohol and driving. The students will be chaperoned throughout the evening and will return to school the following day.
- School assembly – The event will conclude with a school assembly which is held on the second day.
- Parents/Guardians – The role of parents/guardians will vary depending on the role for which their child is selected.

The students must meet the following criteria to be considered a viable candidate for a Walking Dead or crash victim role:

- Junior or Senior status in 2006 - This event will be held again in 2008, where current Freshman and Sophomores will be the participants
- Willingness to have a serious attitude about the event
- Must hold a 2.0 GPA with no failing grades
- No disciplinary problems - If past disciplinary problems have occurred, approval from a school counselor or administrator must be given
- Willingness to spend a night away from home
- Have a set of clothes that may get damaged by use on the days of the event
- Parent or Guardian permission and full support of your participation – They also must be willing to waive liability
- Willingness to speak during the school assembly - Only a few of the participants will be asked to read their letter to their parents
- Females – Must be willing to wear little or no make-up the day of the event

Collision victims - additional criteria:

- Willingness to be in a vehicle where an actual death may have occurred
- Willingness to be made-up as a collision victim (Fake blood, etc...)
- Willingness to be handled by Ambulance, Fire Department, Coroner or Hospital personnel
- Willingness to be processed through a correctional facility
- Willingness to travel by ambulance
- One volunteer willing to travel by helicopter to the hospital – This is still an option that is being discussed

**PARENT INFORMATION LETTER - 2006** *continued*

If you and your teen would like to volunteer for this extremely powerful docu-drama, please complete the permission letter. An *Every 15 Minutes* committee member will contact you with information about a future meeting to be held at the school. Please visit the Chugiak High School web site <http://www.asdk12.org/schools/chugiak/pages/> and click on "Every 15 Minutes at CHS 2005-2006."

You can fax the completed permission letter to 742-3220 or email it to [t\\_hemmert@msn.com](mailto:t_hemmert@msn.com) or [wshackelford@muni.org](mailto:wshackelford@muni.org). Please feel free to contact me at 622-8144 with questions.

Tod C. Hemmert  
Death Notification Co-Chairman



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2010 edition

## **PARENT INFORMATION LETTER - 2009**

### **EVERY 15 MINUTES**

Dear Parent/Guardian:

April 8, 2008

A Docu-Drama, called "Every 15 Minutes," will be presented at Chugiak High School on April 21 and 22, 2009. This program includes various components to educate students on the consequences of drinking and driving. We are looking for volunteers to enact various roles within this event that includes:

- The Walking Dead – The Grim Reaper visits classrooms throughout the day, taking a student. The student returns to class with a white face, a toe tag on their wrist, and wearing an "Every 15 Minutes" T-Shirt, signifying a fatality. An obituary of the student is read to their classmates. (24 students needed)
- Mock Crash Victims – A mock drinking related crash is re-enacted at the school with various city agencies responding as if the crash was a real event. Victims with mock crash related injuries are needed. One student will be prosecuted by law enforcement for driving under the influence. (8 students needed)
- Evening retreat for student participants – All participating students will be transported to a retreat site where they will participate in a discussion seminar. The students will be chaperoned throughout the evening.
- School assembly – The event will conclude with a school assembly which is held on the second day.
- Parents/Guardians will have various responsibilities depending on the role their child is selected for.

The students must meet the following criteria to be considered as a viable candidate for role selection:

- Junior or Senior status
- Willingness to have a serious attitude about the event
- Must hold a 2.0 GPA with no failing grades
- No disciplinary problems - If past disciplinary problems have occurred, approval from a school counselor or administrator must be given
- Willingness to spend a night away from home
- Have a set of clothes that may get damaged by use on the days of the event
- Parent or Guardian permission and full support of your participation – They also must be willing to waive liability
- Willingness to speak during the school assembly - Only a few of the participants will be asked to read their letter to their parents
- Females – Must be willing to wear little or no make-up the day of the event

Collision victims - additional criteria:

- Willingness to be in a vehicle where an actual death may have occurred
- Willingness to be made-up as a collision victim (Fake blood, etc...)
- Willingness to be handled by Ambulance, Fire Department, Coroner or Hospital personnel
- Willingness to be processed through a correctional facility
- Willingness to travel by ambulance
- One volunteer willing to travel by helicopter to the hospital – This is still an option that is being discussed

**INITIAL PARENT LETTER -2009** *continued*

If you and your teen would like to volunteer for this extremely powerful Docu-Drama, please fill in the permission slip on the back of this document. An “Every 15 Minutes” committee member will be contacting you with information about a future meeting which will be held at the school.

The “Every 15 Minutes” national web site is <http://www.every15minutes.com/enter.html> or feel free to contact me at 907-742-3219 if you have any questions.

Sincerely,

Wendi Shackelford  
Officer @ Chugiak High School



**INITIAL PARENT PERMISSION LETTER - 2006**

**Applicant Name** \_\_\_\_\_

**EVERY 15 MINUTES  
Permission Letter**

To: *Every 15 Minutes* Death Notification Committee

I give permission for my child to participate in the *Every 15 Minutes* docu-drama, which will be held on April 18 and 19, 2006. I would like him/her to participate in one of the following roles:

*Place an "X" in one of the following:*

- Walking Dead (24 needed)
- Injured Crash Site Victim (7 needed)
- 'Intoxicated' Driver (1 needed)

I understand that by giving my permission this does not guarantee that my child will be selected, but that his/her name will be entered into a pool of applicants for consideration based on the pre-determined criteria.

\_\_\_\_\_ (parent/guardian initials)

I understand that I, as a parent/guardian, have responsibilities to participate in this event, depending on which role my teen is selected for and that those responsibilities will be explained in depth at a meeting to be held at Chugiak High School on a future date. At the conclusion of that meeting, I have the right to withdraw my child's name for consideration for any reason or change the role I would have them portray.

\_\_\_\_\_ (parent/guardian initials)

I understand that my child will be asked to interview for the role selected above.

\_\_\_\_\_ (parent/guardian initials)

I understand that any information I provide on the applications about my child or myself will not be used or forwarded to anyone or any agency outside of the *Every 15 Minutes* steering committee without my written or verbal permission.

\_\_\_\_\_ (parent/guardian initials)

*Name of Parent/Guardian*  
\_\_\_\_\_

*Name of Student*  
\_\_\_\_\_

*Address (physical)*  
\_\_\_\_\_  
\_\_\_\_\_

*Student's Grade (Circle One)*  
Junior / Senior

*Name of Student's CHS Counselor*  
\_\_\_\_\_

*Mailing address (if different)*  
\_\_\_\_\_  
\_\_\_\_\_

*Age of student as of April 18/19, 2006*  
Under 18 / Over 18

*Home phone* \_\_\_\_\_

*Email address* \_\_\_\_\_





**INITIAL PARENT PERMISSION LETTER - 2009**

**EVERY 15 MINUTES**

I give permission for my child to participate in the “Every 15 Minutes” Docu-Drama, which will be held on April 21 and 22, 2009. I would like to nominate him/her in one of the following roles.

*Place an “X” in one of the following:*

- Walking Dead (24 needed)
- Injured Crash Site Victim (7 needed)
- Intoxicated Driver (1 needed)

I understand that by giving my permission, this does not guarantee that my child will be selected, but that their names will be entered into a pool for consideration.

I understand that I, as a parent/guardian, will have responsibilities to enact in this event, depending on which role my teen is selected for. My responsibilities and those of my Childs will be explained in depth at a meeting to be held at the Chugiak High School at a future date. At the conclusion of that meeting, I have the right to withdraw my child’s name for consideration for any reason or change the role I would have them play.

I understand that my child will be asked to interview for the role marked above.

I understand that any information that I provide about my child or myself will not be used or forwarded to anyone or any agency outside of the “Every 15 Minutes” committee.

*Parents name*

\_\_\_\_\_

*Student’s Name*

\_\_\_\_\_

*Address*

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

*Students Grade (Circle One)*

Junior / Senior

*Student’s Counselor’s Name*

\_\_\_\_\_

*Phone Number*

\_\_\_\_\_

*Parent’s E-mail Address*

\_\_\_\_\_

*Student’s E-mail Address*

\_\_\_\_\_

**PARENTAL LIABILITY PACKET FOR STUDENT INTERVIEW****INSTRUCTIONS FOR PARTICIPANTS IN  
“EVERY 15 MINUTES” - 2006**

Student and parent participants play a very important role in the “Every 15 Minutes” school-based program. You are a part of the team helping young people understand the trauma resulting from poor decisions regarding drinking and driving. You will also assist those who provide disaster-related services in developing their skills.

Participants and their parents must attend **ONE** of two **MANDATORY** orientation meetings which are scheduled for March 7 and 16, 2006 at 7:00 pm. These meetings will be held in the library at Chugiak High School.

All student volunteers will be interviewed for their respective roles during the week of March 13 to 17 and March 27 to 31, 2006. Interviews will be held during the students’ lunch periods and they will be photographed at that time. This photograph will be used during the memorial assembly on April 19, 2006. All required forms are due at the time of the student interviews.

Should you have any questions about the orientation meeting, please contact Chairman Tod Hemmert at 622-8144.



**PARENTAL RELEASE FOR MINORS PARTICIPATING IN  
“EVERY 15 MINUTES” - 2006**

To: Chugiak High School  
16525 S. Birchwood Loop  
Chugiak, Alaska 99567  
Office: 907-742-3050  
Fax: 907-742-3148

I, \_\_\_\_\_ (PRINT name of parent or guardian), give permission for my daughter/son \_\_\_\_\_ (PRINT name of student) to participate in the “Every 15 Minutes” program to be held on April 18 and 19, 2006 at Chugiak High School.

\_\_\_\_\_(initials) 1. Members of the Chugiak “Every 15 Minutes” committee and additional volunteers will supervise my child.

\_\_\_\_\_(initials) 2. My child will be taken to the retreat location via transportation provided by the “Every 15 Minutes” committee (possibly via school bus).

\_\_\_\_\_(initials) 3. My child will attend a supervised retreat on the night of April 18, 2006 at: United Methodist Church at Old Glenn and South Birchwood Loop.

\_\_\_\_\_(initials) 4. On April 19, 2006, the morning after the retreat, my child WILL attend the assembly at Chugiak High School.

\_\_\_\_\_(initials) 5. I authorize photographs and/or video/film to be taken of my child as he/she participates in this Program. I further permit photographic negatives, prints, and video film prepared during the program will be used to publicize this program for educational purposes in other communities.

\_\_\_\_\_  
Parent /Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Physical Address

\_\_\_\_\_  
Home phone number

\_\_\_\_\_  
Cell phone number

\_\_\_\_\_  
Student’s Signature

\_\_\_\_\_  
Date



**PARENTAL RELEASE OF LIABILITY FORM - 2006**

To: Chugiak High School  
 16525 S. Birchwood Loop  
 Chugiak, Alaska 99567  
 Office: 907-742-3050  
 Fax: 907-742-3148

I, \_\_\_\_\_ (PRINT name of parent or guardian), give permission for my daughter/son \_\_\_\_\_ (PRINT name of student) to participate in the “Every 15 Minutes” program to be held on April 18 and 19, 2006 at Chugiak High School.

\_\_\_\_\_(initials) 1. I fully understand and acknowledge all of the activities involved and the risks that may be encountered by participants in “Every 15 Minutes.”

\_\_\_\_\_(initials) 2. I, \_\_\_\_\_ (PRINT name of parent or guardian), agree to and hereby release and hold harmless the Anchorage School District, the Anchorage Police Department, Providence Hospital, Chugiak Volunteer Fire Department, the Medical Examiners office, Anchorage Funeral Home, United Methodist Church of Chugiak, including their trustees, employees, agents, sponsors, and volunteers, from all legal responsibilities, including claims, demands, and lawsuits resulting from or related to any incidents or activities arising from or connected in any manner with the “Every 15 Minutes” sanctioned activities, including, but not limited to, liability, damages, and legal fees or cost caused by or related to the negligence or intentional act of the Anchorage School District, the Anchorage Police Department, Providence Hospital, Chugiak Volunteer Fire Department, the Medical Examiners office, Anchorage Funeral Home, United Methodist Church of Chugiak, it’s trustees, employees, agents, sponsors, or volunteers.

\_\_\_\_\_(initials) 3. In case of emergency, I give my approval and my consent for the first aid treatment and/or any other medical treatment by local physicians and /or hospital, including surgical procedures, for myself and/or my son/daughter. I agree to accept responsibility for the payment of all charges incurred during this medical treatment.

\_\_\_\_\_  
 Parent or Guardian Signature

\_\_\_\_\_  
 Date

\_\_\_\_\_  
 \_\_\_\_\_  
 Physical Address

\_\_\_\_\_  
 Home phone number

\_\_\_\_\_  
 Cell phone number



**LOCATION INFORMATION FOR PARENTS OF STUDENTS  
PARTICIPATING IN "EVERY 15 MINUTES" - 2006**

Name of Parent/Guardian(s) \_\_\_\_\_

Name of your Child \_\_\_\_\_

\_\_\_\_\_(initials) 1. I understand that a uniformed officer will give me a simulated death notification in reference to my daughter/son on April 18, 2006.

\_\_\_\_\_(initials) 2. On that day, between the hours of 8:00 AM to 2:00 PM, I can be located, in **PERSON** at the following physical address:

**CHECK *ONE*:**

RESIDENCE

Street Address \_\_\_\_\_

City: \_\_\_\_\_ Phone: \_\_\_\_\_

Cell phone: \_\_\_\_\_

OR

PLACE OF BUSINESS

Name of Business: \_\_\_\_\_

Street Address \_\_\_\_\_

Building / Suite / Room Number: \_\_\_\_\_

City: \_\_\_\_\_ Phone: \_\_\_\_\_

Cell phone: \_\_\_\_\_

**\*\*Please inform your employer about the program and your participation in it!**

This activity is an essential part of the program. Please notify Officer Wendi Shackelford directly at 742-3219 of any changes in your location by **NOON** on April 17, 2006.

- This form must be submitted to an "Every 15 Minutes" committee member at the time of your child's interview.



**SAMPLE OBITUARY FOR STUDENTS - 2006**

We realize that this may be a difficult task to complete. Remember the ultimate goal is the prevention of such an event. Feel free to talk with your child about what he or she would like to have included in their obituary. For additional examples, please peruse the local newspaper.

• Student's Full Name: \_\_\_\_\_ Age: \_\_\_\_\_

• Was killed in an alcohol-related traffic crash on April 18, 2006.

• He/She is survived by: (list of family members)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

• \_\_\_\_\_ (name of student) was a Junior/Senior (CIRCLE ONE) at Chugiak High School where he/she was involved in (list honors, sports, clubs, activities, hobbies, etc.):

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

• Funeral Mass, Church Service, or Memorial Service (CIRCLE ONE) will be held at \_\_\_\_\_ (name of church, synagogue, or mosque).

• Interment will follow at \_\_\_\_\_ (name of cemetery).

• Services will be under the direction of \_\_\_\_\_ (name of funeral home).

• The family requests donations to \_\_\_\_\_ (charity of your choice, MADD, school scholarship, SADD, etc.) in lieu of flowers.



## INSTRUCTIONS FOR WALKING DEAD PARTICIPANTS -2006

1. You will need to bring your overnight bag, sleeping bag, and a pillow for the retreat to the make-up room (Room 62) prior to going to your first class the morning of the program.
2. Avoid wearing make-up. No special clothing is necessary, however, be aware that the clothing worn might be damaged during the day's events.
3. An adult dressed as the Grim Reaper will escort you from class sometime during the day. A uniformed police officer will enter the classroom after you leave to read your obituary. You will be taken to the make-up room and turned into the Walking Dead. You will return to class but you cannot communicate to anyone nor respond to those who speak to you for the remainder of the day. If you experience difficulty with other students harassing you, please write a note to your teacher asking them to intervene.
4. You will report to Room 62 for lunch. You will not be allowed to eat lunch with the rest of the student body.
5. At 1:15 PM, all Walking Dead victims will report to the make-up room. The Grim Reaper will lead you and other members of the crash site to transportation that will take you to the retreat site. This transportation will depart at 1:30 PM from the high school and it is MANDATORY.
6. You will attend a retreat that night to process the day's activities.
7. Plan on bringing items you will need for that evening and the next morning for the assembly. Plan to sleep in a sweat suit or shorts and t-shirt that you pack. No sheer or transparent pajamas or any inappropriate clothing will be permitted.
8. The following items are **NOT** allowed at the retreat: I-pods, CD players, movie players, cell phones, pagers, radios, walkmans, and similar items. Remember for all intents and purposes you are dead and will NOT be allowed to communicate with the world outside the retreat until after the memorial assembly.

**INSTRUCTIONS FOR WALKING DEAD PARTICIPANTS continued**

9. The following morning, you will be transported back to school where you will participate in a memorial assembly. You will remain segregated from the rest of the student body until AFTER the assembly. This includes no communication with others. Instructions for the assembly will be explained at the retreat.
  
10. You will need to pack black pants or other dark clothing to wear at the assembly. You will be wearing your “Every 15 Minutes” black t-shirt during the assembly, but you may want to bring other clothing to change into after the assembly has concluded.





## INSTRUCTIONS FOR CRASH VICTIMS - 2006

1. You will need to bring your overnight bag, sleeping bag, and a pillow for the retreat to the make-up room (Room 62) prior to going to your first class the morning of the program.
2. Wear clothing that can be disposed of after the exercise since outer clothing may be cut, torn, or otherwise rendered unsuitable for future wear. Clothing worn during the event need not be in good condition.
3. Avoid wearing jewelry or make-up. Remove eyeglasses and contact lenses.
4. Staff will apply make-up that looks realistic for the type of injury inflicted. They will instruct you how to behave during the crash scene. You do not need to have special acting skills, just the ability to follow directions. Before the mock crash is presented to the entire student body, you will be taken to the scene. Victims will be placed within the crash scene and last minute make-up applied. When everyone is in place, the program will begin. Crash victims may include:
  - a. **DRUNK DRIVER** – This person will be removed from the crash scene vehicle, questioned by a police officer, given road side sobriety tests, handcuffed, placed in the police car, and transported to a location where he/she will be given a breath test and booked into jail. A presiding judge will conduct a mock court hearing and the drunk driver (AKA defendant) will be sentenced to prison.
  - b. **MAJOR INJURY VICTIMS** – These people will have suffered major injuries due to not wearing their safety belts and will be treated accordingly by emergency personnel. They will be placed in an ambulance and transported to the designated hospital for emergency room treatment. These victims will survive the crash. Parents will report to the hospital after notification by a police officer.
  - c. **MINOR INJURY VICTIMS** – These people will have suffered minor injuries. They will be treated accordingly by emergency personnel, placed in an ambulance or a police car and transported to the designated hospital for emergency room treatment. These victims will survive the crash. Parents will report to the hospital after notification by a police officer.



## **INSTRUCTIONS FOR CRASH VICTIMS continued**

- d. **FATALITIES** – These people will be playing the role of passengers who are either killed at the scene or die at the hospital.

Dead at the scene will be covered with a sheet and left in the crash scene while the other victims are treated by EMS. Parents of the dead student will be required to come to the crash scene to identify their child. Upon the parents' departure, the dead at the scene will be placed in a body bag and transported to the morgue by the medical examiner or a police officer.

Dead at the hospital will be treated by staff at the hospital. Parents will be required to come to the hospital. Death notification will be conducted by hospital staff and/or hospital clergy.

5. You will report to Room 62 for lunch. You will not be allowed to eat lunch with the rest of the student body.
6. At 1:15 PM, all crash scene victims will report to the make-up room. The Grim Reaper will lead you and other members of the Walking Dead to transportation that will take you to the retreat site. This transportation will depart at 1:30 PM from the high school and it is **MANDATORY**.
7. Plan on bringing items you will need for that evening and the next morning for the assembly. Plan to sleep in a sweat suit or shorts and t-shirt that you pack. No sheer or transparent pajamas or any inappropriate clothing will be permitted.
8. The following items are not allowed at the retreat: I-pods, CD players, movie players, cell phones, pagers, radios, walkmans, and similar items. Remember for all intents and purposes you are dead and will not be allowed to communicate with the world outside the retreat.
9. The following morning, you will be transported back to school where you will participate in a memorial assembly. You will remain segregated from the rest of the student body until **AFTER** the assembly. This includes no communication with others. Instructions for the assembly will be explained at the retreat.
10. You will need to pack black pants or other dark clothing to wear at the assembly. You will be wearing your "Every 15 Minutes" black t-shirt during the assembly, but you may want to bring other clothing to change into after the assembly has concluded.



## **SPECIAL INSTRUCTIONS FOR FAMILY MEMBERS OF STUDENTS PARTICIPATING IN “EVERY 15 MINUTES” - 2006**

1. There are no dress requirements for the parents/guardians of participants. You may desire to wear comfortable clothing during this event.
2. Prepare an obituary regarding your daughter/son and have it returned with the rest of the attached documents at the time of your child’s interview. This is a required part of the program, so please be sure to meet this deadline.
3. You will receive a mock death notification from a uniform police officer sometime during the day between 7:30 am and 3:00 pm on April 18, 2006. We will know where you are physically located during these hours **ONLY** if you provide the necessary information on the enclosed form. Submit this form with the rest of the attached documents at the time of your child’s interview. This also is a required part of the program, so please be sure to meet this deadline.
4. Parents of the mock crash victims will be contacted and asked to come to the designated hospital.
5. After school, on the first day of the event, your child will be taken to the site of the overnight retreat. Responsible adults, including school staff, will serve as the chaperones supervising this activity.
6. Professionals will lead the students in a reflection on the day’s activities at the retreat. One of these activities will include the students’ writing letters to their parents regarding their experiences and premature death. You will receive this letter after the assembly on the following day.
7. The following electronic items are **not** allowed at the retreat: I-pods, CD players, cell phones, pagers, radios, walkmans, and similar items. Remember for all intents and purposes the student is dead and will not be allowed to communicate with the world outside the retreat. You will be provided with contact numbers of staff in the event of an emergency.
8. Students should plan to sleep in the sweat pants/shorts and T-shirts that they pack. **NO** sheer or transparent pajamas or any other inappropriate clothing will be permitted.



**SPECIAL INSTRUCTIONS FOR FAMILY MEMBERS OF  
STUDENTS PARTICIPATING IN “EVERY 15 MINUTES”**

Continued

9. Retreat participants will be transported to school the next morning. You will experience the simulated loss of your child by not being allowed to have ANY contact with them until AFTER the assembly at Chugiak High School concludes.
10. Parents(s)/Guardian(s) of all the students participating are encouraged to attend the morning assembly at Chugiak High School on April 19, 2006 at 8:40 AM. Please be early so you may be properly seated in the gymnasium. Please wait to reunite with your child until AFTER the assembly concludes so your child will remain in their proper role.
11. To be selected as participants, you and your child need to COMPLETELY fill out and sign the enclosed forms. Please have your child return ALL the documents to the “Every 15 Minutes” committee members at the time of their interview.

**PARENTAL LIABILITY PACKET FOR STUDENT INTERVIEW****INSTRUCTIONS FOR PARTICIPANTS IN  
“EVERY 15 MINUTES” - 2009**

Student and parent participants play a very important role in the “Every 15 Minutes” school-based program. You are a part of the team helping young people understand the trauma resulting from poor decisions regarding drinking and driving. You will also assist those who provide disaster-related services in developing their skills.

Participants AND their parents must attend ONE of the two **MANDATORY** orientation meetings offered on Tuesday, March 24, 2009 **OR** Thursday, March 26, 2009 at 7:00 pm. These meetings will be held in the library at Chugiak High School.

All student volunteers will be interviewed for their respective roles during the week of March 2 to 6, 2009 and March 16 to 20, 2009. Interviews will be held during the students’ lunch periods or after school and they will be photographed at that time. This photograph will be used during the memorial assembly on April 22, 2009.

**\*ALL REQUIRED FORMS ARE DUE AT THE TIME OF THE STUDENT INTERVIEWS.**

Should you have any questions about the orientation meeting, please contact Officer Wendi Shackelford at 742-3219.



**PARENTAL RELEASE FOR MINORS PARTICIPATING IN  
“EVERY 15 MINUTES” - 2009**

To: Chugiak High School  
16525 S. Birchwood Loop  
Chugiak, Alaska 99567  
Office: 907-742-3056  
Fax: 907-742-3148

I, \_\_\_\_\_ (PRINT name of parent or guardian), give permission for my daughter/son \_\_\_\_\_ (PRINT name of student) to participate in the “Every 15 Minutes” program to be held on April 21 and 22, 2009 at Chugiak High School.

\_\_\_\_\_(initials) 1. Members of the Chugiak “Every 15 Minutes” committee and additional volunteers will supervise my child.

\_\_\_\_\_(initials) 2. My child will be taken to the retreat location via transportation provided by the “Every 15 Minutes” committee (possibly via school bus).

\_\_\_\_\_(initials) 3. My child will attend a supervised retreat on the night of April 21, 2009 at: United Methodist Church at Old Glenn and South Birchwood Loop.

\_\_\_\_\_(initials) 4. On April 22, 2009, the morning after the retreat, my child WILL attend the assembly at Chugiak High School.

\_\_\_\_\_(initials) 5. I authorize photographs and/or video/film to be taken of my child as he/she participates in this Program. I further permit photographic negatives, prints, and video film prepared during the program will be used to publicize this program for educational purposes in other communities.

\_\_\_\_\_  
Parent /Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Physical Address

\_\_\_\_\_  
Home phone number

\_\_\_\_\_  
Cell phone number

\_\_\_\_\_  
Student’s Signature

\_\_\_\_\_  
Date



**PARENTAL RELEASE OF LIABILITY FORM - 2009**

To: Chugiak High School  
16525 S. Birchwood Loop  
Chugiak, Alaska 99567  
Office: 907-742-3056

Fax: 907-742-3148

I, \_\_\_\_\_ (**PRINT** name of parent or guardian), give permission for my daughter/son \_\_\_\_\_ (**PRINT** name of student) to participate in the “Every 15 Minutes” program to be held on April 21 and 22, 2009 at Chugiak High School.

\_\_\_\_\_(initials) 1. I fully understand and acknowledge all of the activities involved and the risks that may be encountered by participants in “Every 15 Minutes.”

\_\_\_\_\_(initials) 2. I, \_\_\_\_\_ (**PRINT** name of parent or guardian), agree to and hereby release and hold harmless the Anchorage School District, the Anchorage Police Department, Providence Hospital, Chugiak Volunteer Fire Department, the Medical Examiners office, Janssen Funeral Home, United Methodist Church of Chugiak, including their trustees, employees, agents, sponsors, and volunteers, from all legal responsibilities, including claims, demands, and lawsuits resulting from or related to any incidents or activities arising from or connected in any manner with the “Every 15 Minutes” sanctioned activities, including, but not limited to, liability, damages, and legal fees or cost caused by or related to the negligence or intentional act of the Anchorage School District, the Anchorage Police Department, Providence Hospital, Chugiak Volunteer Fire Department, the Medical Examiners office, Janssen Funeral Home, United Methodist Church of Chugiak, it’s trustees, employees, agents, sponsors, or volunteers.

\_\_\_\_\_(initials) 3. In case of emergency, I give my approval and my consent for the first aid treatment and/or any other medical treatment by local physicians and /or hospital, including surgical procedures, for myself and/or my son/daughter. I agree to accept responsibility for the payment of all charges incurred during this medical treatment.

\_\_\_\_\_  
Parent or Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
Home phone number

Physical Address

\_\_\_\_\_  
Cell phone number



### LOCATION INFORMATION FOR PARENTS OF STUDENTS PARTICIPATING IN “EVERY 15 MINUTES” - 2009

Name of Parent/Guardian(s) \_\_\_\_\_

Name of your Child \_\_\_\_\_

\_\_\_\_\_(initials) 1. I understand that a uniformed officer will give me a simulated death notification in reference to my daughter/son on April 21, 2009.

\_\_\_\_\_(initials) 2. On that day, between the hours of 8:00 AM to 2:00 PM, I can be located, in **PERSON** at the following physical address:

Check One:

Residence

Street Address \_\_\_\_\_

City: \_\_\_\_\_ Phone: \_\_\_\_\_

Cell phone: \_\_\_\_\_

Place of Business

Name of Business: \_\_\_\_\_

Street Address \_\_\_\_\_

Building / Suite / Room Number: \_\_\_\_\_

City: \_\_\_\_\_ Phone: \_\_\_\_\_

Cell phone: \_\_\_\_\_

**\*\*Please inform your employer about the program and your participation in it!**

This activity is an essential part of the program. Please notify Officer Wendi Shackelford directly at 742-3219 or through APD Dispatch at 786-8900 of any changes in your location by **NOON** on April 20, 2009.

Please have this form returned to an “Every 15 Minutes” committee member at the time of your child’s interview. (Officer Shackelford, Ms. Kathy Vik, or Ms. Leha Uehling)





**SAMPLE OBITUARY FOR STUDENTS - 2009**

We realize that this may be a difficult task to complete. Remember the ultimate goal is the prevention of such an event. Feel free to talk with your child about what he or she would like to have included in their obituary. For additional examples, please peruse the local newspaper.

• Student's Full Name: \_\_\_\_\_ Age: \_\_\_\_\_

• Was killed in an alcohol-related traffic crash on April 21, 2009.

• He/She is survived by: (list of family members)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

• \_\_\_\_\_ (name of student) was a Junior/Senior (CIRCLE ONE) at Chugiak High School where he/she was involved in (list honors, sports, clubs, activities, hobbies, etc.):

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

• Funeral Mass, Church Service, or Memorial Service (CIRCLE ONE) will be held at \_\_\_\_\_ (name of church, synagogue, or mosque).

• Interment will follow at \_\_\_\_\_ (name of cemetery).

• Services will be under the direction of \_\_\_\_\_ (name of funeral home).

• The family requests donations to \_\_\_\_\_ (charity of your choice, MADD, school scholarship, SADD, etc.) in lieu of flowers.



SAMPLE

Parent NAME: \_\_\_\_\_



Dear \_\_\_\_\_,

Every 15 Minutes someone in the United States dies as the result of an alcohol related traffic collision. Today you died. I never had the chance to tell you many, many things: Of course, there are all the things any parent would write in a letter such as this: I never had a chance to tell you one more time how very much I love you. I never had a chance to tell you how much I love your smile, your sense of humor, your dedication to your little brother, your responsibility in taking care of the cat. I never had the chance to tell you how my heart beat an extra beat every time you touched my shoulder when you walked by my special reading chair. I never had a chance to share with you a memory of a special moment when you were seven when I realized for the first time I didn't only have a daughter, I had a very best friend for life. I never will have the chance to be grandma to your own daughter. Opportunities gone. Experiences never to be enjoyed. Regrets, though? None.

I can feel you as if you were still standing right behind me as I write, your right hand firmly on my left shoulder. My regrets are none because we had "the talk." In fact, unlike most families, we had many of those "talks." Remember when I first shared with you how I had participated in an activity at my high school called "Every 15 Minutes" and you declared that you, too, wanted that same experience? It was the month before your thirteenth birthday. Remember how I showed you the letter Grandma had written to me and my admission of astonishment at not even knowing my parents had those words inside them. Actually, the words didn't matter. It was the feelings. From then on, to this day, we remain perfectly connected, able to share everything.

Do you remember? It was a day much like today – spring-like here in Alaska, buds almost about to pop on the birch trees, but still mostly brown and gray. With the promise of new life, you carefully folded Grandma's letter, placed it in your jeans' back pocket, and we took a walk in the sunshine. You said, "Mom, I do want to hear what you'd write to me in a letter after I died, but can I first tell you what I'd write to you??" We walked and we talked and we shared every memory, even those we didn't know we had. We made promises about honesty and sacrifice. We made commitments about putting family first. We came up with "code" words and gestures to indicate a whole slew of possible hiccups in our relationship: "Hurt" would be the word to use when we felt pain about something one of us said and we needed to talk it out. "Ache" would be the word to indicate that someone else had caused pain, but we weren't quite ready to share the reason just yet. Touching our left ear meant "Get me the heck out of this situation!" I think we've come up with a dozen codes over these years, most begun that day. Funny... we never used most



of them. We didn't need to. The hiccups rarely came. That afternoon established an unbreakable bond that would render words unnecessary. All thoughts could be read in our eyes. It was just last month that you told me those jeans were worn out, but that since Grandma's letter was still neatly folded in the back pocket, you were keeping those jeans. We placed them in a special box and put them in the attic. Remember?

Because of our "talks," I'm fortunate to have many such letters you've written to me. Two are in my pockets right now. At least two will be in my pockets everyday, tiny squares of paper reminiscent of our walk under the trees.

I still feel your hand. I'm sure I'll always feel your hand. Unfortunately, I'm not permitted to turn around and look into your eyes and read those thoughts. All I can do is hope and pray that you're all right, that Heaven has a Nordstroms, and maybe that other families can read our letters and be as fortunate as we were. When I finish this letter, I'll kiss it lightly, fold it neatly and place it in the other back pocket of those jeans upstairs.

And I'm sure this won't be the last letter added to the pocket. And maybe, just maybe, no one will ever need to have that kind of jeans again. They cost way too much.

For now, with all my love,  
Your bestest friend,  
Mom

Copyright 2006 Janet Morris  
Eagle River, AK





## PARENT INFORMATION PACKET @ MANDATORY PARENT MEETING - 2006

### EMERGENCY contact phone numbers:

1. Kathy Vik                      360-0072 cell  
    742-3239 desk
  
2. Wendi Shackelford      632-3619 cell  
    762-2431 pager  
    742-3219 desk
  
3. Leha Uehling                742-3224 desk
  
4. APD Dispatch                786-8900 non-emergencies  
    911 emergencies
  
5. United Methodist        696-2353 office

### DETAILS:

- ALL medication (including birth control, inhalers, and OTC pain killers such as Tylenol, Ibuprofen, etc.) need to be appropriately labeled with the student's name and given to Chugiak High School Nurse by **April 17, 2006**.
  - Please complete the attached form, *Emergency Field Trip Information*, and return it with the medication.

**\*NO STUDENTS WILL BE ALLOWED TO SELF- ADMINISTER ANY MEDICATIONS AT THE RETREAT.**

- Your attendance at the Assembly on **Wednesday, April 19, 2006** from **8:00 to 9:45 AM** is very important. You will be reunited with your child **AFTER** this assembly.
  
- You must fax (742-3220), drop off in the Attendance Office, or e-mail your parent letter to Leha UEHLING ([uehling\\_leha@asdk12.org](mailto:uehling_leha@asdk12.org)) by **Thursday, April 13 at 3:30 PM** (see the pink two-paged letter with sample attached)



- Walking Dead will eat lunch in a room separate from the rest of the student body on April 18, 2006.
- Walking Dead and crash victims should be dropped off at school or have someone retrieve their vehicles during the early evening of April 18, 2006 so they do not sit unattended on school grounds overnight (to avoid vandalism).
- FOR CRASH PARTICIPANTS and their PARENTS ONLY:
  - Make sure your child has **\$20.00** cash to purchase lunch at whatever location they end up (hospital, morgue, or jail/courthouse).
  - Make sure your child dresses in layers of discardable clothing for the crash scenario. We do not know what the weather will be like and they will be in the crash scene for about an hour and 15 minutes.
  - *Also, your child's clothes may be cut off of them by medical personnel as they treat injuries so you will need to bring an extra set of clothes with you to the hospital in a paper bag labeled with your child's name.*

RESPONSIBILITIES for parents of participants:

***1 - Parents of Walking Dead:***

- Be available at the previously designated location (in the packet signed by you) for official notification by an APD officer between 7:30 AM to 1:00 PM.
- You will not be allowed to have any contact with your child until AFTER the Assembly on April 19, 2006. If there is an emergency in which you need to contact your child, please call Officer Shackelford (see numbers listed above).

***2 - Parents of LIVING Crash Victims:***

- Be available at the previously designated location (in the packet signed by you) for official notification by an APD officer between 9:20 and 11:30 AM.
- You will be asked by the officer/chaplain if you want to go to the hospital to be with your injured child (Providence Hospital @ 562-2211).



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- You will need to bring an extra set of clothes for your child **WITH YOU TO THE HOSPITAL**. *Your child's clothes may be cut off of them by medical personnel as they treat injuries at the scene or hospital.*
- Your child will be at the hospital until approx **12:30 PM**. You may want to bring a companion for moral support or to drive you.
- You may or may not be allowed to speak with your child at the hospital. Please follow the guidance of the nursing staff and any EFM staff who is videotaping. **PLEASE ALLOW YOUR CHILD TO REMAIN IN THEIR ROLE AS INJURED.**

### **3 - Parents of DEAD Crash Victims:**

- Be within **5 minutes** drive of Chugiak High School **AND** available by cell phone.
- Please **RESPOND** to the crash scene on the east side of Chugiak High School and contact one of the uniformed APD officers @ **9:45 AM**, where you will be escorted by an officer to identify your “dead” child within the scene.

Your child is dead for all intents and purposes. They will have make-up that has been applied to exaggerate that fact. They may also be covered with a sheet or blanket. **THIS WILL BE DIFFICULT FOR YOU.**

**PLEASE ALLOW YOUR CHILD TO REMAIN IN THEIR ‘DEAD’ ROLE.** You may kiss them or touch their hands and cry over them. This should take no more than 8 to 10 minutes duration once you have been taken to your child.

The Medical Examiner’s office will arrive at **10:00 AM** to transport your child to the morgue. You **DO NOT** still want to be out there when they start loading your dead student.

Allow the officer (or whoever contacts you) to assist you into the building.

- By **11:00 AM**, you **must** be at the *new* Courthouse, 825 West 4<sup>th</sup> Avenue, Courtroom 404 (Judge Morgan CHRISTEN) for an in-custody arraignment. Please park in the Captain Cook garage (between 4<sup>th</sup> and 5<sup>th</sup> Avenues at K Street) as it is the closest and will likely have spaces available. Actual time in the courtroom is from 11:30 AM to 12:30 PM.



- You can expect:

To be represented by an attorney from the District Attorney's office.

You *may* be asked to make a statement during the in-custody arraignment. Remember the defendant killed your child; do you want them to be free to hurt someone else?

You *will* be allowed to give a victim impact statement in the courtroom at sentencing. Think about what you would say to the Judge and the defendant who killed your child in a real-life situation.

#### ***4 - Parents of Intoxicated driver:***

- You will need to bring a set of business attire-type clothes for your child to change into after the in-custody arraignment portion of the courtroom scene. Your child will be allowed a few minutes to clean up and change clothes for the sentencing portion of the courtroom scene.
- By **11:00 AM**, you *must* be at the *new* Courthouse, 825 West 4<sup>th</sup> Avenue, Courtroom 404 (Judge Morgan CHRISTEN) for an in-custody arraignment. Please park in the Captain Cook garage (between 4<sup>th</sup> and 5<sup>th</sup> Avenues at K Street) as it is the closest and will likely have spaces available. Actual time in the courtroom is from 11:30 AM to 12:30 PM.
- You can expect:

The Judge to ask you how you plan to pay your child's bail.

A defense attorney, Lance WELLS, will assist you with this, but you will likely put your house up for collateral to guarantee the defendant's appearance in court at later dates.

Be prepared to speak on the good character qualities of your child at both the in-custody arraignment and the sentencing. Remember your goal is to keep your child out of prison and to minimize the amount of time they have to do in prison (based on their character).





- PLEASE ALLOW YOUR CHILD TO REMAIN IN THEIR ROLE AFTER THE CONCLUSION OF THE COURTROOM SCENE. An APD officer will remain with them and transport your child from the courtroom to the retreat site, stopping for lunch somewhere in-between.

#### PARTICIPANT ITEMS FOR THE RETREAT

- Label your property in a conspicuous place with your **FIRST AND LAST NAME**.
  - Bring your retreat items with you to school on Tuesday morning.
  - Take them to room 62, where they will be stored until the retreat.
1. Sleeping bag
  2. Pillow
  3. Small air mattress (optional)
  4. 1 **CARRY-ON SIZED** suitcase **or** similar-sized bag
  5. Black “Every 15 Minutes” t-shirt
  6. Black pants or skirt (for the assembly)
  7. Appropriate sleeping clothes
  8. Toiletries
  9. Towel
  10. 1 extra change of clothes (esp. for crash participants)
  11. \* Medicines (see page 1)

Attachments: 2 day schedule

*Emergency Field Trip Information form* (for medication **ONLY**)

Map to retreat (should you need it in an emergency)

A sample parent letter

A blank parent letter you will write to your dead child



### HELICOPTER RELEASE OF LIABILITY FORM (ADULT)

To: Chugiak High School  
16525 S. Birchwood Loop  
Chugiak, Alaska 99567  
Office: 907-742-3050  
Fax: 907-742-3148

I, \_\_\_\_\_ (**PRINT** name), have been designated to escort a student participant of the “Every 15 Minutes” program, to be held at Chugiak High School on April 18, 2006, from Chugiak High School to Providence Hospital on a helicopter operated by the 210<sup>th</sup> Rescue Squadron of the Alaska Air National Guard.

\_\_\_\_\_(initials) 1. I fully understand and acknowledge all of the activities involved and the risks that may be encountered as a passenger on the HH-60 helicopter operated by the 210<sup>th</sup> Rescue Squadron.

\_\_\_\_\_(initials) 2. I, \_\_\_\_\_ (**PRINT** name of parent or guardian), agree to and hereby release and hold harmless the Alaska Air National Guard, 176 Wing, and 210<sup>th</sup> Rescue Squadron, including their trustees, employees, agents, sponsors, and volunteers, from all legal responsibilities, including claims, demands, and lawsuits resulting from or related to any incidents or activities arising from or connected in any manner with the “Every 15 Minutes” sanctioned activities, including, but not limited to, liability, damages, and legal fees or cost caused by or related to the negligence or intentional act of the Alaska Air National Guard, 176 Wing, 210<sup>th</sup> Rescue Squadron, it’s trustees, employees, agents, sponsors, or volunteers.

\_\_\_\_\_(initials) 3. In case of emergency, I give my approval and my consent for the first aid treatment and/or any other medical treatment by local physicians and /or hospital, including surgical procedures, for myself and/or my son/daughter. I agree to accept responsibility for the payment of all charges incurred during this medical treatment.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
\_\_\_\_\_  
Physical Address

\_\_\_\_\_  
Home phone number

\_\_\_\_\_  
Cell phone number



### HELICOPTER RELEASE OF LIABILITY FORM (STUDENT)

To: Chugiak High School  
16525 S. Birchwood Loop  
Chugiak, Alaska 99567  
Office: 907-742-3050  
Fax: 907-742-3148

I, \_\_\_\_\_ (PRINT name of parent or guardian), give permission for my daughter/son \_\_\_\_\_ (PRINT name of student) to be transported from Chugiak High School to Providence Hospital on a helicopter operated by the 210<sup>th</sup> Rescue Squadron of the Alaska Air National Guard while a participant of the “Every 15 Minutes” program to be held on April 18, 2006 at Chugiak High School.

\_\_\_\_\_(initials) 1. I fully understand and acknowledge all of the activities involved and the risks that may be encountered as a passenger on the HH-60 helicopter operated by the 210<sup>th</sup> Rescue Squadron.

\_\_\_\_\_(initials) 2. I, \_\_\_\_\_ (PRINT name of parent or guardian), agree to and hereby release and hold harmless the Alaska Air National Guard, 176 Wing, and 210<sup>th</sup> Rescue Squadron, including their trustees, employees, agents, sponsors, and volunteers, from all legal responsibilities, including claims, demands, and lawsuits resulting from or related to any incidents or activities arising from or connected in any manner with the “Every 15 Minutes” sanctioned activities, including, but not limited to, liability, damages, and legal fees or cost caused by or related to the negligence or intentional act of the Alaska Air National Guard, 176 Wing, 210<sup>th</sup> Rescue Squadron, it’s trustees, employees, agents, sponsors, or volunteers.

\_\_\_\_\_(initials) 3. In case of emergency, I give my approval and my consent for the first aid treatment and/or any other medical treatment by local physicians and /or hospital, including surgical procedures, for myself and/or my son/daughter. I agree to accept responsibility for the payment of all charges incurred during this medical treatment.

\_\_\_\_\_  
Parent or Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
\_\_\_\_\_  
Physical Address

\_\_\_\_\_  
Home phone number

\_\_\_\_\_  
Cell phone number

**PARENT INFORMATION PACKET @ MANDATORY PARENT MEETING - 2009**EMERGENCY contact phone numbers:

- |                      |  |
|----------------------|--|
| 6. Kathy Vik         | 350-3926 cell<br>742-3239 desk                   |
| 7. Wendi Shackelford | 632-3619 cell<br>762-2431 pager<br>742-3219 desk |
| 8. Leha Uehling      | 742-3224 desk                                    |
| 9. APD Dispatch      | 786-8900 non-emergencies<br>911 emergencies      |
| 10. United Methodist | 696-2353 office                                  |

DETAILS:

- ALL medication (including birth control, inhalers, and OTC pain killers such as Tylenol, Ibuprofen, etc.) need to be appropriately labeled with the student's name, in the original container, and given to Chugiak High School Nurse Lori Ledwon by **April 20, 2009**.
- **\*NO STUDENTS WILL BE ALLOWED TO SELF- ADMINISTER ANY MEDICATIONS AT THE RETREAT.**
- Your attendance at the Assembly on **Wednesday, April 22, 2009** from **8:00 to 10:00 AM** is very important and MANDATORY. You will be reunited with your child **AFTER** this assembly.
- You must fax (742-3220), drop off in the Attendance Office, or e-mail your parent letter to Leha UEHLING ([uehling\\_leha@asdk12.org](mailto:uehling_leha@asdk12.org)) by **Friday, April 17** at **3:30 PM** (see the blank, pink two-paged letter with sample parent letter attached)
- Walking Dead will eat lunch in a room separate from the rest of the student body on April 21, 2009.



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- Walking Dead and crash victims should be dropped off at school or have someone retrieve their vehicles during the early evening of April 21, 2009 so they do not sit unattended on school grounds overnight (to avoid vandalism).
- **LEAVE YOUR CELL PHONES AND ALL ELECTRONIC DEVICES AT HOME!**
- **FOR CRASH PARTICIPANTS and their PARENTS ONLY:**
  - Make sure your child has **\$20.00** cash to purchase lunch at whatever location they end up (hospital, morgue, or jail/courthouse).
  - Make sure your child dresses in layers of **DISCARDABLE** clothing for the crash scenario. We do not know what the weather will be like and they will be in the crash scene for about an hour and 15 minutes.
  - *Also, your child's clothes may be cut off of them by medical personnel as they treat injuries so you will need to bring an extra set of clothes with you to the hospital in a paper bag labeled with your child's name.*

RESPONSIBILITIES for parents of participants:

***1 - Parents of Walking Dead:***

- Be available at the previously designated location (in the packet signed by you) for official notification by an APD officer between **7:30 AM to 1:30 PM**.
- You will not be allowed to have any contact with your child until AFTER the Assembly on April 22, 2009. If there is an emergency in which you need to contact your child, please call Officer Shackelford (see numbers listed above).

***2 - Parents of LIVING Crash Victims AND  
Parents of Crash Victim who DIES at Hospital (see additional under section 2a):***

- Be available at the previously designated location (in the packet signed by you) for official notification by an APD officer between **9:30 and 10:30 AM** (**EXCEPT** for Crash Victim who dies at hospital-see **2a** below).
- You will be asked by the officer/chaplain if you want to go to the hospital to be with your injured child (Providence Hospital @ 562-2211).



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- You will need to bring an extra set of clothes for your child **WITH YOU TO THE HOSPITAL**. *Your child's clothes may be cut off of them by medical personnel as they treat injuries at the scene or hospital.*
- Your child will be at the hospital until approx **12:30 PM**. You may want to bring a companion for moral support or to drive you.
- You may or may not be allowed to speak with your child at the hospital. Please follow the guidance of the nursing staff and any EFM staff who is videotaping. **PLEASE ALLOW YOUR CHILD TO REMAIN IN THEIR ROLE AS INJURED.**

***2a - Parents of DEAD Crash Victim at HOSPITAL:***

- By **10:00 AM**, you **must** be at Providence Hospital. You may want to bring a companion for moral support or to drive you. You will be notified of your child's death by hospital staff and/or a chaplain.

Your child is dead for all intents and purposes. They will have make-up that has been applied to exaggerate that fact. They may also be covered with a sheet or blanket. **THIS WILL BE DIFFICULT FOR YOU.**

**PLEASE ALLOW YOUR CHILD TO REMAIN IN THEIR 'DEAD' ROLE.** You may kiss them or touch their hands and cry over them. Expect them not to respond.

Please follow the guidance of the hospital nursing staff and any EFM staff who is videotaping.

- By **11:00 AM**, you **must** be at the *new* Courthouse, 825 West 4<sup>th</sup> Avenue, Courtroom 501 (Judge *Philip VOLLAND*) for an in-custody arraignment.
- Please park in the Captain Cook garage (between 4<sup>th</sup> and 5<sup>th</sup> Avenues at K Street) as it is the closest and will likely have spaces available. Actual time in the courtroom is from 11:30 AM to 12:30 PM.
- You can expect:

To be represented by a prosecuting attorney from the District Attorney's office, Kat Runnels.



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You *may* be asked to make a statement during the in-custody arraignment. Remember the defendant killed your child; do you want them to be free to hurt someone else?

You *will* be allowed to give a victim impact statement in the courtroom at sentencing. Think about what you would say to the Judge and the defendant who killed your child in a real-life situation.

### ***3 - Parents of DEAD Crash Victim at the SCENE (Chugiak High School):***

- You may want to bring a companion or have someone else drive you.
- Be within **5 minutes** drive of Chugiak High School *AND* available by cell phone.
- At **9:45 AM**, please **RESPOND** to the crash scene on the east side of Chugiak High School and contact one of the uniformed APD officers, where you will be escorted by an officer to identify your “dead” child within the scene.

Your child is dead for all intents and purposes. They will have make-up that has been applied to exaggerate that fact. They may also be covered with a sheet or blanket. **THIS WILL BE DIFFICULT FOR YOU.**

PLEASE ALLOW YOUR CHILD TO REMAIN IN THEIR ‘DEAD’ ROLE. You may kiss them or touch their hands and cry over them. This should take no more than 8 to 10 minutes duration once you have been taken to your child.

The Medical Examiner’s office will arrive at **10:00 AM** to transport your child to the morgue. You ***DO NOT*** still want to be out there when they start loading the dead student into the van.

Allow the officer (or whoever contacts you) to escort you into the building to emotionally calm down before heading to the courthouse.

- By **11:00 AM**, you ***must*** be at the *new* Courthouse, 825 West 4<sup>th</sup> Avenue, Courtroom 501 (Judge *Philip VOLLAND*) for an in-custody arraignment. Please park in the Captain Cook garage (between 4<sup>th</sup> and 5<sup>th</sup> Avenues at K Street) as it is the closest and will likely have spaces available. Actual time in the courtroom is from 11:30 AM to 12:30 PM.



- You can expect:

To be represented by an attorney from the District Attorney's office, Kat Runnels.

You *may* be asked to make a statement during the in-custody arraignment. Remember the defendant killed your child; do you want them to be free to hurt someone else?

You *will* be allowed to give a victim impact statement in the courtroom at sentencing. Think about what you would say to the Judge and the defendant who killed your child in a real-life situation.

#### ***4 - Parents of Intoxicated driver:***

- You will need to ***BRING A SET OF BUSINESS ATTIRE-TYPE CLOTHES*** for your child to change into after the in-custody arraignment portion of the courtroom scene. Your child will be allowed a few minutes to clean up and change clothes for the sentencing portion of the courtroom scene.
- By **11:00 AM**, you ***must*** be at the *new* Courthouse, 825 West 4<sup>th</sup> Avenue, Courtroom 501 (Judge *Philip VOLLAND*) for an in-custody arraignment.
- Please park in the Captain Cook garage (between 4<sup>th</sup> and 5<sup>th</sup> Avenues at K Street) as it is the closest and will likely have spaces available. Actual time in the courtroom is from 11:30 AM to 12:30 PM.
- You can expect:

The Judge to ask you how you plan to pay your child's bail.

A defense attorney, possibly Lance WELLS, will assist you with this, but you will likely put your house up for collateral to guarantee the defendant's appearance in court at later dates.

Be prepared to speak on the good character qualities of your child at both the in-custody arraignment and the sentencing. Remember your goal is to keep your child out of prison and to minimize the amount of time they have to do in prison (based on their character).





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- PLEASE ALLOW YOUR CHILD TO REMAIN IN THEIR ROLE AFTER THE CONCLUSION OF THE COURTROOM SCENE. An APD officer will remain with them and transport your child from the courtroom to the retreat site, stopping for lunch somewhere in-between.

#### PARTICIPANT ITEMS FOR THE RETREAT

- Label your property in a conspicuous place with your *FIRST AND LAST NAME*.
- Bring your retreat items with you to school on Tuesday morning.
- Take them to room 62, where they will be stored until the retreat.

12. Sleeping bag

13. Pillow

14. Small air mattress (optional)

15. 1 *CARRY-ON SIZED* suitcase **or** similar-sized bag

16. Black “Every 15 Minutes” t-shirt

17. Black pants or skirt (for the assembly)

18. Appropriate sleeping clothes

19. Toiletries

20. Towel

21. 1 extra change of clothes (esp. for crash participants)

22. \* Medicines (***must*** be delivered to CHS nurse Lori Ledwon by **April 20**; see ***page 1*** of this document for details)

Attachments: 2 day schedule

ASD release forms

Map to retreat (should you need it in an emergency) (*green*)

A blank parent letter you will write to your dead child (*pink*)

A sample parent letter



**MANDATORY PARENT MEETING SIGN-IN - 2009**

NAME	EMAIL	PHONE	PARENT NAME	TU Apr 7	TH Apr 8
Chaney April					
Clifton Mandy					
Devlin Molly					
Greensfelder Tyler					
Holmquist Kim					
Holmstrom Katrina					
Householder Justin					
Keith Caitlin					
Lace, Shannon					
Landon Amanda					
Lewis Amanda					
Lomen Victoria					
McCleskey Victoria					
Miller Madison					
Murphy Kayla					
Nelson Melissa					
Rearick Alex					

NAME	EMAIL	PHONE	PARENT NAME	TU Apr 7	TH Apr 8
Resseguie Joshua					
Spurling Vennessa					
Stantorf Justin					
Vergnetti Kayleigh					
Wood Chris					



**APPLICANT INTERVIEW SCHEDULE 2006**

Please ensure that you arrive for your interview on time. If the timeframe that you have been scheduled for needs to be rescheduled, please respond to Tod Hemmert by e-mail at [tod.hemmert@elmendorf.af.mil](mailto:tod.hemmert@elmendorf.af.mil) , [t\\_hemmert@msn.com](mailto:t_hemmert@msn.com) or phone 552-6003 during daytime hours or 622-8144 during evening and weekend hours.

Ensure that the paperwork that was given to you during the Parents Meeting has been filled out completely and ready to be turned in at the time of your interview.

The interviews will be conducted in room 180 during your lunch period. First come, first interview with the exception of those with an “\*” next to their names; they must interview first due to other obligations. Interviews should last no longer than 20 minutes.

4<sup>th</sup> Hour Lunch Period

March	27	28	29	30	31
	Bruce, Brittney	Hanes, Brooke	Long, Jessica *	Devlin, Mathew	Hiestand, Ashley
	Frankin, Kaylee	Harbison, David	Clark, Alex	Dubin, Samantha	LaRue Kara
	Simeon, Kate	Wood, Ailee	Dean, Tiffany	Flegle, Christine	Johnston, Rebecca

April	3	4	5	6	7
	Moser, Ashley	Johnson, Matt			
	Radcliffe, Kori				
	Hadley, Tamisha				

5<sup>th</sup> Hour Lunch Period

March	27	28	29	30	31
	Hesser, Amanda	Morrison, Michaela	Daves, Aric	Walsh, Cheyenne	
	Maynard, Danielle	Pinard- Janisch, Eric	Burger, Christina	Alger, Madison	
	McDonald, Meghan	Hutchins, Haley	Hopper, Caitlin	Wright, Caroline	

Special arrangements will be made for interviewing:

Pannone, Michael

Borden, Sarah



**APPLICANT INTERVIEW SCHEDULE 2009**

1. Please ensure that you arrive for your interview on time. If the time frame that you scheduled needs to be re-scheduled, please respond to [Leha Uehling](mailto:Leha.Uehling@asdk12.org) by e-mail at [uehling\\_leha@asdk12.org](mailto:uehling_leha@asdk12.org) or phone 742-3224 during daytime hours **at least** 24 hours before your scheduled appointment.
  
2. Ensure that the paperwork that was emailed to you, “*Secondary Packet @ Mandatory Parent Meeting*,” has been **filled out completely** and ready to be **turned in at the time of your interview**.
  
3. The interviews will be conducted in **room 101** during your lunch period or after school. The first to respond to the email, the first to schedule an interview with the exception of those with an “\*” next to their names; they must interview first due to other obligations. Interviews should last no longer than 20 minutes.
  
4. There will be a **mandatory** parent/student meeting for **ALL** potential EFM participants on **Tuesday, March 24 OR Thursday, March 26** at the CHS library at **7:00 PM**. Attendance at **ONE** of these meetings is **REQUIRED for parent AND student** before participation will be considered.

WEEK ONE: interview dates and times

MARCH		(TU) 3 <sup>rd</sup>	(W) 4 <sup>th</sup>	(TH) 5 <sup>th</sup>	
<b>10:35 a.m. (lunch)</b>	XXXXXXXXXX XXXXXXXXXX XXXXXXXXXX	Mandy Clifton		Caitlin Keith	XXXXXXXXXX XXXXXXXXXX XXXXXXXXXX
<b>2:20 p.m.</b>	XXXXXXXXXX XXXXXXXXXX XXXXXXXXXX	Victoria Lomen	Chris Wood	Alex Rearick	XXXXXXXXXX XXXXXXXXXX XXXXXXXXXX
<b>2:40 p.m.</b>	XXXXXXXXXX XXXXXXXXXX XXXXXXXXXX	Tyler Greensfelder	Matt Cook	Kayla Murphy	XXXXXXXXXX XXXXXXXXXX XXXXXXXXXX
<b>3:00 p.m.</b>	XXXXXXXXXX XXXXXXXXXX XXXXXXXXXX		Venessa Spurling	Victoria McClesky	XXXXXXXXXX XXXXXXXXXX XXXXXXXXXX
<b>3:20 p.m.</b>	XXXXXXXXXX XXXXXXXXXX XXXXXXXXXX		Josh Resseguie	Madison Miller	XXXXXXXXXX XXXXXXXXXX XXXXXXXXXX
<b>3:40 p.m.</b>	XXXXXXXXXX XXXXXXXXXX XXXXXXXXXX			Molly Devlin	XXXXXXXXXX XXXXXXXXXX XXXXXXXXXX



WEEK TWO: interview dates and times

MARCH	(M) 16 <sup>th</sup>	(TU) 17 <sup>th</sup>	(W) 18 <sup>th</sup>	(TH) 19 <sup>th</sup>	(F) 20 <sup>th</sup>
10:35 a.m. (lunch)	Amanda Lewis (cancelled)	Megan Gonzalez	Jarissa Jorgensen	Justin Stantorf	
2:20 p.m.	Melissa Nelson	Justin Householder	Kimberly Holmquist	Krystina McClain	
2:40 p.m.	Amanda Landon	Amanda Lewis (rescheduled)	Jessica Pifer	Kayleigh Vergnetti	
3:00 p.m.	Katrina Holmstrom	Shannon Lace	April Chaney	Colt Graham	
3:20 p.m.					
3:40 p.m.					

Special arrangements will be made for interviewing the following students: (OPTIONAL WEEK 3)

MARCH	(M) 23 <sup>rd</sup>	(TU) 24 <sup>th</sup>	(W) 25 <sup>th</sup>	(TH) 26 <sup>th</sup>	(F) 27 <sup>th</sup>
10:35 a.m. (lunch)					
2:20 p.m.					
2:40 p.m.					
3:00 p.m.					
3:20 p.m.					



**STUDENT INTERVIEW QUESTIONNAIRE (FOR WALKING DEAD & CRASH VICTIMS) - 2006**

Applicant's Full Name: \_\_\_\_\_

Roles applying for: Walking Dead (WD) or Crash Scene Victim (CSV) or Drunk Driver (DD)?

1<sup>st</sup> choice \_\_\_\_\_  
2<sup>nd</sup> choice \_\_\_\_\_  
3<sup>rd</sup> choice \_\_\_\_\_

1. Do you understand that everybody who applies for the volunteer program may not be selected?

Yes No  
(circle one)

2. To be a volunteer for the "every15minutes" program you have to be a junior or senior high student at Chugiak High School. Are you a junior or senior high student?

Junior \_\_\_\_\_ Senior \_\_\_\_\_ (check one)

3. If you are a student at King Career Center can you get an excused absence to participate in this program?

Yes No Not Applicable  
(circle one)

4. If you are selected as a volunteer you will be expected not to have ANY communication (in person, email, voice mail, text message, cell phone, etc) with anyone other than "every15minute" volunteers for the entire period from April 18<sup>th</sup> through the assembly on April 19<sup>th</sup>. Are you able to make that commitment?

Yes No  
(circle one)

5. Your parents are encouraged to attend this Program. Can one or both of your parents attend?

Yes No  
(circle one)



6. It is mandatory that your parents or guardian sign permission slip acknowledging their understanding of the topic of this program. Have you turned in a permission slip?

Yes No  
(circle one)

7. Have you been affected by any type of alcohol related situations? If 'yes' and you are comfortable doing so, would you share the experience briefly with us?

Yes No  
(circle one)

8. What allergies and/or medical conditions do you have that may interfere with your participation in this program? \_\_\_\_\_

If applicable, what prescribed medications do you take?  
\_\_\_\_\_

9. Are you afraid of heights? (*helicopter applicants only*)

Yes No  
(circle one)

10. Do you get motion sickness? (*helicopter applicants only*)

Yes No  
(circle one)

11. Tuesday, April 18<sup>th</sup> is the first day of the program. How do you feel about participating in an overnight retreat?

1 3 5  
not good fine  
(circle one)



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12. If selected, you may be required to sit in a vehicle that appears someone died in. How do you feel about this requirement? (*crash scene and intoxicated driver applicants only*)

1                      3                      5  
not good                      fine  
(circle one)

13. If selected, you may be asked to share your experience with the entire CHS student body. Do you think you would be a qualified person to address the student body?

1                      3                      5  
not qualified                      qualified  
(circle one)

14. This program is intended to show students the tragic consequences of drinking and driving. Selected students will be made-up to appear bloody, injured, unconscious, or dead. How confident are you that you could participate in this program even with the appearance of CHS students seriously injured or dead?

1                      3                      5  
not confident                      confident  
(circle one)

15. If selected, you will be participating with people you have never met before and moving around at a fast pace. How comfortable are you with meeting new people and being asked to do things different than your normal schedule at school?

1                      3                      5  
not good                      fine  
(circle one)

16. How would you handle other kids teasing you once you return to class as the Walking Dead?

1                      3                      5  
not acceptable                      acceptable  
(circle one)





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17. Please take a few minutes to tell us why you decided to participate in the "every15minutes" program.

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Scoring Total:	Interviewer's Name:
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**STUDENT INTERVIEW QUESTIONNAIRE (FOR WALKING DEAD & CRASH VICTIMS) - 2009**

Applicant's Full Name: \_\_\_\_\_

Roles applying for: WD CSV ID

Scale: 1 is poor or incompletely answered question  
3 is acceptable answered question  
5 is complete or fully answered question

1. Do you understand that everybody who applies for the volunteer program may not be selected?

Yes No  
(circle one)

2. To be a volunteer for the "every15minutes" program you have to be a junior or senior high student at Chugiak High School. Are you a junior or senior high student?

Junior \_\_\_\_\_ Senior \_\_\_\_\_ (check one)

3. If you are a student at King Career Center can you get an excused absence to participate in this program?

Yes No Not Applicable  
(circle one)

4. If you are selected as a volunteer you will be expected not to have ANY communication (in person, email, voice mail, text message, cell phone, etc) with anyone other than "every15minute" volunteers for the entire period from April 21st through the assembly on April 22nd. Are you able to make that commitment?

Yes No  
(circle one)

5. Your parents are encouraged to attend this Program. Can one or both of your parents attend?

Yes No  
(circle one)



6. It is mandatory that your parents or guardian sign permission slip acknowledging their understanding of the topic of this program. Have you turned in a permission slip?

Yes No  
(circle one)

7. Have you been affected by any type of alcohol related situations? If 'yes' and you are comfortable doing so, would you share the experience briefly with us?

Yes No  
(circle one)

8. What allergies and/or medical conditions do you have that may interfere with your participation in this program? \_\_\_\_\_

If applicable, what prescribed medications do you take?  
\_\_\_\_\_

9. Tuesday, April 21, 2009 is the first day of the program. How do you feel about participating in an overnight retreat?

1 3 5 (best)  
(circle one)

10. If selected, you may be required to sit in a vehicle that appears someone died in. How do you feel about this requirement? (*crash scene and intoxicated driver applicants only*)

1 3 5 (best)  
(circle one)

11. If selected, you may be asked to share your experience with the entire CHS student body. Why do you think you would be a qualified person to address the student body?

1 3 5 (best)  
(circle one)





## **STUDENT RETREAT**

Focus of the retreat:

- Choice
- Voice
- Consequence
- Safety
- Trust

It takes a lifetime to build trust and only seconds to destroy it.



## RETREAT ITINERARY

United Methodist Church of Chugiak  
16430 Old Glenn Highway  
(907) 696-2353

### April 18, 2006

1:30 PM	Depart from Chugiak High School
1:45 PM	Arrival at retreat
2:00 – 2:20 PM	Rules and expectations
2:20 – 3:30 PM	Getting oriented <ul style="list-style-type: none"><li>• Settling in</li><li>• Showers</li><li>• Snack</li></ul>
4:00 – 5:00 PM	Guest speaker: Paul
5:00 – 6:00 PM	Letter to parents
6:00 – 7:00 PM	Dinner
7:00 - 8:00 PM	Ice breakers/Trust initiatives: Brian Griggs
8:00 - 9:00 PM	Alaska State Troopers: Lt. Brandon Anderson
9:00 - 11:00 PM	Group initiatives/Team building: Brian Griggs
11:00 - 11:30 PM	Preparation for bed
11:30 PM	Lights out!

### April 19, 2006

5:00 AM	Rise and shine for those needing extra time <ul style="list-style-type: none"><li>• Girls</li></ul>
6:00 AM	Rise and shine <ul style="list-style-type: none"><li>• All</li></ul>
6:30 AM	Bus departs for Chugiak High School <ul style="list-style-type: none"><li>• Drop off in faculty parking lot</li></ul>
7:00 AM	Continental breakfast at CHS <ul style="list-style-type: none"><li>• Room 62</li></ul>
7:30 – 8:15 AM	Assembly set up and preparation



**RETREAT ITINERARY**  
United Methodist Church of Chugiak  
16430 Old Glenn Highway  
(907) 696-2353

**Tuesday, April 21, 2009**

1:30 PM	Depart from Chugiak High School
1:45 PM	Arrival at retreat
2:00 – 2:20 PM	Rules and expectations
2:20 – 3:30 PM	Getting oriented <ul style="list-style-type: none"><li>• Settling in</li><li>• Showers</li><li>• Snack</li></ul>
4:00 – 5:00 PM	Guest speaker: Mike
5:00 – 6:00 PM	Letter to parents
6:00 – 7:00 PM	Dinner
7:00 - 8:00 PM	Ice breakers/Trust initiatives: Brian Griggs
8:00 - 9:00 PM	Guest speaker: Paul
9:00 - 10:30 PM	Group initiatives/Team building: Brian Griggs
10:30 - 11:00 PM	Preparation for bed
11:00 PM	Lights out!

**Wednesday, April 22, 2009**

5:00 AM	Rise and shine for those needing extra time <ul style="list-style-type: none"><li>• Girls</li></ul>
6:00 AM	Rise and shine <ul style="list-style-type: none"><li>• All</li></ul>
6:30 AM	Bus departs for Chugiak High School <ul style="list-style-type: none"><li>• Drop off in faculty parking lot</li></ul>
7:00 AM	Continental breakfast at CHS <ul style="list-style-type: none"><li>• Room 62</li></ul>
7:30 – 8:15 AM	Assembly set up and preparation

**SHOPPING LIST FOR EFM RETREAT**

Attendees: 40

## Tuesday evening

- Hamburgers
- Hot dogs
- Hot dog buns
- Hamburger buns
- Chips
- Cheese chunks
- Chewy granola bars
- Cookie or sweet-type snack packs
- Veggies tray
- Regular soda
- Diet soda
- Ice cream bar (variety pack)
- 1 bag of pretzels
- 1 container of goldfish
- 1 gallon milk
- Drinking cups
- Utensils (spoons, forks, knives pack)

## Wednesday morning

- Bagels
- Cream cheese
- Muffins (24 total)
- Fruit tray
- 2 gallons milk
- 1 gallon OJ
- 1 gallon AJ



**RETREAT TO-DO LIST**

- Arrange transportation for students
- Arrange transportation for “transported students” (drunk driver etc.)
- Build dinner menu
- Build breakfast menu
- Build grocery list (Breakfast, Dinner, Snacks, Drinks)
- Secure funding or donations for groceries
- Find nurse or CPR/First responder to attend
- Find chaplain and or counselor to attend
- Arrange guest speakers
- Finalize itinerary
- Find volunteers for cooking, cleanup
- Buy groceries
- Ensure emergency contact info available at the retreat.
- Get audio/visual stuff arranged (laptop w/ power point & projector)

Contacts: *Trish* @ United Methodist Church of Chugiak, 696-2353



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## **RETREAT CHAPERONES INFORMATION - 2009**

### CONTACT:

Officer Wendi Shackelford 632-3619 cell or 742-3219 desk

### ITEMS FOR THE RETREAT

- Sleeping bag
- Pillow
- Small air mattress (optional)
- 1 *CARRY-ON SIZED* suitcase **or** similar-sized bag
- Appropriate sleeping clothes
- Toiletries
- Towel

### GUIDELINES

- Male staff will be bunking with the boys.
- Female staff will be bunking with the girls.
- No staff children will stay the night at the retreat site.
  
- No cell phones or electronic devices in possession by the students.
- Medications of any kind will **ONLY** be administered by the EFM Nurse.

### ATTACHMENTS

- Map to the retreat site (attached)
- Itinerary for the retreat (attached)

**THANK YOU!**

**THANK YOU!**

**THANK YOU!**

**THANK YOU!**



NAME	TIME	CELL PHONE	ROLE
Aleksa Karen	3:00 PM to 6:00 AM		staff
<b>Burke Betty</b>	4:00 PM to 11:00 PM		nurse
	5:30 to 6:00 AM		
Daves Aric	7:00 PM to 11:00 PM		mentor
Eby Carol	3:30 PM to 6:00 AM		staff
Jensen Adam	3:30 PM to 6:00 AM		staff
Lierman Keri	3:00 PM to 6:00 AM		staff
Shackelford Wendi	1:30 PM to 6:00 AM		staff
Wagoner Kris	8:00 PM to 6:00 AM		staff





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## RETREAT SITE MAP

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United Methodist Church of Chugiak  
16430 Old Glenn Hwy  
Chugiak AK 99567  
(907) 696-2353



DIRECTIONS: From Chugiak High School, turn east onto South Birchwood Loop. Continue eastbound to stop sign at Old Glenn Highway. Turn north onto Old Glenn and continue for approx. 1/2 mile. Turn west into parking lot of church at 16430 Old Glenn Highway.





**“Every 15 Minutes” 2006 Memorial Service**

- Processional .....lead by NJROTC Color Guard
- Welcome ..... Paul Eldred, CHS senior
- Letter to parent ..... CHS Student
- Letter to parent ..... CHS Student
- Letter to child ..... CHS Parent
- Letter to child ..... CHS Parent
- Guest speaker .....Charlotte
- Guest speaker .....Chrysti
- Closing Remarks .....Officer Shackelford

Recessional

*We ask that you refrain from talking during this service. Thank you.  
Counselors and chaplains are available throughout the day.*



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Anchorage Daily News (AK)  
June 17, 1996  
Section: Nation  
Edition: Final  
Page: A1

2010 edition

## O'MALLEY WRECK KILLS 3

POLICE SAY ALCOHOL A FACTOR IN COLLISION

**Rachel D'oro**  
**Daily News Reporter**  
**Staff**

Two Dimond High School graduates and a friend were killed in South Anchorage early Sunday when their car ran a flashing red light and collided with a pickup truck rushing through a flashing yellow light, police said. Four others were injured in the 2:15 a.m. accident at C Street and O'Malley

Road and were taken to Providence Alaska Medical Center. Police Sgt. Andy Jackson said alcohol appears to have been a contributing factor for both drivers, who survived.

The dead were identified as Anchorage residents John-David "JD" Stuart, 23; George W. Crawford, 22; and Carrie E. Warriner, 19, who lived with Stuart and his girlfriend. Stuart and Crawford graduated from Dimond High School -- Stuart in 1991 and Crawford in 1993 -- and Warriner moved to Anchorage from Sacramento, Calif., last year, according to friends and relatives.

All three were back-seat passengers in a 1990 Plymouth Sundance driven by 21-year-old **Chrysti McIntosh** of Anchorage, Jackson said. Stuart's girlfriend, 21-year-old Brandy Smith, was riding in the front seat as the five friends left a party and headed north on C Street.

At the O'Malley intersection, the Plymouth went through the flashing red light, Jackson said. Just then, a 1970 GMC truck was going east on O'Malley and never slowed down at the flashing yellow light.

"People don't pay attention to yellow lights," Jackson said. "Or they figure it means to speed up."

The truck broadsided the compact car and spun it around. Stuart, Crawford and Warriner were ejected through the back window and landed well beyond the intersection, Jackson said. All three apparently weren't wearing seat belts and died instantly.

**McIntosh** was unconscious at the wheel, and rescuers didn't think she would make it, Jackson said. Sunday evening at Providence, **McIntosh** was listed in serious



condition with possible internal injuries, said nursing supervisor Karen Edmondson. Smith was listed in fair condition.

The truck occupants, both of Anchorage, were identified as Allison Enters, 31, and Darren Forth, 23. Enters was listed in satisfactory condition at Providence; Forth was treated and released. It was unclear who was driving, police said.

Police are completing their investigation before deciding whether to cite or arrest anyone. They are looking for any witnesses to the accident.

Jackson said he didn't know how fast the vehicles were going when they collided. But there were no skid marks at the accident scene, indicating neither vehicle used its brakes. "I don't believe either driver saw the other," Jackson said.

Friends and relatives were trying to cope with the deaths Sunday afternoon while working out funeral arrangements.

Crawford, who was a longtime friend of Stuart's, loved airplanes and music since childhood, according to his mother, Alice Crawford. Since he was 10, he was fascinated with planes and finally started taking air traffic controller courses at University of Alaska Anchorage last year, his mother said.

He was the second of three children. "He was my only son," Alice Crawford said.

Music was also Stuart's passion, and he played bass for an Anchorage rock band, 36 Crazy Fists. Last Thursday, the band opened for the popular group Primus at the downtown Egan Center, said his mother, Charlotte Phelps.

"Everyone knew and loved JD; he was a brilliant musician," Phelps said. "I not only lost my own son, I lost another son with George. So many people are affected by this. It's a tragedy from so many different directions."

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Anchorage Daily News (AK)  
December 20, 1996  
Section: Metro  
Edition: Final  
Page: B1

2010 edition

## THREE DEATHS BRING MANSLAUGHTER CHARGES FOR DRIVER

**Ron McGee**  
Daily News Reporter  
Staff

A driver whose three passengers were killed in a collision this summer on O'Malley Road was charged with three counts of manslaughter Thursday. Both drivers in the two-vehicle accident were charged with drunken driving, according to court documents.

"This is a tragedy for a young woman with no criminal history and a tragedy for the families of the people who died," Assistant District Attorney Steve Branchflower said. "You think it could never happen to you, but it does."

Three friends of **Chrysti Anne McIntosh** were killed when she disregarded a flashing red light on O'Malley Road at C Street and her car collided with a pickup truck, according to an affidavit by Anchorage police officer Everett Robbins.

**McIntosh**, 20, had consumed five or six beers at a party before she and four passengers piled into her 1990 Plymouth Sundance, the affidavit said. **McIntosh** had a blood alcohol level of .135 about 30 minutes after the June 16 collision, the document said. Drivers with a blood alcohol level of .10 or above are presumed intoxicated in Alaska. The pickup driver, Darin T. Forth, did not slow down for a flashing yellow light in the intersection, the affidavit said. Forth, 23, had a blood alcohol level of .232 a little more than an hour after the collision, the sworn statement said.

**McIntosh** was charged with three counts of manslaughter, two counts of assault, driving while intoxicated and possession of alcohol by a minor. Three of **McIntosh's** passengers, -- John-David "JD" Stuart, 23; George W. Crawford, 22; and Carrie E. Warriner, 19 -- were killed when they were thrown from the rear hatchback, police said.

Brandy Smith, a passenger in **McIntosh's** front seat, suffered a fractured leg and multiple cuts and bruises to the face and chest, the affidavit said. **McIntosh** sustained injuries to the liver, spleen, left kidney, ribs and vertebrae in the collision.

Forth was charged Thursday with driving while intoxicated. Forth, who was convicted of driving while intoxicated in 1993, moved to Florida after the collision, A warrant has been issued for his arrest, Branchflower said.

A summons was issued Thursday for **McIntosh**, who now lives in Kenai, he said.

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### **“Every 15 Minutes” 2009 Memorial Service**

- Processional .....lead by NJROTC Color Guard
- Welcome .....Cary Carrigan
- Letter to parent ..... CHS Student
- Letter to parent ..... CHS Student
- Letter to child ..... CHS Parent
- Letter to child ..... CHS Parent
- Guest speaker ..... Mike B.
- Closing Remarks .....Officer Shackelford

Recessional

*We ask that you refrain from talking during this service. Thank you.  
Counselors and chaplains are available throughout the day.*



2008

**MICHAEL BUCKINGHAM**

PO Box 103  
Enumclaw, Washington State  
USA 98022  
Phone: 253-856-5887  
Email: [mbuckingham@ci.kent.wa.us](mailto:mbuckingham@ci.kent.wa.us)

**Topic – Impaired Driving, Speed and Seat Belt Safety**

*Do you really know how impaired driving can affect your life? Michael Buckingham knows what it 's like to be pinned inside a blazing car - the victim of an impaired driver - and what it 's like to cope with the aftermath.*

Do most of us really know how impaired driving can affect our life? Michael Buckingham does. Michael's career as a state trooper with the Washington State Patrol ended when he suffered terrible injuries in a crash caused by impaired driving. Michael has the right to ask each and every one of us to do whatever we can to prevent impaired driving crashes.

Michael is a powerful speaker. He uses a combination of humour and often gut-wrenching realism to take his audience through his crash. Michael has first-hand knowledge of the pain - emotional as well as physical - that such a crash leaves in its wake. By the time he's finished, you will agree with his message of "zero tolerance for impaired driving."

*Michael is a strong advocate of proper use of safety devices. The failure of his seat belt left him pinned inside a blazing vehicle, unconscious. It almost cost him his life.*

Michael's dynamic, upbeat presentation inspires the members of his audience to become champions of safer road use in their own lives.

Michael is a strong advocate of proper use of safety devices. The failure of his seat belt left him pinned inside a blazing vehicle, unconscious. It almost cost him his life. Michael 's dynamic, upbeat presentation inspires the members of his audience to become champions of safer road use in their own lives.



## SPONSORSHIP LETTER 2006

Chugiak High School has embarked on a mission...becoming the pilot school of a very powerful program called *Every 15 Minutes*. This two-day docu-drama will provide our students with a hard-hitting, realistic dramatization of the aftermath of a fatal alcohol-related car crash. We will challenge our students to think about drinking, personal safety, and the responsibility of making mature decisions when lives are involved.

The program will be held on April 18 and 19, 2006 at Chugiak High School, right before Prom. It is designed to create awareness among students that they are not invincible and allows them to experience first hand how their actions affect the lives of so many others. After participating in the *Every 15 Minutes* program, our hope is that Chugiak students will be less likely to drive after drinking and less likely to be passengers in the car with someone who has been.

For this program to be successful, we need your help! Please partner with us as we attempt to save our children from making potentially life-altering decisions. There are so many ways you can assist us; through the gift of your time, money, or donation of company services.

Please contact Officer Wendi Shackelford or Ms. Kathy Vik if you would like to partner with the students and staff at Chugiak High School. For your financial records, the tax identification number for the Chugiak High School FCCLA program is **92-6002883**.

Thank you in advance for any considerations made in helping us help our students make it to their futures!

### Chugiak High School Contacts

Wendi Shackelford  
Phone: 907-742-3219  
Email: [wshackelford@muni.org](mailto:wshackelford@muni.org)

Kathy Vik  
Phone: 907-742-3239  
Email: [vik\\_kathleen@asdk12.org](mailto:vik_kathleen@asdk12.org)

For more information: [www.asdk12.org/schools/chugiak/pages](http://www.asdk12.org/schools/chugiak/pages)



## **SPONSORSHIP LEVELS 2006**

### **Recognition Levels for *Every 15 Minutes* Program Hospitality & Recognition Committee**

The *Every 15 Minutes* program aims to raise student awareness on the dangerous consequences associated with drinking alcohol through a real-life experience without the real-life risks. Through the generous support of our sponsors, we will be able to deliver this powerful message to our teens.

As sponsors for the 2005-2006 *Every 15 Minutes* docu-drama at Chugiak High School, special recognition will be acknowledged for your support. Supporting organizations will be recognized in school publications, program flyers, T-shirts and media releases. In addition to this a variety of sponsorship levels have also been established to recognize key sponsors:

Platinum Horseshoe Sponsor	up to \$2,500
Gold Horseshoe Sponsor	up to \$2,000
Silver Horseshoe Sponsor	up to \$1,500
Bronze Horseshoe Sponsor	up to \$1,000
Mustang Sponsor	up to \$500
Colt Sponsor	up to \$250

Donations include financial contributions and/or in-kind donations. THANK YOU!



## Every 15 Minutes Sponsorship Form

The *Every 15 Minutes* program aims to raise student awareness on the dangerous consequences associated with drinking alcohol through a real-life experience without the real-life risks. Through the generous support of our sponsors, we will be able to deliver this powerful message to our teens.

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- \_\_\_\_\_ PLATINUM Horseshoe Sponsor . . . . .Up to \$2500
- \_\_\_\_\_ GOLD Horseshoe Sponsor . . . . .Up to \$2000
- \_\_\_\_\_ SILVER Horseshoe Sponsor. . . . . Up to \$1500
- \_\_\_\_\_ BRONZE Horseshoe Sponsorship . . . Up to \$1000
- \_\_\_\_\_ Mustang Sponsor . . . . .Up to \$500
- \_\_\_\_\_ Colt Sponsor . . . . .Up to \$250
- \_\_\_\_\_ Sorry, we will not be able to sponsor Every15 Minutes this year; but wish your program much success.

DONATIONS include Monetary/In-Kind/Time/Materials—Thank you!  
Please chose your level of sponsorship above—and provide us the following information:

Company Name \_\_\_\_\_  
 Company Contact \_\_\_\_\_  
 Phone \_\_\_\_\_ Fax \_\_\_\_\_ Email \_\_\_\_\_  
 Address: \_\_\_\_\_

Please Return completed form to:

Wendi Shackelford  
 Sponsorship Chairperson



**CHS Every 15 Minutes**  
 C/O Chugiak High School  
 16525 S Birchwood Loop  
 Chugiak, Alaska 99567  
[www.asdk12.org/schools/chugiak/pages](http://www.asdk12.org/schools/chugiak/pages)



**DONATIONS LIST 2009**

Organization	Contact Name	Phone #	Mailing Address	Donation	Recognition
AIM Alaska Integrated Media	Matt Duncan Cary Carrigan		4700 Business Park Blvd. Bldg. E, Ste. 44A, Anchorage, AK 99503	Radio Media Airtime Emcee	framed certificate
AK Highway Safety	Cindy Cashen			Travel, lodging, and transport for keynote	Lg. Plaque
Alaska Police Chaplains Ministry					Lg. Plaque
Anchorage Medical Examiners Office					Lg. Plaque
Anchorage Police Dept.	Mindy McCulley, Impounds Linda Rodriguez, Dispatch			Junked Cars (2)	Lg. Plaque
APDEA	Marlene Lammers			\$1,000	Lg. Plaque
Asst. District Attorney Kat Runnels					framed certificate
Aurora Transportation Services	Lea Campbell			Junked Cars -- Towed Crash Vehicles to CVFD and from CHS	
BAC Limousine	Charlie Grimm			Limousine Service	Framed certificate
Betty Burke			22649 McManus Drive Chugiak, AK 99567	Nurse at retreat	certificate
Brian Griggs				Retreat Activity coordinator	certificate



Organization	Contact Name	Phone #	Mailing Address	Donation	Recognition
Brian Webb				Moulage Makeup artist	Sm. Plaque
Bruce Clark Allstate				\$50.00	Framed certificate
Builders Millwork & Supply				Pencils/Pens	certificate
Caleb Bowers	CHS (student aide for Mr. Kasemodel)			"Tech person"	certificate
Change Point Church	Bryan Underwood, Events Director		6689 ChangePoint Drive, Anchorage, AK 99518	Black back drop curtain	Sm. Plaque
China Lights	Tay Tbon		12110 Business Blvd. Eagle River 99577	(2) \$20 Gift Cards	certificate
Chugiak Volunteer Fire Department	Virginia McMichael				Lg. Plaque
Cold Stone Creamery				20 coupons for treats	framed certificate
Costco	Kristy Brown		DeBarr Rd., Anchorage, AK	\$50 gift certificate	framed certificate
Credit Union One			11544 Business Blvd., Eagle River, AK 99577	300 Pens	framed certificate
Defense Attorney Mike Logan					certificate





Organization	Contact Name	Phone #	Mailing Address	Donation	Recognition
Dimond Parking	Patrick Hope			Parking Passes for Court	certificate
Forsythe Transportation				Bus to retreat	certificate
Garcias			Valley River Center, Eagle River, AK 99577	Chips & Salsa	certificate
Great Alaska Pizza Co.			11432 Business Blvd. #14 , Eagle River, AK 99577	10 Pizzas	framed certificate
Heather Edgren				Tombstones	certificate
Jansen Funeral Homes	Jordan Eastman			Coffin and Hearse	Lg. Plaque
Judge Philip Volland					certificate
Judicial Services Officers	Dan Shepard & Sgt. Kozloff				(2) Sm. Plaque
Kristopher Wagoner				CD music for memorial service	Certificate
Life Touch Studios	Al George & Sarah Dale		360 Boniface Pkwy. , Suite A-5, Anchorage, AK 99504	Student Photos	Sm. Plaque



Organization	Contact Name	Phone #	Mailing Address	Donation	Recognition
McDonald's	Kathy & Kelly		Eagle River	25 coupons for sandwiches	framed certificate
Medical Examiner's Office	Laury Bye, Jessie Whitton, Stephen Hoag (Supervisor)			Coroner's Van & Staff	Sm. Plaque
Mike Buckingham				Key Note Speaker	Lg. Plaque
Military Recruiter			Northway Mall	400 Lanyards, water bottles, coffee mugs	framed certificate
Municipality of Anchorage	Jennifer Messick				framed certificate
NJROTC	Top Dill & Roy Hooper		CHS	Greeting & passing out programs as well as being Pall Bearers	framed certificate
Oopsie Daisy	Meredith Abbett		12812 Old Glenn Hwy, Eagle River, AK 99577	Memorial Wreath	framed certificate
Our Redeemer Lutheran Church			18444 Old Glenn Hwy, Eagle River, AK 99577	Cookies	certificate
Papa Murphy's Pizza			13331 Old Glenn Hwy., Eagle River, AK 99577	10 Pizzas	framed certificate
Providence Hospital	4-5 RN's to be determined later			Help run the traumas that come to the hospital	Lg. Plaque



Organization	Contact Name	Phone #	Mailing Address	Donation	Recognition
Providence Hospital	Bridget Roughneen, ED Educational Director			Help run the traumas that come to the hospital	
Providence Hospital	Bruce Weiss, Clinical Sup. Dr. Kathy McCue		3200 Providence Dr., Anchorage, AK	Help run the traumas that come to the hospital	
Providence Hospital	Roamy Kilmer, Trauma Department Data			Help run the traumas that come to the hospital	
Sam's Club	Jamie Albeson		Penland Pkwy, Anchorage, AK		
Starbuck's	Faith		16707 Coronado, Eagle River, AK 99577	5 gallons of coffee	framed certificate
State Farm	Steve Pifer			FCCLA Grant 2008 T-Shirts	framed certificate
Student Government	Doug Wall		CHS	students delivering notices to nearby homes	certificate
Subway	Chris Wilson		4228 Laurel St , Anchorage, AK 99508	Sandwich Platters and 200 Participants' Coupons	Lg. Plaque
Tati Broadcasting	Matt Duncan			Radio Air Time	
The Printer	Baxter Gambell		2415 Spenard Rd., Anchorage , AK	Banner (reduced cost)	certificate

Organization	Contact Name	Phone #	Mailing Address	Donation	Recognition
Todd Hemmert				Grim Reaper	framed certificate
UAA - Videography	red bradley			Video	Lg. Plaque
United Methodist Church of Chugiak	Pastor Carlo Rapanut		P.O. Box 670909, Chugiak, AK 99567	Retreat facility	Lg. Plaque
Warning Lights of Alaska, Inc.	Roxanne Wilson, Manager		591 W. 67th Ave., Anchorage, AK 99518	100 Orange Cones, 12 Orange Drums	Sm. Plaque



## EVERY 15 MINUTES PROGRAM SUPPLIES

These items were donated or purchased to carry out the EFM program. The sources or the supplies are listed when they were donated:

- |     |   |                               |
|-----|---|-------------------------------|
| 1.  | 200 Nametags  | Chugiak High School           |
| 2.  | 30 - 8x10 Picture Frames  | Chugiak High School           |
| 3.  | 8x10 Color Pictures of Walking Dead /Crash Victims  | LifeTouch Pictures            |
| 4.  | 8x10 Color Copies of Pictures for folders of Walking Dead   | donated Shackelford           |
| 5.  | MADD Name Tags for Student Participants   | \$100 donated Vik/Shackelford |
| 6.  | Cardstock- nametags & phone cards   | 100 sheets- Vik               |
| 7.  | Parchment Paper- 150 Certificates   | Donated Shackelford           |
| 8.  | 120 Postage Stamps for Thanks You Notes & Invitations for Celebration   | Chugiak High School           |
| 9.  | 4 Large Sheets of Foam Board for Movie Screen   | Chugiak High Security         |
| 10. | 100 White T Shirts – EPI Company (\$3.29ea)   | AK Injury Prevention Center   |
| 11. | 50 Black T Shirts- EPI Walking Dead/Crash   | MADD/DARE                     |
| 12. | 175 Thank You Cards- Parchment Paper  | Donated Vik                   |
| 13. | 175 Envelopes   | Chugiak High School           |
| 14. | 50 Votive candles and candle holders  | Michael's/Paid Vik            |
| 15. | 50 Resume Paper for Parent Letters  | Donated Uehling               |
| 16. | Drama Makeup for Crash  | \$92.50                       |
| 17. | Food Donations:   |                               |
|     | Hospitality Room:   |                               |
|     | Subway Alaska- 4 Party Platters   | Subway donations              |
|     | 6 Cases Water   | Costco Donation               |
|     | 8 Pizzas  | Chugiak High School           |
|     | Cookies and Breads  | Chugiak Staff                 |
|     | Purchased Foods:  | \$113 Costco                  |
|     | 3 cases soda, 2 fruit trays, bananas, 50 bags chips, 2 boxes cookies, rice krispie bars, Go Gurt (yogurts), bagels, 2 doz muffins, 4 gal juice, plates silver, cups |                               |
| 18. | Refreshments were served at every General Meeting EFM   | Donated Kathy Vik             |
| 19. | Food for retreat  | APDEA                         |



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## **EFM VOLUNTEERS, PARTICIPANTS, AND SUPPORTERS - 2006**

### APD officers

Chief Walt Monegan  
DC Rob Heun  
DC Audie Holloway  
Lt Paul Honeman  
Sgt Denny Allen  
Tyler Sutcliffe  
Natasha Welch  
John Bennett  
Dwyane Jones  
Jane Lowery  
Doug Fifer  
John Goetz  
Steve Boltz  
Justin Hadley  
Amanda Patton  
Terry Symonds  
Cindy Tanaka  
Rob Lund

### APD dispatch

Lt. Randy Carroll  
Sgt. Richard Stouff  
Jennifer Rego  
Karen Harper  
Lilly Provenzano  
Lizz Daniel  
Joe Lindberg  
Pam Provost  
Officer Much  
Officer Sutcliffe

### Airport Police

Sherri Daigle

### AST

Lt. Brandon Anderson  
Justin Freeman  
Greg Wilkinson

### ACPM Chaplains

Bert McQueen  
Victor Marbury  
Debra Waltman  
Boyd Waltman  
Barb Fortin  
Denys Stumpf  
Mike Massey



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Spiritual support

Martin Eldred

Legal/Court

Judge Morgan Christen

DA John Novak

Lance Wells

JS Ofcr Dan Shepard

JS Ofcr Paul Bulawa

Lt. Nelson Ballard

Patrick Hope (parking garage)

Retreat

United Methodist Church of Chugiak

Linda Flegle

Tim Shearer

Paul Merkel

Linda Shepard

Jane Quinn

Rachel Smith

Janet Runyan

John Conroy

Colette Marshall

Duncan Shackelford

Brian Griggs

Crash

Pat Wilson

Mindy McCulley

Tod Hemmert

Wendi Shackelford

Brian Webb

Beth Connor

Captain Bill Miller (AFD)

Wanda Miller

Anurag Ambasht

Marti Erickson

Michael DeTerra

Aurora Towing

Ken Cramer

Chugiak Volunteer Fire Department

Chief Bruce Bartley

Asst Chief Virginia McMichael

Jordan Scully

Mike Witman

Mike Riley

John Della Croce

Gary Davis



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Mike Fassler  
Paul Rochford  
Kathy Griffin  
James Hales  
Jesi Love  
Nicole Quist  
Honnen McLeod  
Kyle Stangl  
Misha Bogart  
JJ Schramm  
Brett Thompson  
Brad Shephard

Providence Hospital

Carrie Doyle  
ER Doctors and staff

EAFB

Capt Laura Turner  
Mike Manning  
John Martin  
Robert Register  
Michael Heider  
Steve Burris  
Angela Mahan  
Brandon Raanes  
Leah Kuipers  
James Richardson  
Jacob Fejeran  
Cliff Cook  
Chris Hendrix  
Stephen Matthews

Kulis Air National Guard

Capt Gregg Laird  
210 Rescue Squadron

AK Army National Guard/Army Reserves

Major Haller  
Ken Frankhauser  
Public Affairs Division  
Russell Overman  
Jerrick Lien  
Joey Lewis  
Jeff Bogle  
Tim Rhoades  
Zachary Gill  
James McIlmail



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Videography

Teena Calkin  
Sam Brewer  
Janet Northey  
Jessica Hansen  
Robert Schnell  
Amanda Seal  
Jason Murphy

Assembly

Leha Uehling  
CHS NJROTC  
Top Dill  
Roy Hooper  
Ethan Carrico  
Paul Eldred  
Charlotte Phelps  
Chrysti Brevogel  
Rick Worland

CHS Student Staff

Matt Cook  
Rae Shearer  
Becca Currey  
Ellen Hackenmueller  
Becca Urbanovsky  
Brittany Pickens  
Ashley Martinez  
Brittany Hemmert  
Will Harrison  
Zach Morgan  
Kati Galligan  
Brittney Norby  
Christine Cloudy  
Derya Kelter  
Lindsay Dyal  
Kassie Lawrence  
April Chaney  
Ashley Hiestand  
Michaela Morrison  
Carrie VanBakel  
Shauna Moore  
Heather Lipscomb  
Rachel Boyer  
Lillian Yi  
Rachel Burns





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KCC Student Staff

Sara Andriannsens  
Sarah Beaulieu  
Casey Wetham  
Justin Dowell

Media

Channel 13 News

Bianca Slota  
Nick Swann

KSKA 91.1 FM

Len Anderson

Alaska STAR

Tony Bickert  
Mary Rall  
Amy Armstrong  
Dan Shepard  
David Morse

Anchorage School District

Heidi Embley  
Roger Miller

Channel 2 News

Rebecca Palsha

Financial/materials support

DARE Alaska Inc

Naomi Sweetman

MADD Alaska Chapter

Marti Greeson

Alaska Injury Prevention Center (AIPC)

Beth Schuerman

Anchorage Police Department Employees Association (APDEA)

Chugiak Volunteer Fire & Rescue Inc

Alaska USA

Costco

Oopsie Daisy

Warning Lights of Alaska

Roxanne Wilson

Life Touch

Al George  
Sarah Dale

Educational Products Inc

Matt McDaris

Change Point Church

Blondie's Coffee Company



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Walking Dead/Crash victims

Sarah Borden  
Kori Radcliffe  
David Harbison  
Christine Flegle  
Samantha Dubin  
Kate Simeon  
Haley Hutchins  
Amanda Hesser  
Brittney Bruce  
Cheyenne Walsh  
Kara LaRue  
Brooke Hanes  
Kaylee Franken  
Matt Devlin  
Aric Daves  
Ashley Moser  
Danielle Maynard  
Caroline Wright  
Caitlyn Hopper  
Madison Alger  
Tiffany Dean  
Eric Pinard-Janisch  
Tamisha Hadley  
Ailee Wood  
Jessica Long  
Meghan McDonald  
Michael Pannone

Hospitality

Kathy Vik

Other

Ed Loescher  
Rick Volk  
Carol Comeau  
Heather Edgren  
Lori Veldhuis  
ER Chamber of Commerce



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## **EFM VOLUNTEERS, PARTICIPANTS, AND SUPPORTERS – 2009**

### ANCHORAGE SCHOOL DISTRICT

- Carol Comeau – Superintendent
- Rick Volk – Principal Chugiak High School
- Colette Marshall – AP Chugiak High School
- Leha Uehling – EFM committee co-chair
- Kathleen Vik – EFM committee co-chair
- Duncan Shackelford – student chaperone
- Staff at Chugiak High School

### CAR CRASH ROLE PLAYERS

#### CHS STUDENTS

- Colton Graham – 911 caller
- Molly Devlin – drunk driver
- Shannon Lace – victim passenger
- Amanda Landon – victim passenger
- Victoria Lomen – victim driver
- Kayla Murphy – victim passenger
- Vennessa Spurling – victim passenger
- Chris Wood – victim passenger

### WALKING DEAD ROLE PLAYERS

#### CHS STUDENTS

- April Chaney
- Mandy Clifton
- Tyler Greensfelder
- Kimberly Holmquist
- Caitlin Keith
- Amanda Lewis
- Victoria McCleskey
- Madison Miller
- Melissa Nelson
- Alex Rearick
- Justin Stantorf
- Kayleigh Vergnetti

### ANCHORAGE POLICE DEPARTMENT

Chief Rob Heun  
Lt. Myron Fanning  
Sgt. Denise Rollins  
Officer Cindy Addington  
Officer John Bennett  
Officer Brad Clark



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Officer John Goetz  
Officer Justin Hadley  
Officer Dwyane Jones  
Officer Rob Lund  
Officer Kristi Mercer  
Officer Cody Musgrave  
Officer Wendi Shackelford  
Officer Cindy Tanaka  
Officer Gary Winborg  
Officer Ben Yoon

#### EMS/FIRE DEPARTMENT

Chugiak Volunteer Fire Department  
Chief Bruce Bartley  
Asst Chief Virginia McMichael  
Responding CVFD personnel  
Junior volunteer Caleb Pruitt  
Junior volunteer Hailee Gillespie

#### CAR CRASH

APD impounds

- Supervisor Mindy McCulley

Aurora Towing

- Lea Campbell

Warning Lights of Alaska

- Roxanne Wilson

Providence Hospital

- Bruce Weiss

State of Alaska Medical Examiner's office

- Stephen Hoage
- Lawrence Bye
- Jessi Whittom

Tod Hemmert – Grim Reaper

Kulis AFB – perimeter security

- Tech Sergeant Patricia Ashcraft

Alaska Police Chaplains Ministry

- Chaplain Bert McQueen
- Chaplain Barb Fortin
- Chaplain Paul McGee
- Chaplain Patricia Ray
- Chaplain Lisa Thorstad

APD Dispatch – 911 call

- Sergeant Pablo Paiz
- Communications Clerk III Linda Rodriguez
- Dispatcher Margie Bahr



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- Dispatcher Eric Anderson

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### COURT

Judge Phillip Volland

Assistant District Attorney Katholyn Runnels

Defense Attorney Mike Logue

Teena Calkin – teacher King Career Center

Alaska State Troopers – Judicial Services

- Sergeant Henry Kozloff
- Officer Dan Shepard
- Officer Paul Bulawa

Diamond Parking

- Patrick Hope

### STILL PHOTOGRAPHY

Scott Minor – Fitzgerald Photography

Dan Shepard – Moonlight Photography

Mike Swanson – APD photo lab

Life Touch Photography

- Al George
- Sarah Dale

### VIDEOGRAPHY

red bradley - instructor

UAA videography students

- Lee Blanton
- John Norris
- Katrina Grimwood
- Mike Lord
- Erin Reed
- Tyler Kleven
- Carly Schreck

### TRANSPORTATION

BAC Limousines

- Charlie Grimm

### MAKE UP

Brian Webb



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### RETREAT

United Methodist Church of Chugiak  
Forsythe Transportation

- Jo Ellen Kirk

Betty Burke – nurse

Brian Griggs

Victoria Bledsoe

Mrs. Bledsoe

Speakers

- Mike Buckingham – DUI victim
- Paul Merkel – DUI offender

Chaperones

- Karen Aleksa
- Aric Daves
- Carol Eby
- Adam Jensen
- Keri Lierman
- Kris Wagoner

### MEMORIAL SERVICE

Janssen Funeral homes

- Jordan Eastman
- Rich Klingeman

Chugiak High School NJROTC

- Master Sergeant Top Dill
- Chief Warrant Officer Roy Hooper

Mike Buckingham – guest speaker

Alaska Integrated Media

- Matt Duncan
- Cary Carrigan - emcee
- Kathy Phillips

Oopsie Daisy

The Printer

Caleb Bowers

Heather Edgren

### DONATIONS

Builders Millwork & Supply

Change Point Church

China Lights

Cold Stone Creamery

Costco

Credit Union One

Garcias Cantina

Great Alaska Pizza Company

McDonald's – Eagle River



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Papa Murphy's Pizza  
Our Redeemer Lutheran Church  
Sam's Club  
Starbuck's  
State Farm  
Subway

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**CELEBRATION OF LIFE PROGRAM**

**Celebration of Life**  
 Every 15 Minutes  
 Chugiak High School  
 May 15, 2006

5:30 PM	<b>Dinner</b>	<i>Courtyard</i>
	Guests gather, sign the memory book, and eat dinner	
6:30 PM	<b>EFM Program</b> – Officer Shackelford	<i>Cafeteria</i>
	Slide show, pictures, and program success stories	
7:00 PM	<b>Reflections</b> – Uehling & Vik	<i>Cafeteria</i>
	Parents, students, and participants are invited to share their thoughts on EFM	
	<i>*Sign Up with Ms. Uehling or Ms. Vik</i>	
7:30 PM	<b>Award Presentations</b> – Uehling, Vik, & Shackelford	<i>Cafeteria</i>
	Presentation to sponsors, organizers, and participants	





## CELEBRATION OF LIFE AWARDS

May 15, 2006

### Award Presentations: Small Plaques

1. **Brian Webb:** Make-up for crash victims and Walking Dead
2. **Paul Merkel:** Speaker for the retreat on the consequences of drinking and driving
3. **Tod Hemmert:** Committee Chair of Death Notification/ Grim Reaper
4. **Linda Flegle:** Retreat Committee and Crash Victim Parent
5. **Brian Griggs:** Activities coordinator and facilitator for Retreat
6. **Justin Freeman:** Made DVD for the Memorial service overnight
7. **Lt. Paul Honeman:** APD spokesperson
8. **Sherry Daigle:** Airport Police/videography
9. **Teena Calkin:** chairman of Legal support, Counseling and Media Committees
10. **Mindy McCulley:** APD, Crash site committee, officer notification
11. **Pat Wilson:** Committee Chair for Crash Site
12. **Costco:** Donna, food for the hospitality room
13. **Bruce Clark All State Insurance:** \$100 donation
14. **Tim Shearer:** Committee Chair for the Retreat
15. **Judge Morgan Christen:** Courtroom Judge for arraignment and sentencing of Intoxicated Driver
16. **Assistant District Attorney John Novak:** Prosecutor for trial
17. **Attorney Lance Wells:** Defense attorney for trial
18. **Medical Examiner Ken Cramer:** removal of "dead" bodies
19. **Rick Worland:** Anchorage Funeral Home; donation of casket
20. **Lifetouch Photo:** 8x10 color pictures of Walking Dead and Crash Victims
21. **Charlotte Phelps:** Guest Speaker at Memorial Service
22. **Chrysti Brevogel:** Guest Speaker at the Memorial Service
23. **APD Dispatch:** Prepared 911 school wide announcement
24. **Alaska State Troopers JS Dan Shepard:** photographer and program support
25. **Chugiak NJROTC - TOP Dill and WO Hooper:** Provided pall bearers and Memorial service ushers
26. **Lt. Brandon Anderson:** speaker for retreat
27. **Alaska Police Chaplains Ministry:** provided emotional support for all staff and participants
28. **Ed Loescher:** teacher, AV support for EFM
29. **Warning Lights of Alaska:** barricades for crash scene

**Award Presentations: Large Plaques**

1. **United Methodist Church of Chugiak: Pastor Steve Lambert**  
Provided an overnight retreat location for EFM students
2. **Alaska Army National Guard: Russell Overman**  
Provided security for accident perimeter
3. **Alaska State Troopers: Public Affairs**  
Presenter for the EFM retreat; crash photographers, and day 1 video production
4. **Alaska USA Federal Credit Union**  
Donated \$250.00 for program development
5. **Anchorage Police Department Employees Association (APDEA)**  
Donated \$1000.00 to support EFM
6. **DARE Alaska Inc.**  
Donated \$500.00 for black Walking Dead T Shirts
7. **MADD: Marti Greeson**  
Donated \$500.00 for black Walking Dead T Shirts
8. **Chugiak Volunteer Fire and Rescue Department: Chief Bruce Bartley**  
Donated \$300.00 & provided emergency responders at crash site
9. **Providence Hospital ER Staff: Carrie Doyle**  
Provided emergency medical treatment at the hospital for crash victims
10. **Kulis Air National Guard: Capt. Gregg Laird**  
Helicopter pickup of injured student and transport to Providence
11. **Mr. Rick Volk: Principal Chugiak High School**  
Administrative support at Chugiak for EFM
12. **Elmendorf Air Force Base: Capt. Laura Turner**  
Volunteers and security at crash scene
13. **Alaska Injury Prevention: Beth Schuerman**  
\$350.00 donation for EFM white T Shirts
14. **Program Chairwomen: Shackelford , Uehling, and Vik**



# CHUGIAK HIGH SCHOOL

EVERY 15 MINUTES  
**EVERY 15 MINUTES**

● ADDENDUMS ●



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## HOSPITAL ADULT CHAPERONE ITINERARY 2009

Equipment needed:

- Money for lunch for self (and any kids who forgot their \$20)
- Fully charged cell phone

CHS students accompanying fire personnel:

- Shannon Lace
- Victoria Lomen
- Kayla Murphy
- Vennessa Spurling
- Chris Wood

UAA Videographer accompanying fire personnel:

- Lee Blanton - *phone*

UAA Videographer following fire personnel:

- Carly Schreck - *phone*

Timeline:

- 9:10 AM Car crash in east parking lot
- 9:35 AM Chugiak Volunteer Fire Department (CVFD) arrives
- **make sure you stay close to the crash scene b/c you will be riding in the CVFD command rig with Virginia McMichael and the injured kids to Providence Hospital**
- 9:50 AM Tentative departure of CVFD ambulance
- 10:15 AM Tentative arrival at Providence Hospital
- 11:50 AM Lunch at Providence Hospital cafeteria
- 12:30 PM Pick up by B.A.C. Hummer limousine @ Emergency Room exit



BAC Limousine and Bus Service  
 RO: Charlie Grimm

<p><b>Mailing Address:</b></p> <p>Bac Limo and Bus Service        P.O. Box 243742        Anchorage AK 99524 99524</p>	<p><b>Telephone:</b></p> <p>Toll Free: (866) 589-5466        Fax: (907) 245-4511        Local:(907) 222-2600</p>
<p><b>Physical Address:</b></p> <p>660 West 54th Ave.        Anchorage, AK 99518</p>	<p><b>Email:</b></p> <p><a href="mailto:info@baclimoandbus.com">info@baclimoandbus.com</a></p>

- 1:15 PM Tentative arrival at CHS
  - All EFM Students report straight to room 62
  
- 5:00 PM report to Chugiak United Methodist Church for culinary duties



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## **VIDEOGRAPHY ASSIGNMENTS – 2009**

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### MANDATORY:

#### **1. CRASH SCENE: 0900 to 1015 hours**

- Location: Chugiak High School
  - 16525 South Birchwood Loop
- Parent identification of dead student at scene
- Medical Examiner's arrival and actions

#### **2. COURTHOUSE: 1100 to 1230 hours**

- Location: Nesbitt Courthouse
  - a. 825 West 4<sup>th</sup> Avenue, courtroom 501 with Judge Philip Volland
- Courtroom scenario
  - a. DUI processing at the Fourth Avenue APD Substation
  - b. Jail cell
  - c. Arraignment
  - d. Sentencing
  - e. Victim impact statements
  - f. Defendant statement

#### **3. EMERGENCY ROOM: 1000 to 1230 hours**

- Location: Providence Hospital Emergency Room
  - 3200 Providence Drive

### OPTIONAL:

- Walking Dead classroom notifications 0730 to 1300
- Medical Examiner's office, Boniface and Tudor

### RECOMMENDATIONS:

- At least 1 videographer accompany Officer Musgrave with the DUI driver
  - Origin: Chugiak HS
- At least 1 videographer at the hospital
  - Origin: follow one of the Chugiak Volunteer FD rigs from CHS *OR* meet the victims (and their parent) at the hospital
- At least 1 additional videographer at the courthouse (2 total, including the one with Officer Musgrave)
- At least 1 videographer with Officers Jones or Addington doing parent notifications (in Eagle River/Chugiak)



- At least 1 videographer with Officers Goetz or Bennett doing classroom notifications
  - Origin: Chugiak HS

**GOAL:** To create a 5 minute DVD of the Tuesday, April 21<sup>st</sup> activities which will be played in the Memorial Assembly on Wednesday, April 22<sup>nd</sup> at the Chugiak High School gymnasium to 1,300 students.



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## VIDEOGRAPHY TEAM ITINERARY – 2009

### Chugiak High School

16525 South Birchwood Loop

New Glenn Highway at South Birchwood off ramp

Office: 742-3056

#### 1. Report: 7:00 AM @ Chugiak High School

- red bradley                    *phone*
- John Norris                    *phone*
- Lee Blanton                    *phone*

Lee BLANTON's role:

- 7:30 - 9:00 AM            Walking Dead in classrooms
- 9:10 AM                    Crash scene
- 9:50 AM                    Depart **WITH** Chugiak Volunteer Fire personnel to Providence Hospital
  - **make sure you stay close to the crash scene b/c you will be riding in fire vehicle with the injured kids to Providence Hospital**

John NORRIS' role:

- 7:30 - 9:00 AM            Walking Dead in classrooms
- 9:10 AM                    Crash scene
- 9:40 AM                    Depart **WITH** Officer MUSGRAVE for DUI and court
  - **make sure you stay close to the crash scene b/c you will be riding with Officer Musgrave to court**

#### 2. Report: 7:00 AM @ Chugiak High School

- Mike Lord                    *phone*

Mike LORD's role:

- 7:15 AM                    depart **WITH** Officer D. JONES for parent notifications
- 1:00 PM                    return to Chugiak High School





**Nesbitt (new) Courthouse**  
825 West 4<sup>th</sup> Avenue  
Court room 501

**Medical Examiner's Office**  
Tudor and Boniface  
Office: 334-2200

**Providence Hospital Emergency Room**  
3200 Providence Drive  
Office: 562-2211

3. Report: 8:30 AM @ Chugiak High School

- Tyler Kleven *phone*
- Erin Reed *phone*
- Katrina Grimwood *phone*
- Carly Schreck *phone*

Tyler KLEVEN's role:

- 9:10 AM Crash scene
- 11:00 AM **ARRIVE** at Nesbitt (new) Courthouse
  - Judge Volland, court room 501**make sure you park in the Captain Cook Parking Garage**

Katrina GRIMWOOD's role:

- 9:10 AM Crash scene
- 10:10 AM Depart **WITH** Officer TANAKA to the medical examiner's Office
  - **make sure you stay close to the crash scene b/c you will be riding with Officer Tanaka to ME's office**

Erin REED's role:

- 9:10 AM Crash scene
- 10:10 AM **FOLLOW** Officer TANAKA to the medical examiner's Office



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Carly SCHRECK's role:

- 9:10 AM      Crash scene
- 9:50 AM      Depart **FOLLOWING** Chugiak Volunteer Fire personnel to Providence Hospital



PLEASE JOIN US FOR AN  
 INFORMATIVE COMMUNITY MEETING  
 REGARDING TEENS, ALCOHOL, and TRAFFIC COLLISIONS

**location:** *CHUGIAK HIGH SCHOOL PRIMIS AUDITORIUM*

**date:** *JANUARY 26, 2006*

**time:** *7:00 PM*

8 x 10 Photograph.....	\$	20.00
Flowers.....		40.00
New suit.....		100.00
Silk-lined casket.....		4,000.00

Realizing that deaths from  
 alcohol-related collisions  
 are preventable BEFORE  
 they occur.....PRICELESS

Be a part of the solution.



[www.asdk12.org/schools/chugiak/pages](http://www.asdk12.org/schools/chugiak/pages)

For more information: Officer Wendi Shackelford @ 742-3219



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# COMMUNITY NOTICE

Chugiak High School

*Every 15 Minutes 2009*

April 21 and 22, 2009



On April 21, 2009, Chugiak High School will be hosting a **MOCK** drunk driving simulation in which real emergency vehicles will be responding to the school parking lot. ***THIS IS ONLY A SIMULATION!*** It is designed to show teens the real life impact of drinking and driving, without the real life consequences. On April 22, 2009, the simulation will conclude with a memorial assembly involving a hearse and coffin.

Please contact Officer Shackelford if you have any questions. 742-3219 office

Chugiak High School

*Every 15 Minutes 2009*

April 21 and 22, 2009

# COMMUNITY NOTICE



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## **SAMPLE SCHOOL NEWSLETTER ARTICLE**

November 2006 - Mustang Roundup - page 13



### ***Every 15 Minutes at Chugiak High School***

On September 29, 2005, we had our second meeting in preparation for the Every 15 Minutes program at Chugiak High School. The actual event will occur on Tuesday and Wednesday, April 18 and 19, 2006. We started assigning ourselves to various teams: the Coordination Team (AKA Steering Committee), Video Productions and Media, Sponsors and Public Relations, Crash Site and Hospital, Death Notifications, Student Retreat, School/Community Assembly, Debriefing, Counselors, and Legal Support. We have PLENTY of work waiting for additional adults and students to assist in preparations. No one will be turned away!

Please see the Chugiak High School web site for updated information on meetings as well as the responsibilities of each of the above-listed teams. Go to [www.asdk12.org/schools/chugiak/pages](http://www.asdk12.org/schools/chugiak/pages), and then click on Every 15 Minutes at CHS 2005-06.

The Steering Committee, comprised of adults and students which head each of the individual committees, met on October 3. We agreed upon a logo to identify the CHS program, which will eventually be posted on the web site.

Meetings will continue to occur at 7 PM on the second Monday and the fourth Thursday of each month (except for Thanksgiving) in room 102 at Chugiak High School until a lot of the groundwork is laid. The next meetings will occur October 10, October 27, and November 14, 2005.

For additional information or to volunteer, please contact Kathy Vik at 742-3239 or Wendi Shackelford at 742-3219.





ANCHORAGE SCHOOL DISTRICT  
ANCHORAGE, ALASKA

**Parent Permission for Activities and  
Authorization for Emergency Medical Treatment**

To: \_\_\_\_\_ Date: \_\_\_\_\_  
(Name of school)

I/we hereby give permission for our son/daughter \_\_\_\_\_  
to attend the \_\_\_\_\_  
(Activity)  
in \_\_\_\_\_ on \_\_\_\_\_  
(Location) (Date)

I/we understand that he/she will be traveling to this function via \_\_\_\_\_  
and that proper supervision and chaperoning will be provided by the Anchorage School District.

It is agreed that \_\_\_\_\_  
(Student name)  
will abide by all rules and regulations imposed by the School District authorities.

I/we consent to any emergency transportation, medical treatment, care or hospitalization deemed necessary for the welfare of my son/daughter by a licensed physician, dentist, qualified nurse or hospital in the event of injury or illness while he/she is participating in the above stated activity. I/we understand that the district will assume no liability or costs for such emergency transportation and medical treatment. I/we also understand that the Anchorage School District does not carry accident medical insurance for students and that such insurance coverage is my responsibility.

Dated in \_\_\_\_\_, Alaska, this \_\_\_\_\_ day of \_\_\_\_\_, 2\_\_\_\_\_.

\_\_\_\_\_  
Signature of Parent or Guardian

\_\_\_\_\_  
Signature of Student



**Anchorage School District  
MEDICAL INFORMATION FOR TRAVEL**

**STUDENT NAME** \_\_\_\_\_ **BIRTHDATE** \_\_\_\_\_  
**PARENTS' NAMES** \_\_\_\_\_ **CONTACT NUMBERS** \_\_\_\_\_

\_\_\_\_\_  
**EMERGENCY CONTACT (FRIEND OR OTHER FAMILY)** \_\_\_\_\_ **NUMBER** \_\_\_\_\_

**ALLERGIES**

**MEDICAL CONDITIONS OR ANY OTHER IMPORTANT MEDICAL INFORMATION:**

**MEDICATIONS STUDENT WILL BRING ALONG (INCLUDE NON-PRESCRIPTION)**

<b>MEDICATION</b>	<b>DOSAGE</b>	<b>WHEN TO TAKE</b>

I have read this form and completed this form to the best of my ability. It is the sole responsibility of my child (the student) to bring along any necessary medication and to self-administer it as prescribed by their doctor. My child understand she/he **CANNOT SHARE ANY MEDICATION WITH OTHERS.**

I also understand that if my child requires medical attention, it will be covered as specified by the ISIC insurance purchased for this trip. I acknowledge that this insurance does NOT cover any self-inflicted injury (such as drug overdose or alcohol poisoning) and that I am financially liable for any medical care needed to preserve my child's life, as well as the cost of airfare to send my child home so that he or she may recover.

**Parent Signature** \_\_\_\_\_

**Student Signature** \_\_\_\_\_





ANCHORAGE SCHOOL DISTRICT  
ANCHORAGE, ALASKA

Release of Liability

The Anchorage School District policy requires that students travel to and from school sponsored events via School District transportation. However, there are some instances that travel by personal vehicle occurs.

If you would like your son or daughter to travel to a school sponsored event by means other than school transportation, please complete this form below. Students who ride with other students to and from school sponsored events do so at their own risk. The ASD endeavors to obtain confirmation of insurance for private vehicle transportation; however, the ASD does not certify that private vehicles have adequate insurance coverage.

I give permission for my son/daughter, a student at Chugiak High School, to attend any sponsored event of his/her choosing by means of private transportation.

I release the ASD of all responsibility and liability during such travel. This release of liability is in effect for one year from the date indicated.

Parent signature \_\_\_\_\_

Student signature \_\_\_\_\_

Date \_\_\_\_\_



**ANCHORAGE SCHOOL DISTRICT  
ANCHORAGE, ALASKA**

**PARENT/ADULT PUPIL TRANSPORTATION  
INSURANCE CONFIRMATION**

**Insurance:**

The undersigned states that he/she wishes to provide pupil transportation on an individual basis for school sponsored programs, i.e., field trips, etc., at \_\_\_\_\_ School for the \_\_\_\_\_ school year and that he/she is licensed to drive in the State of Alaska and will carry auto liability insurance in the minimum amount of \$100,000/\$300,000 bodily injury and \$25,000 property damage throughout the school year,

**Seat Belts/Child Safety Restraints:**

The undersigned further states that:

- His/her vehicle is equipped with seat belts and that he/ she will insure that all occupants are wearing a seat belt whenever they are in the vehicle.
- I understand that I may be required to use a booster seat for students under age eight (8), unless the child has reached four foot-nine inches (4' 9") in height. (If a booster seat is required by a parent, the parent requesting it will provide it.)

**Air Bags:**

The undersigned further states that if his/her vehicle is equipped with a front passenger side air bag (Supplemental Restraint System), any student 12 years of age or under will **not** be allowed to ride in the front passenger seat unless the system has an on-off switch and will be turned off. (Recommended by the National Highway Safety Administration)

**Firearms:**

The undersigned attests that they are aware of Anchorage Municipal Code: 8.25.060, (Firearms on School Grounds). The ordinance makes it unlawful for any person to have a firearm or weapon in their possession or control "within the grounds of or on a parking lot immediately adjacent to a public or private preschool, elementary, junior high or secondary school."

Dated at Anchorage, Alaska this \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_

\_\_\_\_\_  
Name (please print)

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Address

\_\_\_\_\_  
Phone

Distribution: Original to Risk Management  
Copy to School file  
Copy to Parent/adult volunteer



**EVERY 15 MINUTES AT CHUGLAK HIGH SCHOOL**

**MEDIA RELEASE**

I, \_\_\_\_\_, understand all aspects of the *Every 15 Minutes* program may be recorded, by audio and visual means, and may be used to promote future programs. The recordings may also be used in educational programs to discourage the use of alcohol and drugs by other student groups.

I further understand the media will be invited to view the event and interview program participants. I hereby expressly consent to publication and use of my son/daughter's voice, photograph, video image or likeness in any such audio or visual medium. I am willing to provide my name and telephone number to be contacted by the media regarding my involvement in the *Every 15 Minutes* program.

I have read and discussed the components of the *Every 15 Minutes* program and the use of my voice, picture, video image or likeness with my parent (s). With this knowledge, I freely and voluntarily consent to use of my voice and image in any medium of communication, including publication in print and broadcast media, as a willing participant in the *Every 15 Minutes* program.

\_\_\_\_\_  
Student's Name (PRINTED)                      Student's Signature                      Date

I hereby release and discharge persons representing the *Every 15 Minutes* program from any liability arising out of or in connection with the making, processing, reproduction or exhibition of video images, photographs or sound recordings promoting the *Every 15 Minutes* program.

Parent/Guardian of (NAME OF STUDENT): \_\_\_\_\_

Parent/Guardian (PRINTED NAME): \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_

**SAMPLE PARENT REFLECTION LETTERS**

Parent NAME: Gordon Hanes

Dear Brooke,

Every 15 Minutes someone in the United States dies as the result of an alcohol related traffic collision. Today you died.

I can't begin yet to comprehend the sense of loss that I know is coming. Your sister Brittany, your brother Beck – you called him Becky - and I, we're just stumbling around in a fog, trying to get through these first few days. But I can see it coming. It feels like we're tied up on a railroad track and there's nothing we can do to stop this big old train of grief and loss that's going to slam into us. I can see the light, I can hear the whistle. Man, this is going to hurt – for a long time.

But as you now know with certainty, we don't grieve without hope. I know what happened to you when you died, and I know I'll see you again. You can't believe what a difference that makes for me right now, and how thankful I am for that.

In fact, I have a lot to be thankful for. You did that for me Brooke, you gave my life so much that I really valued, and for which I was, and am, really thankful. We had a special connection, you and I. Of the three kids in the family, you were the most like me. When you were little, you even looked like me. People used to laugh and say, "Put a mustache on her, and it's Gordon Jr." There was a time when you thought that was really cool. Then came the day when it wasn't quite so cool anymore, and it definitely was NOT a compliment when people saw the resemblance between you and me. Fortunately, you quickly outgrew looking like me and became a beautiful young lady. We shared a lot of other things in common too, and I'll really miss the fact that someone with whom I had the connection of having so much in common is no longer in my world.

I don't know if you believed me when I used to tell you that I admired who you were. I used to look at you and wonder where you came from – you were such a neat little person, and such a great kid. I don't think I ever told you to go do your homework and you always were an honor student. It almost got embarrassing that until you got into high school, every teacher you ever had went out of their way to tell us how much they loved having you in class, what a joy you were, how they wished they had a whole class of kids like you, and on and on and on. I've heard that from some of your high school teachers as well. So what was the deal with that? Why were you such a neat kid, so easy to love, so incredibly responsible, so content with doing the right thing – such a better kid than I was at your age?

I think it was about your heart, Brooke. I always thought, and I told you this often, I think there was something special about you. You had a tender heart Brooke, and yeah, I



think it was a God thing. I saw that tender heart love openly and fully. I saw countless people impacted by you. I saw life hurt your heart and watched you take measures to protect it. I saw you begin to again open your heart to love and life, now with the wisdom and maturity of having come through some hard things but with the essential characteristics of your heart intact. You loved hard, you loved unconditionally, you loved cautiously and wisely. You loved well.

With all three of you kids, I have been blessed to have special points of connection. In our relationship Brooke, you were most proud of the place you had as the youngest daughter. My Baby Girl. You used to sign your cards and notes to me; Always and forever, your baby Girl. That really is a special thing and is a special kind of connection. And that is a place that you alone in this universe can occupy. Even your death can't change that.

You will always and forever be my Baby Girl

I so miss my Baby Girl

Copyright 2006



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Letter to Mike Pannone

2010 edition

What words should I have used?  
How could I have said it?  
Would one more time make it real, make it stick?

Throughout your life, I taught you many lessons, some you learned and accepted without a second thought, others were hard for you to believe.

You accepted that  $2 + 2 = 4$ , was this lesson so different?

Some of life's lessons have to be learned on your own, with consequences that are your own.

I was willing to accept that you would eventually learn that cleaning your room was a better alternative than living in a pig sty, that brushing your teeth regularly was less painful than having a cavity drilled, that saving your money left you options down the road, that hard work pays off with good grades and positive opportunities.

All of these things we discussed again and again, "I know dad, I know!", you said.

But I thought that we agreed, when you get behind the wheel that there sits with you the responsibility to be cautious, that it was better to stop than go, if you weren't sure. Were you sure that night that what you were doing was right and that you should continue on your way? Or did all our discussions echo in your head, only to be pushed away.

There were many times that I didn't bring it up, again, because you always said you knew. Had I said it just one more time, would it have made you really understand? Is that the difference? Where is the line, the balance between teaching and nagging?

You are gone now, to wherever it is we go. The lesson has been learned, but cannot be shared. There is another kid down the street that also does not believe.

What words should his father use?  
How could his father say it?  
Would one more time make it real, make it stick?

Love Dad.

Copyright 2006



Dear Mikey,

There are very few things I never got a chance to tell you but there are some things I don't think you understood completely. The first being how much Dad and I love you. Maybe that's just taken for granted but It shouldn't be. Also son that we "like" you. Some people don't really like the person their kids become but that isn't true with you. You have always been strong and have always wanted to stand up for your beliefs, but you've always been there for anyone who needs someone to talk to. You believe in god and your family and your country no matter where you are right now you are a large force in my life and always will be. I love you forever son.

Mom

Copyright 2006



Parent Name: Wade & Lori Miller

Dear Madison,

Every 15 minutes someone in the United States dies as the result of an alcohol related traffic collision. Today you died. We never had the chance to tell you once again how very proud we are of you and how very much you were loved and always will be.

From the moment we first saw you, with that full head of curly brown hair, and beautiful big eyes, we knew our hearts would never be the same. Loving your child simply changes everything for parents. Nothing that we thought was important before you were born had any significance for us anymore. You and your sister became the center of our thoughts, hopes, promises and future. Unfortunately, now that you have left us, those hopes, promises and future events have been irreparably damaged. The dreams you had and those we shared with you will never occur. This world will be a different place for us. Our hopes that you would become a light shining on others in this world, has instead become a sad, but humble belief that you are now sharing your light in the presence of God and his angels.

This world would have been a better place, if you had lived Maddie, because this world needs wonderful, compassionate nurses that we believe you would have been. This world will miss the wonderful laughter, wit and fearlessness that you so often demonstrated in everything you did. Your little sister will never know the joys of being the maid of honor at your wedding, a loving aunt to your children, or being your best friend as you both grew old. We as your parents, will miss out on the beautiful smiles that graced your lips, the beautiful voice that sang grace at family gathers, the hugs you gave with your long beautiful arms, your easy going nature, quick to shed tears, but just as quick to forgive and love.

The list is endless on the things we will never get to share with you now. Our hearts will ache forever until we see you again Maddie. There will never be a time that we won't think of you when we see mountains to climb, animals to love, cheerleaders cheering, 4-wheelers going crazy, teenage girls dressing up and going shopping, young men taking girls on dates, and girls talking and texting on their phones! You will always be in our hearts and minds.

Maddie, if we could have told you but one thing before you died, it would have been that you are so loved by us, that either one of us would have easily, without question, traded places with you and died in your place, so that you could have lived a full and wonderful life.





But as it is, we can only hope, that those who hear our letter to you, will realize the full length and breadth of love that all parents feel towards their children. Hopefully this realization will help at least one of them not make the horrible mistake of drinking and driving. If it does, then your death will not be in vain.

Until we see you again, in the heavenly realm, our lives will always have an empty spot that cannot be filled. We love you, we loved you, we can't wait until we see you again.

Copyright Wade and Lori Miller 2009



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April 22, 2009

2010 edition

My dearest Victoria,

Every 15 Minutes someone in the United States dies as the result of an alcohol related traffic collision. Today you died. I never had the chance to tell you, yet again, how much I love you. I wish you would have been at the house this morning so I could have blessed you before I left to work, like I do every morning you are with us. I know you normally sleep through my blessings, but at least now, as I sit here trying to picture that last second I saw you alive, I would have that picture of you lying snug in your bed with my hand upon your forehead as I bless you, and then my kiss upon your forehead. I wonder if you ever noticed how I would kiss your forehead then touch my forehead to yours, whisper “I love you” and then kiss your forehead one more time before I left to work. Did you hear my prayer for you, could you feel my love? I miss you so my dearest daughter and it’s only been one day; how will I survive the rest of my life without you?

I can’t begin to express to you all the “*what ifs*” that are bouncing through my mind at this very moment. *What if* I had called you this morning to simply tell you that I love you, then we got into a deep conversation about something, and that made you five minutes late to school. You would still be alive! *What if* I took away your car because, OK I really don’t have a good reason, but *what if* I took it away anyway so you weren’t driving yesterday, you would be here right now!! God, that so pains me to know that I won’t see your smiling face again, we won’t have another disagreement that we later sit down and work through together. *What if? What if? What if?* How I hate those words!

Victoria, did you know that when you were first born I was so concerned because the nurses were bending you in all these different directions to make sure you were OK? I was afraid they were going to break one of your arms or legs. From that very moment I was in “Dad mode” and I wanted to protect you from all harm, you were, I mean you are my baby girl! As you know, I never got over that whole protection thing, and yes I know it drove you nuts these last few years, but it’s hard to change, it’s hard to let go of something that is more important than life itself, my life, not yours!!! I have to ask, *what if* I drove you to school yesterday? You would still be here. Yeah, you would be mad at me because I drove you and your friends to school, but at least you would be here! I can handle “mad” all day long; I can’t handle “death”, but I guess I don’t have any choice in all of this; I should though, I’m your Dad, it’s my job.

I have some breaking news I wanted to share with you, I’m not a perfect Dad, I made mistakes as I raised you and I’m going to continue to make mistakes with your brothers. I bet the last week you were at the house I made a mistake, (OK, OK, I made more than one) I hope you don’t remember them. Did you know that even as I was messing up as a



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2010 edition

Dad, maybe being too strict, or not strict enough, all my actions and decisions were based in my never-ending love for you and my desire to prepare you the best I can for your future? Even now as I type this paragraph I know you don't remember my mistakes because you always had such a forgiving heart towards me; for that I am so thankful, for our relationship, our friendship, for what we had as father and daughter!! I am so proud to say that you are my daughter!

My dearest, I know you see the pain, the anguish that your family is going through right now and I know that pains your tender heart. I know you are crying for us, but don't because we will be OK. We all know you are with Jesus and that makes us happy for you! The struggles of life have ended for you and the joy of eternity in heaven has begun; we will see you again my dearest. At this moment it won't be soon enough, but I know it will be in God's time, and no matter what I think, that is the right time.

Victoria, my dearest daughter, my first born, my sweet, I am so thankful that God chose me to be your father, what an honor and privilege it has been and I am so thankful for every day that we had together! I know you are in heaven; you are there with Granny and Bapa, Dominick and Lucky, too. Please tell them each how much they are loved and how much they are missed, and give Lucky a pat on the head.

Did I tell you that you are such a blessing to me? Just to let you know, I miss you even more now, at the end of this letter, than I did at the beginning. Don't worry, that is a good thing because as I have shared my heart with you, my heart has been flooded with memories of you that I thought were long forgotten. I will write more tomorrow!

Goodnight my dearest, with all my love,

Dad

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4/21/09

2010 edition

Dear April

Every 15 minutes someone in the United States dies as the result of an alcohol related traffic collision. Today you died. How do I write the words to express in this letter what you meant to me and how much you will, yes you will be truly missed by everyone in our family! Our time together was short here on earth, but someday we will see each other again in Heaven and that gives me some comfort now...

I will miss your presence in my life first and foremost, your baby blue eyes, your beautiful smile, your funny witty sayings, and some of your occasional sarcastic remarks! I enjoyed being your mother and having you as my daughter. Being a single parent there were times that our mother daughter relationship was tested, which made it difficult for me to keep "The Parent Straight Face Look without smiling" and you knew that. Today the priceless memories of you are shadowed by the deep pain felt in my heart. A flood of emotions make it difficult to think straight.

I will never see you eat ice cream with a fork again... I will never hear you sing along with 100 of your "that's my favorite song!" again... I will never see you multi tasking: texting on you your cell and talking on the phone at the same time again... I will never see you graduate from High School or College, get your driver license, see you walk down the aisle to get married or hold your children in my arms.

The memories we shared I will treasure and I will remember. Your favorite children's book quote says it all. "I love you fore ever, I love you always, and as long as I am living my baby you will be." Goodbye my beautiful daughter. I love you and thank God that you were in my life.

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April 21, 2009

2010 edition

Christopher, my sonshine.

Today you died and we didn't get to stop you before you left this morning to give you a hug, tell you we love you and to have a good day.

Our busy schedules seem to pull us in different directions that we don't get to see much of each other these days. Now you have died and we will never see you again.

I know we have said how proud we are of you and that you have become a fine son and talented young man but we haven't told you that we are excited every day to have you in our life.

We haven't told you that when you feel sad or happy we feel sad or happy, when you achieve we have achieved, if you fail we fail. Your accomplishments give us pride and a reason to brag. We know our parenting efforts have been successful and that we have done a good job teaching you and pointing you in the positive direction. Your successes are a reflection of your hard work, dedication and what you have overcome to achieve.

Your sister died in an alcohol related crash 3 years ago, April 18<sup>th</sup> 2006. Like you she was taken from this world before her time. Like you, a junior at Chugiak High School, like you with so much going for her. Your father and I thought then that would be the worst tragedy we would have to endure, we never thought we would have both our children die before us.

A new aspect of your life was just beginning as you were entering into adulthood and you had so many journeys ahead of you. We were not done watching you grow. Although we will never see you again, we can still see you achieving your goals and making your dreams come true....

You went to State with Chugiak Football. You are receiving your academic letter that you worked so diligently for. You are going to your Senior Prom, Graduating and going off to college to play ball and pursue your dreams of NFL, Forensics Science and Law Enforcement. You are getting married, starting a family and carrying on the Wood family name.

Your good character, outrageous sense of humor, goofiness, sensitivity, loving and daringness along with your "big hair" and magnetic smile will forever be remembered. WE LOVE YOU.

We will forever see you in our dreams, thoughts, memories....

We will see you in the hallway running and sliding in your socks but will not be able to tell you to STOP because you are not with us



We will see you “horsing” around being rowdy but will not be able to tell you to STOP because you are not with us

We will see and hear you playing your music but will not be able to tell you to turn it down or close your door because you are not with us.

We will see you staying up late, watching TV or playing X-Box but will not be able to tell you to STOP, go to bed, because you are not with us.

I will not be able to have you scare me and yell STOP it because you are not with me.

We will see you getting into the car but will not be able to tell you to STOP because WE were not WITH You and now you are no longer with us.....you are dead.

Today you died and we didn't get to say..... Goodbye.

Love Mom & Dad.

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Dear Alex,

Every fifteen minutes someone in the United States dies as a result of an alcohol related traffic collision. Today you died. I never had the chance to tell you...today my heart is broken, and I'm not sure if it will ever heal. Your death will send ripples of sadness through the family, your Grandmothers, Aunts, Uncles and cousins that have watched you grow up.

I was so happy the day you were born to have this bright eyed baby boy. You were always on the go and challenging us in everything you did. At a very young age you understood what it meant to live your life to the fullest and you did that as often as you could.

I recognized how thoughtful you were when your sister went to college. You made an effort to tell me you loved me and helped out where you could without too much fuss, and that meant a lot to me.

I will miss that glint in your eye and the smile on your face when you got one over on me. Your laugh was always infectious and your sense of humor always brightened my day.

Slowly as the days, weeks, and months pass I will find a way to move on, but there will always be reminders of you. Our walks out at the visitors center, camping at Carpenter Lake and the hundreds of songs that you loved to listen to will always be reminders of you.

Most importantly I want you to know how proud of you I am. I admire your commitment to your job, your respect of your family and the love you shared with others.

I am so sorry that we won't be able to watch you mature into the wonderful man I know you would be, but I know that the short time that you spent on this earth you made the most of it and the people that have known you and loved you will always miss you.

I love you Alex, to the sun, the moon, the stars, and the farthest reaches of the universe and back, and there is nothing that will ever change that.

Go in peace my beautiful boy.  
All my love forever,  
Mom

Copyright April 17, 2009



My Beautiful Kayleigh Kakes,

I can't believe I'm writing this letter, a goodbye letter. I never thought you would leave this earth before me. It's not supposed to be like this – children aren't to die before their parents – isn't that the rule?

This world will not be the same without my Kayleigh. What you would have contributed! Who knows what your life would be like? Would you have come back to Alaska to teach High school? Would you have traveled Italy while learning Italian? Would you have coached softball? Would you have married? Would you have had children? I only wish I had the chance to know...

I honestly can't imagine life without you. I know I will never be the same, forever changed without you here. I know we would have been the best friends even though I'm your mom. How I will miss our conversations, our laughter, your wit and sense of humor, your sarcasm, your goodness and your loyalty.

To not see my beautiful blue-eyed girl again is unbelievable. It's the most painful thing in my life. I couldn't wait for you to go to college- you were so excited! I wanted you to spread your wings and enjoy life. I wanted you to scuba dive! I couldn't wait to see your successes in life. I wanted to see you and Shayne become friends...

So now I have to learn to go on without you in my life. How can I when I love you so much, with all of my heart? It's broken now. I pray you are at peace. I hope you are laughing and hope you are safe and warm. I love you forever.

Love,

Mom

copyright 2009





Shannon my baby girl, and you will always be my baby,

Every 15 minutes someone in the United States dies as the result of an alcohol related traffic collision. Today you died. I never had the chance to tell you....that even though I was devastated when I realized I was pregnant with you, when I saw you for the first time my heart melted and I knew just how blessed I was. You have been my blessing the whole of your life. You warmed my heart with your frequent and exuberant hugs. Your unconditional love and patience with me when I was going through some rough times is something I will always cherish. memories memories

I remember how scared I was when your brother took you out into the woods behind the house when you two and you fell and knocked out your front tooth. You were always self-conscious about the missing tooth. I remember you trying to get your siblings in trouble and succeeding too often. You even practiced crying in the bathroom mirror. You may not remember this but when you were seven and eight you would crawl into my bed at night and snuggle up and make the long nights full of sweet dreams. We would always pray for angels on the window. Another time I was completely frantic was when your brother, sixteen was bringing you home on the people mover bus, you were seven, and he forgot you on the bus. I could feel myself hyperventilating in my panic. I remember the way people looked with disbelief when I told them that my daughter gets herself up every morning and gets herself off to school. You were almost ten. Do you remember the year we hiked twin peaks together? It was so pretty up there. I still remember you winning that fishing trip for two and you and I took the train to Seward, just because. Man did you and Jim catch a lot of fish that day. I still laugh when you made up meaning for words that weren't words and creatively spelled things..lol.. I remember snow machining, boating and fishing with you. Shopping, eating walking sleeping and talking with you. Everyday of my life for the last almost eighteen years you have been an centrally part of everything. Every memory I have you are in, in some way, even when we were apart. So many memories and yet there are never enough memories.

Looking back we have had some good talks about trust and responsibility, and I trusted you. We had talked openly in our house about almost everything sex, drugs, alcohol and relationships nothing was really a secret. I have always been so proud of your forth rightness. You were honest when it hurt to be honest and took responsibility for the consequences of your actions. In many ways you were more mature than some adults I know. You would champion the underdog and take on the bully. When you had something you always shared. Even when you were little, you would take what little money you had at Christmas and make sure everyone got something, and not buy for yourself. Those gifts are the ones most remembered. Not what you bought but the fact that you bought something when you had nothing and other kids would have been buying candy. There are so many memories and yet there are never enough memories.



When something bad happened to you, it was like it happened to me too. Like the year we invited all your friends to your birthday party, but because I had just divorced your dad, their parents wouldn't let them come. I told you it didn't matter and that you were better off with out them and did my best to make it happy anyway. Inside I want to scream and stomp and call those parents and tell them exactly what I thought of them, but I didn't because I didn't want you to learn the wrong way of handling things. In turn every time something wonderful happened to you, I felt like it happened to me too. I missed you so much when you went away on your week long field trip to Seward when you were 10, but I was also so excited for you, I couldn't wait for you to come home and tell me all about it. Same with the DC and the village trip too. You were so full of life and excitement over the adventure you were on. Yes, so many memories and yet never enough memories.

Thinking of that, I realize this missing you will never go away. I will keep waiting for you to come in the door and hug me like you always did, and call me Ma shja. Only you wont be coming in. This isn't a trip to Washington DC, the villages or to Seward, that will see you home and back with me, this is forever. I won't have any more memories with you. I won't get to see you graduate high school let alone go off to college. I won't be able to help plan your wedding. I won't be there when you have your baby and hold it in my arms. Right now I am confused and don't know how I will handle this hole you left. I know you are with Jesus, but I still wish you were here with me. Still making a memory because even though there are so many there can never be enough.

I love you Shae Rae and miss you horribly.

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2010 edition

Parent Name: Matt Keith

Dear Caitlin,

Every 15 minutes someone in the United States dies as the result of an alcohol related traffic collision. Today you died and the world is a darker place. I never had the chance to tell you how very blessed your mother; Duncan and I are to have you as a daughter and sister. We have been exceptionally blessed to be a very close, open family and thoroughly enjoyed being together and sharing all the little joys and pitfalls of life.

I have told you many of these things before, but the excruciating pain of losing you to this senseless act and knowing I won't get to say them to you again makes me want to put it in writing.

No parent could hope to have had such a bright, funny, focused, kind and spiritual child. Your connectedness with God has been a guiding light in your path which showed in every way you lived your life. It comforts me more than all things to know you are with our Lord now and feel his incredible love and will want for nothing again. I am so proud of the way you doggedly rejected negative and unkind peer pressures and stuck by friends based on their heart and character. When Grandmaster Kim promoted you to black belt without the multiple pretests usually required, and then praised your technique and attitude as traditional and exemplary, I thought I would burst with pride. I have always been impressed with the love and compassion, friendship and mentoring you showed your brother when so many others would fight, argue and reject their younger siblings. The positive impact you have made on his life is immeasurable, and in your youthful wisdom, I think you know it.

I cherish the way we all joked with each other, puppy piled on the couch to watch movies as a family and the way we always say, "I love" you after a phone conversation. These simple things bring me enormous joy.

Your mother and I have endeavored to be good role models and share our knowledge and experiences with you to help you in your journey. However, in so many ways I look up to you and try to emulate your characteristics and actions. It may seem backward for the parent to look at their child as a role model, but I count this as yet another blessing I have had with you as my daughter.

Like you, I so looked forward to seeing you graduate from college, exploring your professional career, falling in love and marrying a nice young man, and starting a family. The joy in seeing you with children of your own would have been profound. I can think of no one who would make a better Mom. There are so many big and small experiences we should have shared as a family and as a father and daughter that have been taken from us. I will dream of them often and always.



I do not know how we will endure the emptiness and misery imposed by the selfish act of a drunken driver. It has caused such unending pain for so many. We will pray and cry, hug and lean on each other for strength, and we will always think of you . . . .

I love you so,  
Dad

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## STUDENT REFLECTIONS

2010 edition

### ASHLEY MOSER, WALKING DEAD 2006

April 19, 2006 - Wednesday

#### Every 15 Minutes

It's so good to be able to talk to people again! It wasn't even 24 hours of not being able to talk to anyone, but it seemed like an eternity. Especially last night and this morning! That Every 15 Minutes program was intense!! I didn't know how big it was until this morning when we went to the assembly! All sitting there with the pictures up front, the flowers, people behind us with candles, and watching the ROTC people walk by with the casket! Creepy! It was so weird! The beginning was really good, the music was depressing, but I broke down and just bawled once they told us to stand and go see our parents! I was like pushing my way through and like...yeah. I have never been so emotional in my whole life!!! My worst nightmare is something like that becoming a reality! I never want my parents to go through something like that ever again. That was truly life changing, and an experience I will never forget! The highlight of my four years at Chugiak High.

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MADISON ALGER, WALKING DEAD 2006

## Monday, May 01, 2006

A little bit about my experience with Every 15 Minutes...

Dear mom and dad every 15 minutes someone is killed in alcohol related accident, today I died and I never got to tell you...

Man, this got to the heart of me. I had to write a letter to my parents starting off like that, it was one of the hardest things I have done. Every 15 minutes had such an impact on me and I will never ever put myself or others in danger ever, ever again. Going through a scenario of drunk driving, having 2 friends of mine "die" impacted me greatly. To see Sam Dubin, the intoxicated driver being taken off after not even realized what she had done, then seeing her in a holding cell in an orange jump suit before a judge and before the parents of the people she killed. It tore my heart out to see her get sentenced to 15 years, 5 years suspended. After all it was a mock trial but it hit me harder than I thought it would. It's a nightmare you never want to wake up to, because lives are lost, at the expense of the person who made that choice to turn the key.

My message to you all is not "don't drink;" but rather, please, please don't get in the car and drive somewhere even if you think your okay. I don't want you to take others' lives or my life, for that fact. Please know that I say this in the most loving way - if you kill someone, it's something you live with for the rest of your life.

I couldn't get the pics to work on here but go check them out at this link:  
<http://www.asdk12.org/schools/chugiak/pages/Every%2015%20Minutes%20at%20CHS/EFM%20Photos/index.htm>

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APD Case number 06-41296

August 30, 2006

2010 edition

Dear Officer Shackelford,

Thought you could appreciate the photos I'm enclosing of the "allegedly" drunk driver who crashed his Corvette into our yard last night. We had just gone to bed at 10:30 last night when we heard the crash and ran to the front window to see where it was. Usually, cars end up in the area south of our house because they miss the turn going down the mountain (and usually in winter with ice...) We didn't see anything in front, so Sarah and I decided to get in the Suburban with some blankets and such and drive a little further down the road to see if we could find it. I am a registered nurse and thought I could help in some way until paramedics got there if there were injuries. My husband had already started walking down the road along with a neighbor to look for it.

Our car is parked to the north side of the house in a cleared brushy area off of Skyline. When I got in the car and turned on the ignition, the lights shown right onto the upside down Corvette. I freaked at first, thinking there couldn't be anyone alive in it, and not just Sarah, but my 6 and 13 year old kids were outside and going to see pieces of body possibly thrown from the car. As it turned out, the occupant was alive and still attached in his seatbelt. The driver side window glass wasn't even broken, so I couldn't get to him. I decided since he was talking and said he could feel his feet and wiggle them, the car seemed stable, and I didn't smell any gas leaking, the initial assessment was he would be OK and I wouldn't do anything except keep him calm until professional help arrived. The fire department showed up and broke the glass and pulled him out. The rest of the story you should probably get from the police report since it seemed evident to me he had been drinking. He kept saying "Please don't call 911", "Please don't call the Police". Ya right dude. You are hanging upside down in your car in my yard, what else am I going to do?

This really brought home the truth of the EFM program from last year to Sarah. And, with a much better ending for the occupant of the Corvette. At least this guy is probably only in jail and not in the morgue. He hit not only the GCI cable box, but broke out part of the guardrail, went airborne and sideswiped my husbands truck, landed on top of the camper shell and canoe stored in front of the truck, then pushed the snowplow blade about 50 feet. Amazing.

I was just out talking with the GCI repairmen – I guess the system still isn't fixed. Anyway, one of the electricians is the father of another girl that participated in EFM last year. Don't remember who he said she was, but she is a cheerleader. It almost seems serendipitous that two students who participated in EFM out of how many in Chugiak, were in the circle of this guys actions? I hope this isn't overstepping my bounds, but

wouldn't you think it would be fitting for this dude if he in fact was drunk, to be required to participate in the next EFM program you do, not so much as punishment for him, but as community service? He could even bring his car, well, what is left of it.

Can you make suggestions like that to the DA, or who ever is involved in the processing of this individual if he is convicted? Or, can I? Don't know how that whole part works. Either way, even though Sarah graduates this year, I have another child entering CHS next year, so you can count on us participating in the next EFM.

Thanks for your time,

Victoria Miltersen, parent of EFM 2006 participant







Reflections on *Every 15 Minutes* 2009  
by Victoria Lomen

*The Death (EFM 1)*

The every 15 minutes preparations started about two months to a month and half before the simulation crash on the 21 of April 2009. There was a long interviewing process and lots of paper work. We were all required to have our parents write our obituaries. Two weeks before the accident we all found out our actual roles. I just so happened to be the driver of the victim's car and my injury was a punctured lung, I wasn't wearing my seat belt. Now on the day of the accident.....

7:30A.M. Everyone from the accident was in room 62 (Student Gov) and we were getting our make-up ready. Now during the course of the day the grim reaper would go around to class rooms and every 15 minutes would get a student (who went through the interview process as well) and the kid went to room 62 put a black shirt on and painted their face white. While they were gone the grim reaper would read off the obituary of the student.

My make-up included a blue face, because I was suffocating and a bruise on my chest. There were so many people in the room it was incredible. It seemed so busy and happy considering what was about to happen.

All of the victims in the drunk driving simulation were sent out to the cars with about 8 minutes to finish prepping and get bloodied. The make-up artist poured four gallons of fake blood all over the inside and outside of the car. With me in the car, in the passenger seat was Chris, behind him was Shannon and next to her was Kayla, and on the hood of my car, her head through the windshield was Amanda. In the drunk driving car was Molly and Vanessa. On Amanda's head the make-up guy put fake brains and blood. Now someone in the car had cracked a joke and we were all laughing when students started to come out. We were supposed to wait until Colt came around talking on his cell phone (he was the one who "reported" the accident). The problem was we never saw Colt. So on the count of three, it all began.....1.....2.....3....

Everyone in the car started up. I some how ended up being the loudest (so I have heard) the thing is I was using less than half my air capacity. But I was yelling that I couldn't breath and of course breathing heavy. Chris was calling for someone to help me. I think Kayla had once or twice but I don't really remember being in the car. It's amazing how into character one really gets. I don't remember the grim reaper coming around the car. I just remember my hands tingling and not being able to feel them and my entire body shaking because it was so cold and "I couldn't breath." I just remember looking at the



ceiling of the car and out the window once the police showed up and started talking to me. Any time I moved I yelled. When I was in that car I was there, it became so real. I felt the pain when I moved or breathed. I was in pain, I was dying, and this was the end. That's what was going through my mind. Well, I also had 'how can I make this real for them?' going through my thoughts.

When the cops showed up one of them came to me, of course they were asking me where it hurt while I was stating I couldn't breathe. They asked me my name, what happened, if we had been drinking, but I couldn't speak, I couldn't breathe, I was dying. They told me it was going to be alright and that I shouldn't move. Thing is when ever a cop or fireman walked by my door to look in at me I sort of put my head out the window, yelling as I did so, and asking them to help me.

They had to use the Jaws of Life to get me out. I just remember making a lot of noise when they did this because pieces were flying every where and I wanted to put my hands up to protect my face. At some point when they were trying to get Chris out (who had a bone through his arm) they had him try to put his legs out but he kept pushing me with his feet. When the door was finally off they had someone come up behind me and place there hands around my head to keep it from moving, then they put a neck brace on, it made it difficult to breathe. Except the person holding my head was doing a poor job, it kept moving. Then someone and a bunch of other fire fighters came up and started discussing how they were going to get me out. Then they had a stretcher and began to put it under me. Someone grabbed my belt loops and slid me onto the stretcher. The entire time I yelled and cried out with every bit of movement. Finally they got the stretcher under me and began to slide me out. They had to move my head when I was getting through the door. I was finally slid completely onto the stretcher. They strapped me down, very tightly. My hand dangled off the side for a long time before anyone put it back up. At some point someone put an oxygen tube into my mouth, (the ones that are hand pumped). They put it to far back into my mouth and actually pumped air, and then I was really gagging and really couldn't breathe. I tired to move the tube to the side of my mouth. I went silent. I was dying. I was now perceived to be passed out. I closed my eyes (I think) and I was put onto the ambulance with Vanessa.

Once on the ambulance we were told we could get out of character. Then all of a sudden a photographer and a UAA student who was getting live footage got into the ambulance. We were back in character. It was nice because all of a sudden I saw a face I recognized, Hailee; she pumped my oxygen for the duration of my life. This time the air tube was not far in my mouth and the air was hardly pumped into it (which really would have been my lungs). The youngest male fire fighter named Eric (I think) taped an IV to my arm (no needle) and started taking my vitals. I was given a heat pack, which spent the majority of its time on the floor. Since there were so many people on the ambulance Eric had to keep



stepping over me and at one point he stepped on my IV. We did get a little down time in the ambulance where we got to kind of talk. I tried to explain, through all my spit and tubes, what had “actually” happened and how Amanda died. Amanda, Molly and Vennessa had been drinking. Amanda, obviously intoxicated, decided to surf in the back of Molly’s truck. When Molly hit “my” little white car Amanda flew and hit my windshield. I almost fell asleep on the way to the hospital even though I was so uncomfortable. We ended up missing the turn to providence and taking the long way.

When we arrived at the hospital everything seemed very somber. It was a deathly silence. Where at school it seemed to be more of a chaotic silence, if that makes any sense? I was dying, and this was the end. They wheeled me into the emergency room. They cut off my clothes (except for my under wear and bra), they stuck heart monitors on me and I was dying. This was the end. I Flat Lined. I can hear the words so clearly in my head. I could hear them speaking, “She’s not going to make it, get her parents.” More CPR another pulse check, nothing, one more time. “She didn’t make it.” My world stopped. I was dead.

“Time of death, 10:45 AM.”

#### *After Death Retreat (EFM 2)*

I was laying there dead in the hospital. My parents were leaning over me hugging me and kissing me. I had to lay still, well, limp. I had to completely slow my breathing. I was dead. I couldn’t cry, I couldn’t laugh, I couldn’t show any sort of emotion. I was lifeless. When my parents finally left the room I had a hard time sitting up. I don’t know how long I had been lying on that plastic stretcher, but it wasn’t fun. My mom had forgotten to give the nurse my clothes so my mom came back in with them, my family ended up seeing me alive, sadly. I was finally able to get dressed. The thing was they kept opening and closing the curtain, so I really didn’t get much privacy. I was left a victim to the eyes of the other victim’s parents. After getting dressed I went across the hall to attempt to wash the blue make up off my face, the fake bruise on my chest, and the fake blood that had somehow managed to get literally everywhere, but my attempt failed so I left it on. As I was cleaning up Chris went into the room, not really yelling but making some noises. His parents and sister went into the room and cried over him. Then somehow, the crash and everything was over. Chris got dressed and went to clean up. The rest of us walked around the little hospital pod that we had been rushed to. Patients were looking around at us like we were crazy. Then again, our wounds looked real, and to see a wounded person with blood dripping down their face and skipping to the bathroom, would make us appear crazy. Some of the “victims” were able to share their experience with the patients.



We then headed down to the food court for about an hour and a half as we waited for our ride back to school. All of us sat at the table sharing our experiences with one another. We also looked at some of the pictures that Scott took (I believe that was his name?). Chris's sister also joined us for lunch. When we finally got back to school it was nearly time for us to head to the retreat. When I walked into RM 62 I saw Amanda sitting on the ground all bloodied and battered looking.

It was amazing to be back in RM 62. The memories of that morning flooded my brain again. I couldn't believe it was actually all over. I was shocked at how fast everything went. How natural everything flowed. We waited in RM 62 for a while. All of the walking dead slowly started filtering in. Their white faces and black shirts a reminder of the people we loose every 15 minutes due to a drunk driver.

We all gathered our things and headed to the bus where we piled in and headed off to our retreat sight. When we arrived at the church we had about an hour and half to shower, eat some food and share our stories with the walking dead and vise versa. It was great to hear every one's stories. We all had something so unique to bring to the table. Different stories of pain and frustration, excitement and nervousness. It was incredible the amount of zealousness flying about the room. We were all so happy at how we did, we were so excited. It was a really tough experience but it was so amazing. We may have played a role in saving someone's life.

Now during the course of the night we did team building activities, we had two speakers, and we wrote letters to our parents. The speakers were Mike and Paul. Mike was an officer who had been chasing a drunk diver and ended up being a victim pinned in his car burning alive. Paul on the other hand was a convicted drunk driver. I found I most related to Paul at the time. He talked about how when he was in jail it was like he was dead because the world continued on around him but he was stuck in the same place day after day. This was the point that my first tear slipped past my eye lid. I realized that this could be real. All of a sudden I did feel dead. I was at the retreat, my world was stopped while everyone else continued along living their life. I was dead to everyone. I no longer existed. It was over for me.

When we wrote our letters to our parents we all were scattered every where in the gym and outside. Everyone had their heads bent over their blue papers scribbling wildly or staring thoughtfully into space. There were huddles of victims in sleeping bags circling one center point. There were students in the corners. Some people crying, some concerned. It was an amazing sight to see my peers really taking to heart what had happened.



I knew just about everyone, or at least their face. But now I feel we all share a common bond connecting us all in a new way. We see each other and smile kindly. A warm hello may casually be spoken in passing. But we all know and feel the connection that brought us together for those 24 hours. We shared emotions and feelings with each other that united us in friendship. We know in our hearts the truth of the connection. We may only ever be acquaintances but we will always know the truth of what brought us together that single April day.

*My Memorial (EFM 3)*

The next morning came bright and early. I had tons of energy as I ran to the shower to beat the rush, which I successfully did. While I was in the shower I managed to find a heart monitor still stuck to me that I had missed taking off the day before. The air was filled with anxiety. We all were still a bit emotionally groggy from the previous day's events. We hadn't had a chance to release our emotions. You could tell that everyone was on edge and not ready for what was about to come. We were fortunate enough to get coffee and of course food.

As we were heading to the door Officer Shackelford stopped us and handed out dog tags from MADD (Mothers Against Drunk Driving) that said Choose Courage in white on solid black. They added to the emotions and nervousness of the coming events. We all filed on to the bus and got ready to head back to RM 62.

Again walking in the room all the memories came back. There had been so many people and cameras all bustling around the room. People flying every where trying to get ready. And now there we were, the room was still and quiet.

We all pulled out our sleeping bags and lay out to relax until the memorial service. A little group of people sat and talked while the rest of us curled up and tried to get some extra sleep. Finally the bell rang for class to start. We all were woken up and sent out side for a picture by the head stones.

No one had really had the chance to express their emotions, we could feel the anticipation. After the picture we went into the multipurpose room and sat in the center of the room waiting for the students to arrive. Someone from a drunken driving association came up and talked to us about a drunk driving walk-run that we could participate in, or write a story for. We were all pretty much silent as we sat and waited. A box of tissues went around all 19 of us victims and we all took some. In front of us on the right hand side was a table of every one's picture and a single candle for each of us. Every one's letters placed neatly under their pictures.



The bell finally rang. “Teacher please take your student to the gym for the assembly.” We didn’t look at any students, we were still dead. Our life’s taken by a simple mistake that we or someone else made. It was so hard not to look at the students and their expressions. But we sat there, barely even talking to each other, waiting for everything to start.

The ROTC students came out and presented the colors and the National Anthem played. Everyone sat down.

All of a sudden out of the corner of my eye I saw a brown box. My heart stopped as my head realized what it was. The coffin rounded the corner before I had the chance to prepare myself for the emotions that were about to go flooding through me. The tears began pouring from my eyes. My heart began to ache and every emotion that had been held in from the previous day released itself into my heart. Everything came back. My heart and soul were torn to pieces as I realized everything that had actually happened. I could feel the eyes of hundreds of students watching us 19 victims and the coffin as it finished the walk from the back of the gym to the front where us victims could see it. The coffin, our constant reminder of the lose we suffered, the “death” of 19 students.

After the ROTC students placed the coffin in position we watched a five minute movie on the previous day’s events. When I saw myself on the screen I felt so distant from the world. As I watched myself being removed from “my” little white car screaming, my eye’s couldn’t believe what they were seeing. Then when my dad showed up, speaking at the court hearing, my heart stopped. I felt more emotions about to explode. I watched as one of my friends was sentence and handcuffed. I watched her walk out of the room, her life slipping between her fingers. I watched as one of my peers lay dead on the hood of my car. Then I saw me, dead. They tried CPR but it didn’t work. I was dead.

When the movie ended April and Vennessa read the letter to their parents. More emotions came flooding when Vennessa read her letter. During the time we had the chance to write them I got to hear some of the meanings behind Vennessa’s letter and her favorite memories. Then Molly’s mom and Madison’s mom got up and read their letters to their daughters.

The entire time I could feel the students gaze heavy upon all of us. My parent’s were sitting right behind me, but I couldn’t look at them. I was numb and distraught. After the letters were read Mike got up and told us the story he told us the night before. After he was finished Officer Shackelford stood up and spoke. Her words were powerful, and sharp on the heart. My tears became sobs as I heard her speak what we had demonstrated. Then she said the words we all had been waiting to hear....

“Kids, go find your parents.”



I think I might have been the first one up. I saw my dad's eyes meet mine and I didn't break the gaze. I practically sprinted into his arms. Any emotion that hadn't already had been set free was now gushing down my face. I have never cried so hard and deep in my life. I hugged my dad and cried and cried and cried. Every student watching the reunion. I have heard that most students were in tears by this point. They were crying with us, and they were mourning the loss of their loved ones and friends who had been killed in a drunk driving collision.

After hugging my dad I hugged my mom and cried in her arms as she cried in mine, then my step-mom, then my brother, and then my step brother. In everyone's ear I whispered I loved them. Then I stood there sharing some of the stories and experiences I had had. I talked about the guy stepping on my IV and playing dead at the hospital and about the retreat. My heart was broken and the tears wouldn't stop.

When my parents left I grabbed my picture, candle, and letters and headed for my safe haven RM 62. Before I made it there I was interviewed by some of the students from UAA who had filmed the entire event. With every question she asked more tears would fall, with every answer I gave, another tear was shed. When I had finally made it to RM 62 most students had taken their stuff and went home. I sat in the room by myself and read the letters that my parents gave to me. I cried so hard. My heart was torn out of my chest and thrown across the room. I was hurting on the inside. I attempted classes but by 6th hour I was back in my safe haven in a sleeping bag talking with my best friend. RM 62, it was more painful than a deathly silence. It was a piercing roar of memories from all the events that had passed. I was silent. My soul was aching for understanding. My life had been changed, forever.

#### *Down the Path (EFM 4)*

Every 15 Minutes someone in the United States dies in a drunk driving related traffic collision. Those 96 people die because of a simple mistake that someone made. Tomorrow is April 30, my 17<sup>th</sup> birthday and as I sit here writing this my mom is telling me about the days leading up to my birth and the day of. She told me how one day when she turned on the blow dryer I jumped and she was so excited. I realize that life is not celebrated often enough. Birthdays come around and go around. Many times we forget our friend's and our family's special day, they day they were born. Life can be taken from a person's hands so quickly, every day should be celebrated that we have life.

When I hear sirens, I wonder for who they could be. The sound rings loud in my ear as a remembrance of the day I died. They have a new meaning to me; the sound means that someone's life could be on the line. That sound was what came to my aide. It brings back the memories of sitting in the car and hearing sirens finally reach us. The sound of sirens,



it's amazing how different they sound to me now. I was sitting in art class one morning and I heard sirens flash passed our school on the highway, making the statement that someone was in need. It took everything not to cry. Every bone in my body was screaming out to let the emotions go. I wouldn't let the tears from my eyes.

I've been thinking about the fact that every day 96 people die just because of drunk driving. I wonder who it could be next, my mom, or best friend, my brother or me. It's scary to think about that everything I went through could become real. Only I wouldn't hear the sirens or my time of death, I wouldn't feel the love of my family; I would be gone for ever.

For a couple days after the crash I continued to feel the physical pain that went along with my acting. My chest hurt from the CPR, my breathing was irregular because of all the shallow quick irregular breaths I took while acting and my throat hurt from yelling and from the cold air raking across it as I tried to breathe. It was my reminder that it was real. I sit here though, writing this, and everything seems as though it was from a different life. It seems as though none of it happened. As soon as I wrote everything down my brain let go of it and I believe many of my emotions with it, but then again I still burst out into tears randomly. Some days I hold my emotions in and wait until I'm in the safety of my room before I burst into tears. My life has been changed.

It's so difficult not to think about what the future really holds and where life may truly take me. I wonder what God has planned for me next. I don't know where to go from here. Whether life has shown me a new path or just given me a choice, I do not know. I had the chance to show my peers the consequences of one stupid mistake. I may have gotten to play the part in saving a life, I will never know, but I can pray I did.

After the memorial service one week ago, April 22, 2009, I found my best friend at her locker. When I went up to her and gave her a big hug we both started crying. She said a couple of simple words that put everything into perspective for me. She said the words that made the experience even more real.

"I just went to my best friend's funeral."

It made me realize the true consequences that one stupid mistake could cause. I love my friends and family so much, and I don't say it enough. I have made the mistake in my life of wasting time not loving my family and choosing to seclude myself from the world. I spent that majority of my freshman and sophomore year fighting my parents and disliking my siblings. I didn't care about anything. I now see that a person really shouldn't waste time but embrace every moment they are given.





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2010 edition

I'm so glad that I am still alive.

Copyright 2009 Victoria Lomen, 2009 EFM crash participant



*Two weeks after EFM 2009*

By Victoria Lomen

Two weeks ago to the day I was in a simulation drunk driving car collision. It has been two weeks and my emotions are still on fire. As I walked out of the school today holding my red flower, which had been on the fence for a week after the crash symbolizing the death of 19 students, I felt the emotions rising inside me again. It has been two weeks and I am still able to feel all the emotional grief that filled me on those two tragic days.

I still walk by RM 62 and the memories and emotions come to me and it takes everything not to cry. When we go on the off ramp to the school I try not to look into the teachers parking lot where the accident took place; the emotions still rise up in me as if it had only happened yesterday.

Moments ago I watched the movie that they showed at the memorial service. I now cannot stop the flood of tears rushing down my face. I didn't realize how badly I would feel. My emotions are real and my pains are forever. I will never forget the emotions tide to this event. My heart will ever be in fear of a future of this kind.

Today the Every 15 Minutes volunteers and participants had a BBQ as a celebration of life. We reminisced and accepted awards of participation. We shared our inside jokes and talked about how our lives and our friends lives have been changed forever. I nearly broke down when I heard *My Memorial* read out loud. My heart stopped and my world froze. The memories came back and once again I was nearly in tears. I didn't realize how I would be ever so changed by these events.

My friends and I say we love each other more often now. I know that when I spend time with friends and family everything seems to have more meaning. Every moment I try to cherish with every fiber of my being.

I believe I lost a part of my self in that crash. I lost a part of my heart, or maybe it's that I gained something. I gained a new emotion. Death seems more real to me and life has a new meaning. I try to love life more; I try to remember when my parents are getting on my nerves that this could be the last time I ever find them annoying. I don't want my last words to my family to be something that I would regret. I find I appreciate so much more of the little silly things my family does, the corky things that I used to find so annoying.

My heart is so raw from the pain I'm not sure that it will ever heal. The tears could be a good thing though. My plan is to reach out. I do pray that my emotions will remain in tact and that I will be able to share the experience with others and let them see the true emotions. I wish that everyone in life could go through something like the simulation car crash.



My emotions in my writings are real. They are not forced or made up. My life has forever been changed. I want people to know about the consequences of their mistakes. I want people to see how emotional a person can be with just a simulation crash, and have them really think about how it would be if it had been real. It's been two weeks and I feel as though my life has not yet decided where it's going or what it's going to do with all this new emotional information. I thought I had my emotions under control but now the tears flow again.

I do plan on returning for the next and every other Every 15 Minutes at Chugiak High School. I want kids to know the power of this experience; I want to be there to support future generations in good choices. I want to reach out to the community and remind people of all the people that are affected in a drunk driving crash. It's not just the victims but their family and friends, and even further extending to friend's friends.

My life has been changed forever and I want people to know why. I can't just go through something this incredible and emotional and not share it with others. How could I not tell our community how I, a teenager at Chugiak High School, feel about our states drunk driving? I want to reach out. This is not the end; I know I can make a difference in this world even if it's only one person at a time.

My life has been changed forever.

copyright Victoria Lomen 2009



***Every 15 Minutes 2009:***  
**My journey from high school student to first responder**  
By Caleb Pruitt

Every fifteen minutes someone is killed in a drunken driving collision. Every fifteen minutes a family member gets a phone call they would never look forward to. And every fifteen minutes, thousands of lives are affected by one persons' poor decision making.

On April 21<sup>st</sup>, 2009, I was able to experience the effects of a drunken driving collision from a very different viewpoint than most students would ever have. On that day, I shed my identity as a Chugiak High School senior and donned the turnouts of a first responder as a member of the Chugiak Volunteer Fire Department. As we approached the crash scene at Chugiak High School in the second command vehicle, my emotions were racing uncontrollably through my body. I had no clue who the victims of the collision might be and no idea the extent of their injuries. All I knew was that I needed to get into the crash scene and help pull victims to safety. I guess you could say the "rescue instinct" kicked in because that's all I had done for nearly five months prior at the King Career Center. Every day we repeated the mock rescue of someone from a car or laying flat on the floor. Through the course of my rescue training, I had learned how to handle many scenarios, but of all of them, this one was the most real.

Transporting the patients via ambulance to the hospital gave me a few minutes to cool down and re-group mentally, emotionally, and physically. I was also relieved that we had finally gotten away from the Grim Reaper, a formidable wraith hovering over the crash scene. I tended the patient under my care, with the guidance of the medics on our rig. I obtained their vitals, documented them, and began to radio patient information to Providence Hospital. The hospital staff had pre-arranged rooms for our patients so when we arrived we knew exactly where to take them. After we delivered the patients to the emergency room, we packed up our rig, replaced the linens, and headed home to Chugiak, just like we had done a dozen times before; but this time it was different. ***I was different.***

During the ride home I became the drowsiest I had ever been. Not only was I already tired from working successively late nights at my job, but I had just experienced the adrenaline dump of a lifetime. Loads of anxiety drained from my body into my feet as a poison leeching through my soul. I could only put my head down and think about all that had just happened; the families that were affected by this collision, the students and teachers, and what all of the first responders must be thinking and feeling. If this had been real, what would have happened? To this day, several weeks later, I still think about it. But it was just a simulation! Had two CHS students really died in that crash, it would have haunted me even more. I can only pray every night that this doesn't happen for real.



The sad reality is that it probably will. Somewhere. Because every 15 minutes someone dies in an alcohol related collision in the United States.

People often make choices that are hard to understand. We, as the human race, have become adept at coping with disaster. Some are better at it than others, but, in general, we deal with difficult circumstances fairly well. My goal, as well as the goal of everyone involved in *Every Fifteen Minutes*, is to avoid a real alcohol related collision, at all costs. If it means not having “as much fun” because you are sober, then so be it. A person could almost fear alcohol after seeing such a realistic demonstration of the destruction it leaves behind.

*Every Fifteen Minutes* was a life changing event for those who experienced it. Those who listened and watched quietly understand the genuine heartache the parents and volunteers go through. The person in the firefighters’ uniform, pulling bloody victims out of a car and the officer contacting parents to tell them their son or daughter had been killed or severely injured in an alcohol related collision, are real people with real emotions. They do this on a daily basis. So the next time you see one of them, **listen** when they give you a little piece of advice regarding vehicle safety. They usually know from experience.

Copyright Caleb Pruitt 2009 junior member of the CVFD



“I was a medic on the every 15 minutes incident. With this experience I was deeply moved when I had to take a girl who I have know for years and watch her go limp as she "died". I actually started to cry thinking about how this would have really of affected me if it had been real. Thank the lord it wasn't. As a medic I see a lot of accidents but I haven't had many that involved people I know. I believe that this was a good experience. It is as close as people can get to the real thing and it actually has a major impact. There was not one person who watched that didn't go home and think about how that could be them in real life. There are so many incidents with teens drinking and driving that it affects everybody. As a medic it affects me. Because if they crash I am the one who gets to go and help clean up the mess they made that could have been prevented.”

-Hailee Gillespie, 2009 junior member of the CVFD

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“I sent out a message on Facebook asking people to write about their experience with every 15 minutes.....they were in 2006 EFM....I thought it would be cool for you to hear about how it does make a difference. All the work that you put into every 15 minutes really does make a difference.”

**~Victoria Lomen, 2009 crash participant**

“Every 15 Minutes was a great experience for me. I learned a lot and to this day I don't drink, not just because I'm still underage, but because of the sad stories we were told during our experience and what you hear on the news every so often. When I finally do turn 21, I know I will be responsible enough to keep from getting trashed every night. I will be able to enjoy a reasonable amount of alcohol and still be able to act myself. Now I'm in college and every time I hear a siren going to a dorm on campus I know it's a big possibility its for someone who drank too much or overdosed on something. it reminds me of my time in E15M and why I don't drink.

Thank you to Wendy Shackelford for making it a great and memorable program as well as all of the students that participated my junior year and this last time too!”

**~Danielle Maynard, 2006 Walking Dead**

“Every 15 Minutes was one of the highlights of my time in high school. You know those moments when you really feel like you meant something and that you'd made a difference? That was one of them.

Three years later I still remember almost every minute of those days. I remember being excited to be called out of class, putting on the black T-shirt and white makeup and laughing with friends until we walked into the hallway. After that, I was silent. I remember being surprised how many other students were taking the event seriously, and not just the ones who were part of it.

Class and walking around school silent were one thing. Seeing the crash site that afternoon, despite the fact that I knew what it was going to be like, was awful. I can still see my friend Eric getting out of one of the crashed cars and spitting blood, and I still fight the urge to be sick when I think of it. Even now, sitting in my dorm room on the other side of the country, I can feel the chill in the air when the paramedics pulled Matt out of the car with a screwdriver through his back. I can see it all as if I'm still sitting in that parking lot crying.



No matter how real it may have seemed then, to me the threat of drunk driving accidents was never real in high school. Then I got to college and the "real world" and it all made a much bigger difference. Here, I know people who have been in drunk driving-related

accidents, and it's scary to think how they could end. Just last month after a night of drinking, two boys flipped their car off the road into the river fifteen feet below. It's amazing they survived, but at the same time, it's a wake-up call to so many people. The next day I started making sure that my friends all knew that I would rather be woken up in the middle of the night than have them drive drunk. I think they've started abusing the privilege, but I'd rather be pulled out of bed than have to worry about the alternative. Other than trying to prevent accidents like the one we simulated, the thing I took the most from Every 15 Minutes was the sense of community. Our accident wasn't just two groups of teenagers, it was their friends and family and the entire town who was hurt by it. It wasn't only the parents of the students involved who cried at the ceremony, it was the entire school and everyone in the community who had come to show their support for what we had done. That is the one thing that is exactly the same in the "real world" as it was in our small simulation. When one or two people act irresponsibly and are injured or even killed, their entire communities are hurt, not just themselves.

I think Frederick Buechner was right when he said "The life I touch for good or ill will touch another life, and that in turn another, until who knows where the trembling stops or in what far place my touch will be felt." We never know what our actions may lead to, which in the case of Every 15 Minutes is a great thing. During the car crash and memorial services, we may be only teenagers doing school activities, but beyond that, who knows how many people have been helped or even saved by the work that we did for those two days in 2006. In the end, that's what it's all about. If even one person in the crowd those days chose not to drink and drive, it was a success. And we all leave with the feeling that we did mean something, and we DID make a difference, which isn't a bad feeling to have."

**~Caroline Wright, 2006 Walking Dead**





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# CHUGIAK HIGH SCHOOL

EVERY 15 MINUTES  
**EVERY 15 MINUTES**

● **NEWSPAPER ARTICLES** ●



## NEWSPAPER ARTICLES

*Story Last modified at 1:50 p.m. on Friday, October 28, 2005*

### **DUI drama planned for teens Police need help from parents to pull off 'Every 15 Minutes' docu-drama at CHS next spring**

**By AMY M. ARMSTRONG**  
**For the Alaska Star**

A handful of parents, teachers and students are lending their support to Anchorage Police Department school resource officers stationed at Chugiak High School who are planning a massive in-house drama for next spring highlighting the impact of drunken driving.

The plans are part of the annual Red Ribbon Week events at public schools this week, focusing on the dangers of drug and alcohol abuse,

"We need a lot of community support to make this very worthwhile project a reality for next spring," said Wendi Shackelford, an APD school resource officer at the high school. "This can have an incredible impact on the students."

She invites interested members of the public to a planning meeting tonight at 7 p.m. at the school in Room 102 to learn more about how they can get involved in the school's spring staging of the drama, "Every 15 Minutes."

Based out of Lehigh Valley, Pa., the National Every 15 Minutes Organization uses a program that focuses on a 1980s statistic indicating that someone dies every 15 minutes due to an alcohol-related automobile collision.

That statistic has since become one fatality per 30 minutes. But law enforcement officials such as Shackelford and her partner, Rob Lund, say that isn't good enough.

"We need to raise awareness," Shackelford said. "Particularly with our high school students."

That in part is why Kathleen Vik, the consumer and family sciences teacher at CHS who also serves as adviser for the Family, Career and Community Leaders of America club, has gotten involved.



"A year ago, I witnessed a 19-year-old Chugiak grad killed in an car collision after she had consumed substances and got behind a wheel," Vik said. "This only emphasized a need to push for a program that would be more effective in impacting the thoughts teens have when connecting to alcohol and their activities."

That need is why she and Officer Shackelford are investing a great deal of personal time over this fall and winter to make the program a reality at Chugiak High.

The program is aimed to be an emotional, hard-hitting portrayal of the aftermath of a fatal car crash, Shackelford said.

It begins with an outdoor assembly where students witness what happens right after two cars - one driven by a "drunk" driver - collide.

Real-time response by emergency personnel, including fire, paramedic and representatives from the coroner's office is depicted as students look on. Victims are freed from crushed automobiles, emergency personnel prepare to transport the injured and others are declared dead, much like what could be happening at a real crash.

Students watch as the designated student drunk driver goes through a variety of sobriety field tests and is arrested.

Once the assembly is completed and students return to their classrooms, a costumed Grim Reaper begins visiting the classrooms every 15 minutes and taking a victim.

"As each selected student is taken, police officers will be reading their obituary," Shackelford explained. "The student then become part of the "living dead" and will finish up their school day, but isn't allowed to interact with the other students for the rest of the day."

To drive the point home even further, the selected students don't go home that night. Instead, they go to an overnight retreat, according to the organization's national Web site, to simulate final separation such as death. The next school day, they are part of a wrap-up school-wide assembly.

The purpose is to give students a quick but safe glimpse into what life would be like if the student were killed in a real drunk driving accident.

Sure, it will be graphic. Shackelford plans to use whatever costuming she needs to depict a realistic scene. That probably includes fake blood.



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But, as she points out, that's what officers and emergency responders see on a regular basis when responding to a crash.

Why not let the kids see it too, she said.

According to the national organization, the drama is making a difference.

The drama was presented at more than 75 high schools nationwide last school year.

Shackelford is excited about its debut performance at CHS next spring.

She hopes students will get the point that driving under the influence of alcohol is deadly.

She also hopes that the interaction by local emergency response personnel, police officers, paramedics, fire department and coroner's office officials throughout the two-day event will change the way students view professionals in those career fields.

"This is a powerful program that should help students see the members of their own emergency response community in a different light," Shackelford said. "They are no longer just cops, doctors, paramedics or firefighters, but instead they become mentors and regular human beings who care about the youth in our community and the choices they make."

To contact Officer Shackelford, email her at [wshackelford@ci.anchorage.ak.us](mailto:wshackelford@ci.anchorage.ak.us) or call her office at 742-3219.

Reach the reporter at [news@alaskastar.com](mailto:news@alaskastar.com).

This article published in The Alaska Star on Thursday, October 27, 2005.

Story Last modified at 9:20 a.m. on Friday, March 31, 2006

## Grim reality of driving drunk coming to CHS

By **MARY M. RALL**  
[Alaska Star](#)

The **Grim Reaper** will walk the halls of Chugiak High April 18 and 19, bringing the brutal reality of the dangers of drinking and driving with him through the Every 15 Minutes awareness program.

Chugiak High will be the first school in the Anchorage School District to offer the program, designed to instill teenagers with the reality that someone in the United States dies from an alcohol related traffic collision every 15 minutes, said Anchorage Police Department school resource officer Wendi Shackelford.

Kathy Vik, the family and consumer sciences teacher at Chugiak High who originally pushed for the Every 15 Minutes program to be used at the school, said alcohol related traffic collisions now occur closer to every 20 to 22 minutes nationally, but school organizers wanted to stay true to the program's original format.

Shackelford said the program will present students with the consequences of drinking and driving by having a volunteer dressed as the **Grim Reaper** pull a different teenager from class every 15 minutes throughout the day April 18 creating a host of "walking dead" to illustrate the point.

The students will also see what it would mean to be involved in an alcohol related traffic collision through a staged but realistic crash site complete with students portraying injured and dead crash victims, she said.

"There're going to see as close as we can get to a real crash with kids that they know, real police, real fire response, real extrication, a real helicopter transporting someone because in real life, you don't usually get to see those things," Shackelford said.



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Anchorage Police Department school resource officer Wendi Shackelford, Air guardsman Tod Hemmert and Chugiak High teacher Pat Wilson plan Every 15 Minutes program activities at a steering committee meeting Monday at Bobby's Café and Bakery.

STAR PHOTO BY MARY M. RALL

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Pat Wilson, a Chugiak High math teacher, is in charge of organizing the site. She said the collision would be graphic to allow students who are often desensitized to violence to witness reality.

"They see it on TV all the time and it becomes unreal. It's just something a little bit closer helping to prevent something like that," she said. "We want to make it authentic looking and put the 'germ' in there, especially around the end of school time and with the weather getting nicer."

Shackelford said the "walking dead" and "crash victims" won't go home following the school day, but will attend a retreat at an undisclosed location to process the day's events and participate in team building activities.

Each student will be asked to write a letter home to parents beginning "Dear Mom and Dad, every 15 minutes someone in the United States dies from an alcohol related traffic collision, and today I died. I never had the chance to tell you..." Shackelford said the letters would help the students understand and process the genuine consequences of drinking and driving.

"It's another way to educate kids in lifestyle choices. I think they expect adults to tell them, 'Don't do this. It's not safe,' " Shackelford said. "It gives them an opportunity to see what that might be like without the reality of it because reality is a hard teacher."

The "walking dead" and "crash victims" will return to school April 19 to witness their own memorial service with the rest of the student body and to hear the obituaries their parents wrote for them following their "deaths," Shackelford said.

Chugiak High junior Brittney Bruce, 16, has witnessed the Every 15 Minutes program as an eighth and ninth grader at schools she attended in Cleburne, Texas. She said seeing the collision and the memorial service had a lasting impact on her.

"It makes you think. It turns on that little button in your head and says, 'Hey, that's wrong.' It really makes you evaluate a lot of the choices that you've made in the past and really helps on making choices in the future and not doing the same mistakes over again," Bruce said. "It was a real shocker to see how real it was. In the memorial service afterward, that's when you're like, 'Wow, they're really gone.' "

Shackelford said the two-day program will be a success if it reaches just one student in the same way.



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"If we change somebody's mind from either getting behind the wheel of a car and drinking or getting in as a passenger with someone who has been, that's a positive thing," she said. "We hope it starts a chain reaction of prevention."

Shackelford said the reality of the event and preparations would be made possible from a host of volunteers from the student body, parents, school administrators, teachers and counselors, the Chugiak Volunteer Fire Department, Anchorage police, State Troopers and the Air National Guard.

She said the sheer volume of volunteers demonstrates the importance of the program and the value the volunteers place on the lives of the students.

"They care about kids, and they want them to make healthy choices and they see this as a positive prevention measure," she said. "That's what our goal is, to make the kids think about it and to try to effect change."

Reach the reporter at [mary.rall@alaskastar.com](mailto:mary.rall@alaskastar.com).

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*Story Last modified at 11:39 a.m. on Thursday, April 20, 2006*

## Students get crash course on DUI woes

By **MARY M. RALL**

**Alaska Star**

The reality of driving while intoxicated and its potential consequences were illustrated for Chugiak High School students Tuesday and Wednesday through the national Every 15 Minutes awareness program that began with a mock crash scenario.

About 100 officials and volunteers worked behind the scenes for almost two years preparing for the drill, a first in Alaska, said Anchorage Police Department school resource officer Wendi Shackelford.

The crash scenario incorporated several emergency responders and eight student volunteers who acted out what occurs at the scene of a drunk driving accident, said Pat Wilson, a Chugiak High math teacher in charge of organizing the site.

"The visual picture is what I'm hoping they carry away from this so that when they're at a party, when they're at prom, they just stop for a second and think who should be driving and who shouldn't be," Wilson said.



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Kim Victors and Sheridan Slater observe the unfolding events of a the Every 15 Minutes mock crash scene at Chugiak High Tuesday, which included fire, military and police emergency responders, "injured" and "dead" student victims and weeping parents identifying bodies.

*STAR PHOTOS BY MARY M. RALL*

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Rays of light shine down on APD officer Terry Symonds and State Trooper chaplain Debra Waltman as they help Air National Guard Master Sgt. Linda Flegle of Peters Creek identify the "dead" body of her 17-year-old daughter, Christine, at the mock crash site.

She said organizers sought to create an indelibly realistic experience for the 1,500 students witnessing the accident. The scenario showed the immediate aftermath of an impact between two cars, including eight bloodied and battered crash victims, two of whom "perished" on impact.

Brian Webb, the regional Emergency Medical Services training coordinator for the Southern Region EMS Council in Anchorage, organized the reality of the victims' injuries. He said he ensured that everything from the minor scrapes of the driver to the horrific facial injuries, multiple lacerations and fractures of the other victims created out of latex, makeup and fake blood were as accurate as possible.

"Every one of the injuries that we have here is consistent with their position in the car and the type of head-on collision that both cars sustained," Webb said, adding that he was trying to create a sense of "shock and awe"

for the onlookers.

"Part of Every 15 Minutes is being able to stun the kids initially and have them see the injuries, think about the injuries, think about what happens if they drive drunk," Webb said.

Emergency responders from the Anchorage Police Department, Chugiak Volunteer Fire Department and the Alaska National Guard responded to the crash as if it were a genuine accident scene.

CVFD assistant fire chief Virginia McMichael said the crash scene and the emergency response was very accurate.



Anurag Ambasht examines the Every 15 Minutes mock crash scene in which Brook Hanes depicts a victim who went through a windshield on impact.



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"It's very realistic," she said, adding that it remained true to the tragedy that can occur for young drivers who make poor decisions. "It's not the first time we responded to incidents involving teenagers and alcohol. These kids are the same age as my kids. They're friends of my children."

Wilson said the experience for the crash victims didn't end with being extricated from the vehicles, evacuated by a Guard helicopter or being arrested for drunk driving. She said the participants followed through with the experience by being taken to Providence Alaska Medical Center for emergency care. The dead were taken to the morgue and the drunk driver was processed through the police department.

"There's people at the hospital. The medical staff are working on them as if they had those real injuries," said Shackelford following the evacuation of the crash scene.



Officers Justin Hadley and Amanda Patton arrest senior Samantha Dubin, who portrayed an intoxicated driver in the Every 15 Minutes mock drunk driving accident.

Chugiak High senior Samantha Dubin, who portrayed the drunk driver who was "arrested" following the accident, experienced a whole different reality.

"She's being charged with multiple counts of assault and two counts of manslaughter and she's going through that whole process of an in-custody arraignment and sentencing," Shackelford said.

The presence of emergency responders, injured classmates and the weeping of parents brought in to identify their deceased children left onlookers with a decision to make as far as driving drunk.

Senior Brandon Washington, 18, said he felt the crash scene was, "tragic, awful and messed up," and that it would impact his decision to drive drunk, but he was unsure of how.

"I think that's a very honest opinion from them because they really don't know," Shackelford said. "It's making them think and that means success to me."

She said helping just one student make the decision to not drive drunk or get into a car with an intoxicated driver would satisfy event organizers.

"I think it fits the overall message that we want our kids to outlive us," Shackelford said. "I think it has to do with safety and longevity and having our kids make healthy choices."



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Making sensible decisions was further reinforced throughout the rest of the day by having the Grim Reaper pull volunteer students out of class as additional crash victims that occur nationally "every 15 minutes."

Although alcohol related traffic collisions now occur closer to every 20 to 22 minutes nationally, Kathy Vik, the family and consumer sciences teacher at Chugiak High, said school organizers wanted to stay true to the program's original format, which included creating a total of 27 "walking dead" from the students removed from class and the mock accident victims who attended a retreat Tuesday night through Wednesday morning to contemplate their "deaths" and work on team building activities.

The student body remembered the dead Wednesday at a memorial service featuring readings of their obituaries written by their parents, Shackelford said.

She said she hopes the combined events and the reality of the program will give the students the tools they need to make sound individual decisions concerning whether or not to drive drunk or to get into a car with an intoxicated driver.

"The test is measured when that time comes, because it will come in real life," Shackelford said.

Reach the reporter at [mary.rall@alaskastar.com](mailto:mary.rall@alaskastar.com).

This article published in The Alaska Star on Thursday, April 20, 2006.



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Alaska Police Chaplains Ministry

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## "Every 15 Minutes Awareness Program" Chugiak High School, Alaska



Rays of light shine down on APD officer Terry Symonds and State Trooper chaplain Debra Waltman as they help Air National Guard Master Sgt. Linda Flegle of Peters Creek identify the "dead" body of her 17-year-old daughter, Christine, at the mock crash site.

*Photo by permission of the Alaska Star, Volume XXXVI, Number 16, April 20, 2006, [www.alaskastar.com](http://www.alaskastar.com))*

A mock crash scenario to show the reality of driving while intoxicated and its potential consequences, was held for Chugiak High School students. An estimated 100 officials and volunteers worked behind the scenes for almost two years preparing for the drill. This program was the first in Alaska. The following chaplains participated: Chaplain Barb Fortin, ME; Chaplain Victor Marbury, AFD; Chaplain Denys Stumpf, ARH; Chaplain Debra Waltman, AST; Chaplain Boyd Waltman, AST.



# E d u c a t i o n

ARCTIC WARRIORS • Fall 2006

Story & photos by Ken Fankhauser, DMVA Public Affairs

The day began easily enough. Driving past Chugiak High School, a passerby's eyes are drawn to the flashing red and blue lights, the shouting and the crowd. This was not another pep rally for the Friday night football game – it was a crime scene.

Two cars collided in the parking lot. There was a body lying on the hood of one of the cars. It looked as if the driver had flown through the windshield. There was a young girl running around screaming at the top of her lungs for help, and then there were the hundreds of students standing around watching and doing nothing.

That is exactly what the organizers of the Every Fifteen Minutes Program planned. Planners explain that every fifteen minutes a person dies of an alcohol related collision.

The mock crime scene was just the start of the emotionally charged program with students acting out the tragic parts. The crime scene instills teenagers with the dangerous consequences of drinking alcohol in a real life situation. This powerful program challenges students to think about drinking, personal safety and the responsibility of making mature decisions in their lives.

Back at the crime scene, ambulance crews finished loading the bloody beaten bodies into the vehicle. The ambulance speeds over to the football field where paramedics from the Alaska Air National Guard's 212th Rescue Squadron repel out of a HH-60 Pave Hawk helicopter. After landing on the ground, they quickly load up the students to take them to the hospital.

Moments later, students who were observing the entire production are headed back to class. The hallways are full of students – but they're quiet, contemplating what they've just "experienced." The message is starting to sink in.

Danger is still in the air. Just as students return to their rooms, and things seem to be settling down, there is a knock at the door. The grim reaper walks into classrooms all over the school and every fifteen minutes he takes one of the students away. This represents the percentage of teenagers around the nation who will die from an alcohol-related incident that day. How sobering the moment as the next morning the entire student body attends a funeral service for 27 of their classmates who died. The gym is dark, with only a few lights on, and many students and parents are weeping. Their feelings are sincere. The Army National Guard Mobile Events Team provided an Honor Guard for the “funeral.” Sergeant Jeff Bogle, MET leader said, “This event is aimed at the kids, but I think we have all been affected somehow. We came to support this program, but I think we will all walk away with a life-long lesson.”

Through efforts of police officers, educators and community volunteers, Every Fifteen Minutes reaches more than 20,000 students this year across the America.



**PHOTO: Youngsters Gain Insight About Value of Their Lives. Anchorage Police and Fire Departments, Anchorage School District, local hospitals, the District Attorney’s office and the Alaska National Guard supported Every Fifteen Minutes.**

Story Last modified at 4:38 p.m. on Thursday, April 27, 2006

## 15 Minutes DUI simulation gets students' attention

By **AMY M. ARMSTRONG**  
For **The Alaska Star**

Organizers of the Every 15 Minutes drunk driving simulation at Chugiak High School last week got their desired reaction from students: shock, grief and even laughter.

"Yes, some of the onlookers were laughing," said Wendi Shackelford, an Anchorage Police Department school resource officer assigned to Chugiak. "But that doesn't bother me. It's a pretty normal reaction for a teenager to have when faced with a situation that makes them uncomfortable."



Shackelford along with Kathy Vik, the school's family and consumer science teacher, spearheaded the job of bringing the two-day, national program to Chugiak April 18 and 19.

Every 15 Minutes is an awareness program aimed at giving students a realistic look at the consequences of driving while under the influence of alcohol or other drugs. About 100 volunteers, including several from law enforcement agencies, prepared almost two years for the event, a first in Alaska.

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Fake blood, real tears: Linda Flegle hugs her daughter, Christine Flegle, who played one of the teens killed in a simulated car crash caused by a drunk driver April 18 at Chugiak High School. Though the crash was not real, their tears were. It was part of the Every 15 Minutes awareness program aimed at decreasing the number of teens who drive under the influence of alcohol or other drugs.

PHOTO BY DAN SHEPARD

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The simulation included a mock crash aftermath that had the dead and injured wearing make-up to make it all look real. The drunk driver was arrested at the scene and arraigned in court, where emotional victim impact statements were read to the judge. There was a memorial service at the school.



A volunteer dressed as the Grim Reaper plucked a student from a classroom every 15 minutes as a reminder of the frequency of nationwide drunk driving fatalities. Those "walking dead" students later returned to class wearing white makeup and were not permitted to speak or interact with other students.

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The Grim Reaper enters a classroom at Chugiak High to collect the "walking dead" who chose to drink and drive or ride with an intoxicated driver.

*PHOTO BY AMY M. ARMSTRONG*

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"I think if we have planted that seed that might cause even just one to stop and think about not drinking and driving, about not getting in a car with someone who has been drinking and driving, then we have done our job," Shackelford said. "It might take time for all of this to sink in, but it will."

That's what senior Madison Alger, a member of the "walking dead," hoped.

"When I saw some people laughing, part of me wanted to say, 'Hey, this is serious.' But maybe they were covering up how much it was really impacting them by laughing and, in reality, it may change them more than we can see right away," Alger said.

Alger became involved in the project to honor a friend who died due to a drunk driving collision during her freshman year when she attended boarding school in Minnesota.





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Rachel Byrnes and Lindsay Dyal hang white memorial flowers on the fence at the school to commemorate the victims of the simulated fatal drunken driving collision in the staff parking lot. It was part of the Every 15 Minutes program last week.

*PHOTO BY AMY M. ARMSTRONG*

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"I've been thinking a lot of that person today," she said April 18.

Alger said being "dead" was difficult.

"It made me cry. I feel very lonely," she said.

Just think how the Grim Reaper felt.

The only verbal interaction he had with students was his ominous entrance into various classrooms announcing yet another death.

"Because you chose to drink and drive, you must now come with me," he repeated numerous times as he held his scythe out toward the pre-selected student.

If a particular classroom had a second fatality, the Reaper announced, "Because you chose to ride in a car with someone who was drinking and driving, come with me."

Reactions in classrooms varied from giggling to near terror, but the Reaper continued his rounds unfazed.

"Some of the laughter bothers me a bit because I want these students to know this is a serious issue," said Todd Hemmert, who played the role of the Grim Reaper. His daughter, Brittney, is a junior and became involved in Every 15 Minutes planning last fall. "But again, if we reach just one student, it was worth it."

While Hemmert said he knows his daughter isn't perfect, he is also assured she won't drink and drive and he wanted to help spread that concept across the student body - particularly as the prom season is here.

"That is a very dangerous time for these students," he said. "They need to be aware that there is danger at all the parties that go on afterward."

While some may choose to turn a blind eye to the amount of underage drinking going on among the student population, Meghan McDonald, a senior who was also a member of the "walking dead," said the school's nickname of - CHUG-iak - ought to be a clue.



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"Drinking is a big problem here," she said. "It is a big social influence."

That's something that freshman Lindsay Dyal and sophomore Rachel Byrnes agree with.

As the pair hung white memorial flowers on the school fence, they admitted that they know students who leave campus during lunch to drink or pour booze in their morning coffee or energy drink.

"I hope this event is an eye opener for people to realize what is really happening around them," Dyal said.

"And that it changes them," Byrnes added.

To learn more about the Every 15 Minutes program, visit the program's national website [www.every15minutes.com](http://www.every15minutes.com).

Reach the reporter at [news@alaskastar.com](mailto:news@alaskastar.com).

This article published in The Alaska Star on Thursday, April 27, 2006.

Story Last modified at 4:38 p.m. on Thursday, April 27, 2006

## Emotions were real in drunk driving tragedy simulation

By **DAN SHEPARD** for the **Alaska Star**



It's been said, "A picture is worth a thousand words." It would take more than a thousand words to describe the experience I had April 18 and 19 at Chugiak High School photographing the Every Fifteen Minutes program.

I've had several challenging assignments over the years at The Star, but none of them compared to this one. The images the students and staff saw were as compelling as they were realistic. For the students directly involved in this event, the realism reached deep, as did the emotions.

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Dan Shepard

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I photographed the Grim Reaper taking students out of the classroom one by one. Immediately after, an Anchorage police officer along with a police chaplain came into the classroom to read each student's obituary to the class. The room went silent.

The stunned look of, "What just happened?" and the sideways glances started what was to be a full dose of reality. Even when I knew it was coming, I too felt a sense of sadness. "How must they be feeling right about now?" I thought. I kept shooting, trying to capture what words are hard to describe. There was more to come, lots more.

Principal Rick Volk told the students over the school's public address system that there had been a terrible vehicle collision in the school's parking lot. The entire student body and staff filed outside to the crash site. A "real life" drama unfolded before our eyes. The Anchorage Police and Chugiak Volunteer Fire departments responded as if it were real.

As I looked through the viewfinder of my camera, my heart began to ache. I've taken hundreds of pictures of Chugiak and its students. I've photographed Matt Devlin many times pulling down a touchdown pass, but never with a screwdriver embedded in his back and being carried on a stretcher to a waiting ambulance. Samantha Dubin has been featured in The Star sinking a bucket or getting high fives from teammates, but never being sentenced by a Superior Court Judge to 15 years in prison for killing two people and injuring several others in a fatal car crash while driving under the influence.



I had to concentrate hard to keep shooting and stay focused and not let my emotions get away. I had to keep reminding myself, "This is not real. It's a drama." But what if it were real?

Aside from the real-life accuracy it portrayed, which pulled me into the entire event, I was drawn by the courage of these young people and the parents involved. Like Gordon Hanes, father of Brooke Hanes, who "died" in the crash. As he addressed Superior Court Judge Morgan Christan to give a victim impact statement, my camera was at my side. It was if I couldn't photograph him. As he spoke, I could feel the tears welling up in my eyes, as did many others in the room.

Why was I getting so emotional? Maybe it's because this could happen to my family or me. Gordon's words had meaning and feeling as if this really did happen. Why would he put himself through this, I thought? I only shot two photos of him while he spoke. It was as if I was paralyzed.

Or how about Linda Flegle, who was called to the scene to identify her daughter, Christine. Would I have that kind of courage?

There was plenty of courage to go around. The parents and students arrived April 19 dressed in black to attend the memorial service in the school gym, complete with casket and color guard. How much courage did it take for Eric Pinard-Janich to read a letter to his parents, in front of the entire school, which started, "Dear Mom and Dad, I died today and didn't have a chance to tell you...." Or how about the real life story told to us by Charlotte and Chrysti, both sides of a real drunken driving tragedy? It was as if I had been socked in the gut after listening to these speakers.

At the end, I was grateful. Grateful this was all pretend. Grateful I could go home to see my family. Grateful that all the "victims" could go home to their families. Grateful for all the volunteers who helped bring this program to Chugiak High School to educate our kids about the real tragedy that happens in a drunk driving crash. Extremely grateful to Kathy Vik, Leah Uehling and police officer Wendi Shackelford who had the vision and determination to lead a team of volunteers over two years to make this presentation a reality.

Every 15 Minutes was a success in every sense of the word. Yet, the true measure of success is not how many eyes were filled with tears or how well the students played their role. But rather it will come in the middle of the night when one of Chugiak's students thinks back to this and makes the decision to not drink and drive or get into a vehicle with someone who has. Then, all this will have been well worth it.



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-Dan Shepard is a freelance photographer for the Alaska Star.

This article published in The Alaska Star on Thursday, April 27, 2006.



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*Story Last modified at 4:37 p.m. on Thursday, April 27, 2006*

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## **Every 15 Minutes good news for all of us**

By Tony Bickert, Editor for the Alaska Star

People who choose to drive under the influence of alcohol or other drugs not only risk hurting themselves and the people who choose to ride with them, but they put us all at risk for we never know when an impaired driver will cross our path.

That's why last week's successful Every 15 Minutes drunk driving simulation at Chugiak High School is not only good news for the students, but for everybody.

Named after the frequency of U.S. DUI-related fatalities, Every 15 minutes was a play, but not your usual, charming school drama. This was a major production nearly two years in the making, a two-day tragedy produced and acted out by a huge cast of students, parents, law enforcement officials and other volunteers. Chugiak High teens were the audience. The goal was to simply get their attention.

It did. Though the blood was fake, the gallons of tears shed by the students - as well as by the parents and even some law enforcement officials - were real.

That's success. The students will not easily forget what they experienced last week, and chances are some will recall that emotional experience when it comes time to make the decision whether or not to drive under the influence of alcohol or other drugs. And at least a few will choose not to.

Thank you, cast and production crew of Every 15 Minutes, for making the roads safer for all of us.



*Story Last modified at 12:48 p.m. on Monday, May 8, 2006*

## **Kudos to 15 Minutes crew**

Kudos to Wendi Shackelford, Kathy Vik and the whole team of kids and community members who made "Every 15 Minutes" happen at Chugiak High School.

When my daughter, Kara, first mentioned her involvement with this project, I had no idea how much would be asked of me. As the parent of a "walking dead," I experienced a uniformed police officer arriving at my place of work to inform me of my child's death. I wrote an obituary. I attended a memorial service. I shed many tears throughout this whole process, and it is even difficult for me to write this letter.

Although the facts of this two-day event were represented by the media, I'm not sure that the real impact it had on our kids has come through. There has been some mention of the kids who laughed or tried to make light of the whole thing, but I was present at the end of the "memorial assembly," when the entire school sunk into a stunned silence. This was an extremely powerful and intense experience for many. It made lots of kids think. It made me think. Students, parents, and community members alike, we all committed to this very demanding task because we believe in being part of the solution. May no parent ever have to go through what I went through, except magnified a thousand times, because it is "for real."

- Lisa Cogen, parent of 2006 Walking Dead

Chugiak

This article published in The Alaska Star on Thursday, May 4, 2006.



## **Dear Mom, I'm sorry**

*Editor's note: The following letter was written for the Every 15 Minutes drunk driving awareness simulation held at Chugiak High School April 18 and 19. Part of the event had students playing the part of drunk driving victims and offenders. Some wrote their own obituaries and, in this case, a letter from prison.*

Dear Mom, Every 15 minutes someone dies in the United States from an alcohol related car collision. Today I took the lives of two beautiful girls. Because of my actions, I will spend the next 15 years in prison.

Mom, I don't know what to say. These events have changed our lives completely. I will no longer graduate on May 30. I won't go to college and become what I wanted. I can no longer see you and hug you when I am feeling sad. This is all my fault. You could not have raised me any better. Due to my own choices and actions, everything you have ever taught me has been wasted. I hope you understand how much I love you and how sorry I am that things ended up this way. Someday I hope I can make things right again...

To Brooke, Christine, and their parents: I cannot express the sorrow I feel for all of you right now. Your pain is unimaginable and the suffering will never end. Your daughters were amazing girls with bright futures. To have everything in this world snatched away from you in one instant is horrifying. All I can do now is beg for your forgiveness, because there is nothing else. I cannot bring anyone back. I cannot backtrack and undo my decision. So, please believe me when I say that I am so sorry. I cared deeply about both of these girls and I truly hope one day you will accept my apology.

To all Chugiak High School students: What I have been through in the past 24 hours has been a series of events that are so horrific that I hope no one ever has to go through them. Not only was I sentenced to 15 years in prison, but I tore the families of two girls apart. I had to sit in a courtroom where my image was broadcast across Alaska for all to see my guilt. I had to listen to Gordon Hanes and Linda Flegle mourn over the loss of their daughters. I had to watch my own mother's heart break when I walked into that courtroom. This was the hardest thing that I have ever had to do, whether simulation or reality.

I wish that everyone could have experienced this prison with me because now I know, for the rest of my life, that I will never put my life or anyone else's life in jeopardy by driving after drinking.

**- Samantha Dubin, Chugiak High School student, 2006 EFM "drunk" driver**

This article published in The Alaska Star on Thursday, May 11, 2006.



## CHANNEL 13 NEWS 2006

<http://www.aksuperstation.com/news/local/2667681.html>



### Teens Get Hit with a "Reality Check" on Driving Drunk

Every 15 minutes someone in the United States is killed in an alcohol-related accident. In 2004 alone, 31 Alaskans died in drunk driving accidents. The grim statistic is something most teenagers don't ever think about, but this week, at one high school, the statistic became all too real.

Tears flowed Wednesday as students at Chugiak High School remembered their friends who were killed in a drunk driving accident. Together with their parents, and teachers, they grieved for their lost loved ones. But while the tears were real, the deaths were not.

The memorial was part of a program, designed to shock teenagers, to keep them from drinking and driving.

It all started 24 hours earlier, just as class was getting under way, Tuesday morning. A gruesome and chaotic accident was staged in the school's parking lot. The entire student body watched as their friends acted out the motions, and emotions, of a real crash. Bloody bodies sat motionless, hanging through windshields, and falling out of cars. The terrified drunk driver screamed as she tried to wake her lifeless friend.

Within minutes, rescuers arrived from the Anchorage Police Department, and Chugiak Fire Department. They quickly sprang into action, treating the wounded, and covering the bodies with white sheets.

Police administered a field sobriety test, as the drunk driver continued to yell for her passenger to wake up. She was cuffed, put into the back of a police cruiser, and taken to jail.

Onlookers tried desperately to separate reality from fiction.



"I thought it'd be easier, but it's not. It's kind of a reality check," said sophomore, Heather Lipscomb, as she huddled close to her friends.

Students began crying as one of the white sheets was lifted, so a distraught mother could identify her dead daughter. Linda Flegle was supposed to act as if she was devastated, but at that moment, it was no longer acting.

The second she arrived, "It was like, it was like it was real. It was like my daughter was somewhere out there in this horrible accident and I had no clue what happened to her."

As 17 year old Brooke Hanes, a victim of the crash, laid on the cold concrete, separated from the chaos by her white sheet, she felt isolated and longed to tell her friends and father she was okay.

"I have a sheet over me and I have all these emotions going on but no one knows 'cause I'm dead," she said.

18-year-old Madison Alger, who helped plan the event, was overcome with emotion as she watched paramedics treat her friends.

"It was absolutely just terrifying to see something like that. It killed me, because I was an onlooker and to know that yes it was a reenactment but yet I couldn't go out there and help them because they were dead or they were injured and how I couldn't take that pain away from them."

To keep the scene as real as possible, the two dead students were picked up by the medical examiner. At the same time, a critically wounded girl was airlifted out by the National Guard.

Back in Anchorage, 18-year-old Samantha Dubin, now in an orange prison jumpsuit, was arraigned on charges of manslaughter, and DUI.

She left court, and came back a few minutes later, now in a suit. At Dubin's sentencing the parents of the two dead students told the court how their lives had changed because of the accident. It was an emotional scene that became too hard for everyone to bear. Brooke Hanes' father cried as he told the court his daughter lived her life with "intention." Dubin also cried, and this time, she wasn't acting. At that moment, the reality of what an offender goes through became too much for the promising young woman to handle.

The experience, she says, has changed her life.



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"I could never imagine having to do this ever, I mean, whether I'm 18 or whether I'm 45 it's, this is awful."

For Dubin and the others, the pain they felt only lasted on day. But it's the memory of that day that organizer hope will follow the students for the rest of their lives, so they don't ever become just another drunk driving statistic.

\*\* The events at Chugiak High School were organized by Officer Wendy Shackelford of the Anchorage Police Department.

For more information, visit <http://www.every15minutes.com>. For more information, call 907-742-3219.

Story Created: Apr 20, 2006 at 9:18 PM AKST

Story Updated: Apr 20, 2006 at 11:24 PM AKST

<http://www.aksuperstation.com/news/local/2667681.html>

## CHANNEL 2 NEWS 2006

<http://www.ktuu.com/cms/anmviewer.asp?a=4493&z=1>

### Exercise teaches teens realities of drunken driving

Tuesday, April 18, 2006 - by Rebecca Palsha

**Anchorage, Alaska** - An Anchorage teen gets behind the wheel after having too much to drink. She smashes into another car and two people are killed. It's a horror story that was played out in front of hundreds of Chugiak High School students today, but at least this time, everyone walked away safely because this time it was all staged in an effort to keep kids away from drunken driving. It was all part of the Every 15 Minutes campaign.



Dave Steward/KTUU-TV



Dave Steward/KTUU-TV

Two cars smash into each other and Brooke Hanes lays motionless. Christine Flegle is almost unrecognizable. It could have been avoided if 18-year-old Samantha Dubin hadn't driven drunk. Luckily, today's accident was staged, to show Chugiak High School students the dangers of drunken driving.

The scene is realistic and gruesome.

"It's kind of scary. I've had friends in accidents before and they've been really lucky," said Ellen Hackenmueller

Hackenmueller had a front row seat when emergency responders covered the body of her best friend.

The scene becomes even more difficult to watch. One almost has to turn away as Linda Flegle identifies her daughter's body and her pain feels very real. Gordan Hanes is also overcome after he tells police the second victim is his youngest daughter.

"Her place was as my baby girl and that's how she cared to be remembered to me," said Hanes.

As hundreds of students continue to watch, Dubin is arrested for their deaths and hauled off to jail. Half an hour later, charged with drunken driving and manslaughter, she sits behind bars and waits to learn her fate.

"This isn't just a traffic offense, these are two homicides," said the judge.



Dave Steward/KTUU-TV

The day continues with Dubin’s trial. Her mother might be the best person to tell you how that feels.

“This would be a parent’s worst nightmare to be here on this side of the table or on that side of the table,” said Claire Dubin.

Dubin also has to face her victims’ families.



“She lived her life with intention and purpose. My deep desire would be that this life gets lived with intention and purpose because she now carries the weight of two extra persons,” said Hanes (left).

“All because of some bad decisions, bad choices, many lives were shattered, my family, my friends,” said Linda Flegle (right).



The bad choice: driving drunk.

“I am so sorry, and I will never, never, ever again ever put myself or anyone else in danger over something like that,” said Samantha Dubin, the ‘drunken driver.’ (below)



It’s a story today that everyone hopes won’t become a reality tomorrow. Some students were very upset by the scenario, but those are the types of emotions organizers want the audience to feel, so they know what it is like.



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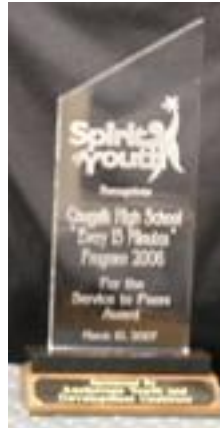


## 2007 Spirit of Youth Award Winners

by Staff  
4-1-2007

### **WINNER: Anchorage Youth Development Coalition -- Service to Peers**

- *"Every 15 minutes" Program (Chugiak)* hosted a two day event to warn the students about the dangers of mixing alcohol and driving.



## Mock scenario drives home real-life decisions

By JILL FANKHAUSER

[Alaska Star](#)

At 9:10 a.m. April 21 a police dispatcher came over the loud speaker in Chugiak High School and described a fatal crash between a truck and a car in the school's parking lot.

It was all a drill - a powerful reminder to teenagers that every 15 minutes, someone dies in an alcohol related car accident.

Police, fire and medics arrived on scene immediately and tried to control the chaos - screaming victims, an intoxicated driver and a horrible head-on collision.

"I'm sorry!" the driver yelled through her tears. "I'm so sorry."

The driver, a teenage girl named Molly Devlin, had smashed into a white sedan with filled four with classmates - all had injuries from the crash. One friend, also a teenage girl named Amanda, was killed when she crashed through the sedan's windshield.

Devlin got out of a small pickup truck, bloody and hysterical, as a police officer asked her how much she had to drink.

"We were going to a basketball game and decided to drink before," Devlin said.

She looked over her shoulder at rescuers from the Chugiak Volunteer Fire Department as they covered up the body on the car's hood and assessed the passengers' injuries. Devlin hyperventilated and sobbed.

Devlin tried to focus as the officer lead her through a field sobriety test. She was unable to balance on one foot or walk a straight line. She was put into



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Chugiak Volunteer Fire Department first response rescuers cover up a body during a fake car crash that demonstrates the impact of drunken driving to high school students.

*Photo by Dan Shepard*

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handcuffs and escorted to a police car headed for jail. She would walk through the legal process of breath analysis tests, sitting in a jail cell, court arraignment, trial and judgment.

Devlin would be booked for drunken driving and two felony deaths and charged for the injuries of four passengers.

The driver of the other car, a girl named Victoria Lomen, gasped for air. She was loaded in an ambulance and taken to Providence Medical Center for treatment, where she later died. A broken rib punctured her lung.

As police officers, medics, media and fire crews surrounded the scene April 21 in the Chugiak High School parking lot - the entire student body looked on.

Empty beer cans littered the pavement. The chaos at the scene continued. Everyone in the white sedan cried and bled. Rescuers used Jaws of Life to pry off the car doors and pull the teenagers out onto stretchers.

All the while, from the time of the crash until the medical examiner collected Amanda Landon's body, the Grim Reaper stood by as a reminder that someone had died.

Caleb Pruitt, a junior member of Chugiak Volunteer Fire Department, was one of the first responders to the accident. He has been training with the department for a few months and has some emergency medicine training.

"We started extracting people from the vehicles. That's when it kind of hit me," Pruitt said. "One of the passengers started yelling. It was a really eerie feeling, and the driver of the truck got out and was sobbing. I got mad - kind of gritted my teeth. It bugged me - it was like they were feeling sorry for themselves almost."

Pruitt said it was one of the best trainings he's ever done - even though it was a fake scenario, he was able to treat it as if were real. After the incident, he felt exhausted as his adrenaline settled.





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Two people hug during a make-believe memorial ceremony at Chugiak High School April 22 for victims who died as part of drunken driving scenario. No one really died, but students read letters to parents as though they had.

*Photo by Dan Shepard*

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### *Someone dies every 15 minutes*

The last time the Grim Reaper, Tod Hemmert, with the National Guard, came to Chugiak was in 2006, as part of the school's first Every 15 Minute drunken driving education effort. At the time he was a parent of a Chugiak student and wanted to demonstrate responsible behavior for his daughter and her classmates. His daughter has graduated, but he was so moved the last time the school hosted the event, he jumped at the chance to do it again.

"This is such a touching program for the parents and the kids. I'll keep doing this as long as they ask me to come back," he said.

He donned a black cape and skeletal mask and gloves and seemed to float around the crash scene. He is a 6 foot, 6 inch man, and his height adds to the magnitude of the Grim Reaper - a symbol to students that people had died in the collision

The reaper's job throughout the day was to pull kids from class - one every 15 minutes. Police officers and chaplains followed the reaper to read the students'

obituaries to classmates.

The walking dead painted their faces white and wore black T-shirts as a reminder to others they were dead. They didn't speak in class or to their friends in the hallway or at lunch.

"Reactions are very somber - nervous laughter or a scream," Hemmert said "We get the reaction we want, the soberness of what's happening. If this just sticks in one person's head and stops them, it's worth it."

### *The walking dead*

Fifteen students were pulled from their classes one by one throughout the day to be a walking reminder of the finality of death.

Tyler Greensfelder, a junior, volunteered to become one of the walking dead. He heard about the program when he was at Mirror Lake Middle School in 2006. The reaper showed up at his classroom door and said that since Greensfelder chose to get in a car with a drunken driver, he was dead.

"I just wanted to see the impact that I would have on people, he said. "People see me coming down the hall and they stop talking. It's harder than I thought it would be."

Anchorage police officer John Bennett delivered death notices to classrooms and read obituaries. He has done these for real - telling families about the death of a loved one - and said it's one of the worst of his duties as a police officer. "It's very painful because you are bringing the worse news possible," Bennett said. He experienced some of the pain and compassion during the school event. "You almost get caught up in it a little bit. You can see it in the kids faces that it hits them, probably unexpectedly - even though this is a simulation, it still has an effect on them."

Police officers and chaplains tracked down parents at their jobs to break the bad news that their son or daughter died in an alcohol-related accident. The parents were warned this would happen, but police chaplains said the parents still took the news hard.



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Molly, a drunken driver, is reflected sitting in a pickup truck as she waits for help to arrive after a mock car crash for the drunken driving education program Every 15 Minutes at Chugiak High School. A fatality victim named Amanda lies on the hood of the other car.

*Photo by Dan Shepard*

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That night parents didn't see their children at home, as the students were off at a retreat to contemplate the day and the possible impact of their own death.

### *The victim's view*

During the crash, fatality victim, senior Amanda Landon, laid across the hood of a car with her head through the windshield. Her eyes were closed and she was covered with a white sheet. She said it was surreal to hear the rescue going on around her.

Landon's mother Kay Landon arrived on scene accompanied by a police chaplain and Bennett to say goodbye to her daughter. Kay Landon wailed was unable to stand on her own when she saw her daughter. "I felt really sad - and disappointed, like I really did get into this position where I did drink and get into this accident - it felt hurtful," Amanda Landon said. "Like I made that choice where she would be in that state. I heard my mom and she hugging me. I started crying, but she couldn't see it."

Amanda Landon was zipped up in a body bag and taken to the state medical examiner's office in Anchorage. She was taken into a room where dead bodies were stored, and where one was out in the open. "This will definitely be something to remember," she said. "There's so many people who make this decision every weekend - people you know who drive drunk and you want to say like 'Hey, this is a really stupid choice.'"

### *Reach kids before tragedy strikes*

School resources police officer Wendi Shackelford hopes that students realize the impact of the decisions they make when they go out. "Our goal is to change one - too keep a kid from drunk driving or getting in as passenger," she said. She believes the program effectively reaches students. "It's a way to reach the kids before a tragedy and this is as close as we can get it to the tragedy with that emotional impact," she said. "I believe it does hit across the board. They may be 40 before they have to use this skill - but we've lodged it in there because we've tied emotion with learning."

Shackelford and teachers Kathleen Vik and Leha Uehling have been planning this event since September 2008. They got grants from the Anchorage Police Department and State Farm Insurance to help pay for promotional items like T-shirts for students and volunteers. And they got help from local businesses to supply lunch, snacks and drinks for the 94 volunteers that helped out.

After school the walking dead and victims headed to an overnight retreat to reflect and prepare for a memorial service the next day. The memorial service, complete with two caskets for the victims, was held in the school's gym Friday. Students read letters to their parents about how their lives were cut short and listened to a real victim of drunken driving.

"You could hear a pin drop at the end of it," Shackelford said.

Reach the reporter at [jillfankhauser.@alaskastar.com](mailto:jillfankhauser.@alaskastar.com).

This article published in The Alaska Star on Thursday, April 30, 2009.



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The Grim Reaper stands near rescuers as they stabilize a victim pretending to hurt in the Every 15 Minutes drunken driving program at Chugiak High School.

*Star Photo by Jill Fankhauser*

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**Southern Region Emergency Medical Services Council, Inc.**  
**June 2009 , Vol 21 No 2**



Moulage Team Leader Brian Webb gets the scene ready



Extrication of the First Victim

## Every 15 Minutes

By Ronni Sullivan

Board of Supervisors, Chugiak Fire Service Area

### *THE FIRST DAY*

It was a beautiful spring day and the entire student body of Chugiak High School was out in the parking lot. They were staring at two vehicles, a small pickup and a sedan, in a head-on crash scene. One body was lying lifeless across the hood of the car, her head and torso through the windshield. Screams and moans came from the other four injured and the drunk driver. A tall, black robed Grim Reaper moved through the scene as sirens wailed and police, fire and EMS began to arrive.

Bad judgment, blood and beer cans all set a stage too familiar to EMS responders. But this wasn't about us. It was about the 1300 students seeing it all unfold in real time, and realizing they knew the kids in the cars and this could happen to them.



The victims were extricated, immobilized and transported to the hospital, where another girl died in the ER. Her parents were called to her side as the potential reality swept them into the tragedy. The drunk driver was arrested, finger printed, jailed. She later went to court and was convicted....another young life inextricably changed by what happened. The student body returned to class, thinking it was over. But for the rest of the day, every 15 minutes the Grim Reaper showed up in a classroom and took another student away to signify the life lost every 15 minutes to drunk driving in this country.

### ***THE SECOND DAY***

It was a huge memorial service. There were pictures of each of the victims, with candles burning and funeral wreaths nearby. The lively and noisy student body filed in and took their seats in the bleachers but quieted quickly as the setting before them began to sink in. Grieving families, some already crying watched the pall bearers carry the coffin to the front. You could have heard a pin drop in the room as the entire 1300 students focused on what was happening, and why.

Two of the victims took the stage and read letters they had written to their parents the night before, which began...“Dear Mom and Dad, every fifteen minutes someone in the United States dies from an alcohol related traffic collision, and today I died. I never had a chance to tell you ...They spoke of love and words unsaid and of missed opportunities. Parents read similar letters they had written to their children. They spoke of deep sorrow and dreams lost and a lifetime of pain ahead. We were all transported by the reality. When the kids returned to the arms of their parents there were few dry eyes in the house.

When the student body went back to class after the service they were quiet still, with a little nervous laughter, but obviously touched by what they had seen. They had just experienced some of what could happen and how the decision to drink can affect many more than the one who takes that drink.

Will the lesson last? We all hope so. But if even one of these kids makes a better decision because of this program then it was worth all the long hours and hard work that went into putting it together. The parents, the kids and the rest of us in Chugiak were again well served by this tremendous community project.

It was the work of so many, spearheaded by Officer Wendi Shackelford, coordinated primarily by Chugiak High School and Anchorage Police Department, with Chugiak Volunteer Fire and Rescue (and 23 of their responders). It wouldn't have been possible without the many committed individuals and agencies that worked to make this a success, including the hospital, district attorney, chaplains, the great moulage team and many, many others. Good work, all of you, and thank you.

### Students get face-to-face with drunken driving consequences



The grim reaper oversaw the proceedings on Tuesday. (Joshua Borough/KTUU-TV)

by Maria Downey  
Tuesday, April 21, 2009

CHUGIAK, Alaska -- The simulated drunken driving crash Tuesday at Chugiak High School was about as real as a simulation can get.

It was a life-saving message sent in a very graphic way. One person was dead, and five were critically injured. It all started with a suspected drunken driver who was tested at the scene.

During the awareness program, the grim reaper was also on site. During the day, he visited classrooms where he removed a student every 15 minutes.

A police officer then read the student's obituary written by their parents. "The feedback that we've gotten is that it's had a real emotional impact on the students that are not only involved role playing but as well as the students that are watching it as well. It's a tremendous program to get this message out to don't drink and drive," said Officer John Bennett.

The simulation takes place about every other year at different schools throughout the district.

Contact Maria Downey at [mdowney@ktuu.com](mailto:mdowney@ktuu.com)





## When does it hit home?

By admin on September 24, 2009 12:00 PM

This spring a group of students from the Journalism and Public Communications Department at the university produced a video for the Anchorage Police Department and the Anchorage School District. The video was a mock DUI vehicle accident involving Chugiak High School students that played out before the rest of the student body in the parking lot of the school.

Ambulances, fire fighters, police, parents and news media were witness to a series of events from the beginning to bodies being taken either to the hospital, the morgue, booking procedure and trial, but it did not stop there ~ the next morning there was an all school assembly, testimonials from parents and "funeral".

The university students followed all the action from the call to the drama of the trial and sentencing. Six cameras and ten students followed the action and spent the next 24 hours producing a 5-minute video that was played during the assembly.

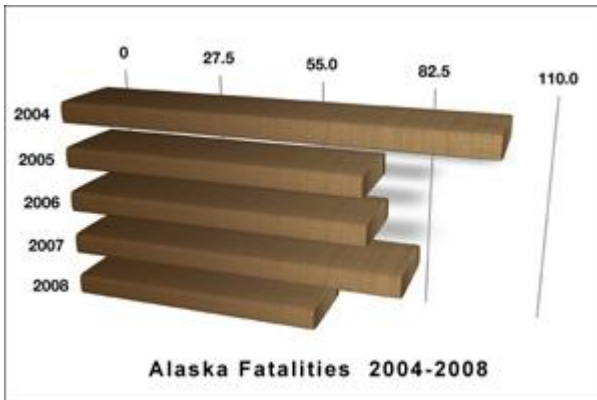
The entire effort took a tremendous amount of time and dedication on all fronts. TATI Broadcasting was airing "live" reports from the accident scene. Cameras captured the agony of parents whose children had been "injured or killed" in the accident. There are scenes from the accident, there are scenes from the morgue, there are scenes from Providence Hospital as emergency room personnel try to save those that were seriously injured in the accident.

There is the booking process, the locking of the jail doors, the events that transpired in the courtroom. Every step of the process was documented and highlighted in the video that played the next morning.

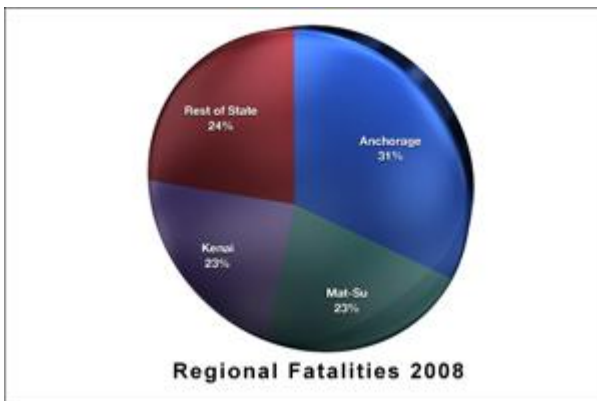
One could not help feeling the impact of the event ~ no one. Parents talked about their loss, friends of the "deceased" spoke of their loss and, hopefully, the casket rolling into the room was enough to bring the room to tears.

I was reminded of all this as I watched the 20-minute video that is now in the final stages of being produced. If it was not enough to go through the experience once, Katrina Grimwood, the UAA student producer, has brought it all back to the forefront in a power piece that should remind all of us of the cause and effect of driving under the influence ~ even a greater pull on the heart strings when it is centered on the problem of teenage drivers who lack fear.

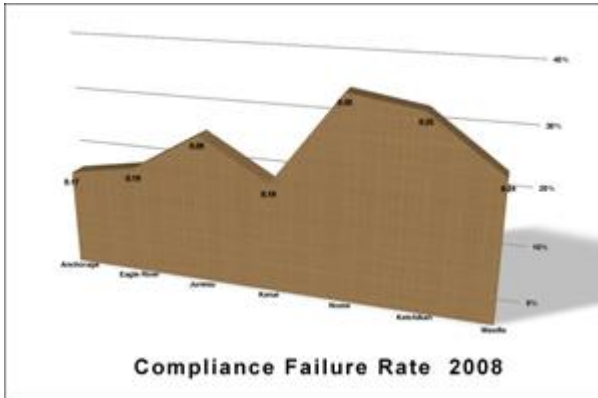
It should be an important reminder to everyone that there is a problem with young drivers drinking and driving in Alaska. Forty-four percent of last year's traffic fatalities involved someone under the age of 25 including younger children killed by their parents who were drinking and driving.



The evidence of the problem is captured in the charts accompanying this article. The majority of Alaska's fatalities occur between the Valley and Kenai which should be no surprise given the number of headlines and news stories noting the increase of accidents on the Seward Highway this summer.



While the statistical fatality trend has varied over the last 40 years, I was alarmed at the statistics on how easy it is for the underage to actually buy alcohol. This is highlighted by the percentage of stores that "failed" the Alaska Department of Safety test by selling alcohol to individuals that had no business buying it. Nome and Ketchikan lead the state, but Anchorage and Wasilla are not far behind.



Behind all of this is Wendi Shackelford of the Anchorage Police Department. Literally, with a cast of hundreds she brought together a monumental task that went off according to plan. She had a lot of help and there were so many people that it would be impossible to name them all even if I could. Her efforts on behalf of our teens should be appreciated. Having watched her, she cares and is moved by the problem and sprang into action.

Copyright 2009 red bradley, 2009 videographer



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**CONTACT INFORMATION:**

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School Resource Officer – Chugiak High School  
Anchorage Police Department  
4501 Elmore Street  
Anchorage Alaska 99507

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Voicemail: (907) 786-2692  
Dispatch: (907) 786-8900

Email: [wshackelford@muni.org](mailto:wshackelford@muni.org)

Websites: [www.every15minutes.com](http://www.every15minutes.com)  
[www.asdk12.org/schools/chugiak/pages](http://www.asdk12.org/schools/chugiak/pages)

Chugiak High 2006 EFM Photos:

[www.asdk12.org/schools/chugiak/pages/Every%2015%20Minutes%20at%20CHS/EFM%20Photos/index.htm](http://www.asdk12.org/schools/chugiak/pages/Every%2015%20Minutes%20at%20CHS/EFM%20Photos/index.htm)



NAME	EMAIL	WORK PH	OTHER PH	COMMITTEE	CONTEXT
Adams Jessica					
Alcantara Cecilia					
Ambasht Anurag				Sponsors and PR	student ERHS
Anderson Brandon Lt.				Retreat speaker	AST
Anderson Len					KSKA 91.1 FM
Angevine Kari				Death notification	
Ashton Matt					
Bartley Bruce				Crash site	CVFD Chief
Bowers Jenn					
Boyer Rachel				Crash site	student govt
Boyer Seth				Media and Video	student govt
Brewer Sam				Media and Video	student govt
Brooks Kalei				Public Affairs Ft Rich	National Guard
Bridges Corina					
Brevogel Chrysti				Assembly	speaker
Bruce Brittney				Crash site/Assembly	student
Burrill Cindy					parent
Busch-Scully Jordan					Chugiak VFD
Byrnes Rachel				Hospitality	student govt
Calkin Teena				*Media/Debriefing	parent
Cardenas David					
Carrico Ethan					
Christen Morgan				Crash	Judge
Cloudy Christine				Hospitality	student govt
Cook Matt				Death notification	student govt
Cramer Ken				Crash site	Medical Examiner
Cross Samantha				Death notification	
Currey Rebecca				Student retreat	student govt
Davis Nicole					
Davison Jolene					
Delaney Baeley				Death notification	student
DeTerra Michael				Crash site	student govt
Devlin Matt				Student retreat	student govt
Dirkes David					
Dubin Samantha				Crash Site	student govt
Dyal Lindsay				Student retreat	student govt
Eldred Paul				Media and Video	student govt
Erickson Marti				Crash Site	
Evans Shirley				Any	
Fankhauser Ken				media	National Guard
Flegle Christine				Death notif/Student retreat	
Flegle Linda				*Student retreat	
Flowers Brian				Crash Site	
Freeman Justin				Crash site/Assembly	AST media
Gallagher Kelcy				Assembly	student govt
Goble Sally					therapist
Greeson Marti					MADD
Griffin Doug					ABC Board



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Griggs Brian				Student retreat	volunteer
Hakenmueller Ellen				Student retreat	student govt
Harrison William				Sponsors and PR	student
Hartley Jeff					Chugiak VFD
Heck Denise					
Hemmert Brittney				Crash site	student
Hemmert Tod C.				*Death notif	National Guard
Hesser Amanda					
Hesser Becky					
Holmes Rebecca					
Hope Patrick				Diamond Parking Inc	parking pass
Hopper Caitlin					
Hopper Robin					
Hutchins Haley				Death notif	student govt
Jamieson Cari					student
Kelter Derya				Death notif	student govt
LaRue Kara				Student retreat	FCCLA
Laird Greg				Kulis AG 210 Rescue	
Lawrence Kassie				Hospitality	student govt
Levy Donna					
Martinez Ashley				Crash site	student govt
McCulley Mindy				*Death notif/Crash site	APD impounds
McMichael Virginia				Crash site	Chugiak VFD
McMullen Jenny					
Merkel Paul				Retreat	speaker
Miller Wanda				Any	
Minor Scott				crash site	photographer
Mohon Chris					
Mohon Justin					
Moore Shauna				Student retreat	
Morgan Zach				Assembly	
Moser Ashley				Crash site/Assembly	
Mott Keeley					
Murphy Jason					
Norby Brittney				Hospitality	student govt
Northey Janet				Media and video	student govt
Novak John				Crash	DA's office
Perham Tina					
Phelps Charlotte				Assembly	speaker
Pickens Brittany				Sponsors and PR	student govt
Pickett Isaac					
Provenzano Lilly				Crash Site	
Radcliffe Kori				Crash	crash victim
Rochford Paul				Crash site	CVFD
Rodda Charlene					
Runyan Janet					therapist
Schurosky Justin				Sponsors and PR	student
Schweizer Matt					



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Seal Amanda				Media and video	student govt
Shackelford Wendi				*Assembly	APD/SRO
Shearer Rae				Death notification	
Shearer Tim				*Student retreat	
Shepard Brad				Crash site/	CVFD
Shepard Dan				Crash site	parent/photos
Shepard Patrick					
Simeon Kate					
Smith Sarah				Hospitality	student govt
Sparks Zachary				Hospitality	student govt
Tanner Kelsey					student
Turner Laura				crash	EAFB
Turner Rick					
Uehling Leha				*Assembly	teacher/stud govt
United Methodist				retreat	retreat location
Urbanovsky Becca				Death notif	student govt
Van Bakel Carrie				Assembly	student govt
Vergnetti Kayleigh					student
Vik Kathy				*Hospitality	teacher/FCCLA
Webb Brian				Crash	moulage
Wells Lance				Crash	defense attorney
Whitehead Justin				Media and Video	student govt
Wilson Pat				*Crash Site	teacher
Witman Mike				Crash Site	CVFD
Worland Rick				Crash site/Assembly	Funeral home
Wright Caroline					
Young Britney				Assembly	student govt



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**EFM CONTACT LIST – 2009**

2010 edition

NAME	EMAIL	WORK PH	HOME PH	COMMITTEE	CONTEXT
Ashcraft Patricia				crash site	
Bartley Bruce				Crash site	CVFD Chief
Bradley red					videography
Buckingham Mike				Assembly; retreat	speaker
Budke Kathy				AK Highway Safety Office	funding
Bulawa Paul					Judicial Services
Burke Betty					nurse
Busch-Scully Jordan					Chugiak VFD
Bye Lawrence					ME
<b>Calkin Teena</b>				*Media/Debriefing	
Campbell Lea					Aurora Towing
Carrigan Cary					emcee for assembly
Duncan Matt				media	assembly video
Eastman Jordan				hearse, coffin	Janssen Memorial home
Griggs Brian				Student retreat	volunteer
Grimm, Charlie				BAC	limousine
<b>Hemmerl Tod C.</b>				*Death notif	National Guard
Hoage Stephen				crash site	Medical Examiner
Hope Patrick				parking pass	Diamond Parking Inc
Kirk JoEllen				bus to retreat	Forsythe Transportation
Klingeman Rich					coffin and hearse
Life Touch Photography				assembly	photos of dead kids
Logue Michael					defense for DUI
<b>McCulley Mindy</b>				*Death notif/Crash site	APD impounds
McMichael Virginia				Crash site	Chugiak VFD
McQueen Bert				crash site	chaplains
Mearity Dena				t shirts	





Merkel Paul				Retreat and Assembly	speaker
Messick Jennifer				Mike B	
Minor Scott				crash site	photographer
Oopsie Daisy				assembly;	
Phillips Kathy				Meredith	memorial wreath
Runnels Kat					DA for courtroom
<b>Shackelford Wendi</b>				*Assembly	APD/SRO
Shepard Dan				Crash site	parent/photos
<b>Uehling Leha</b>				*Assembly	teacher/stud govt
United Methodist				retreat	retreat location
<b>Vik Kathy</b>				*Hospitality	teacher/FCCLA
Volland Philip					Judge
Wagoner Kris					chaperone
Warning Lights of Alaska				Roxanne Wilson	traffic cones
Webb Brian				Crash	moulage
Whittom Jessi					ME
Weiss Bruce				Crash	hospital contact
<b>Wilson Pat</b>				*Crash Site	teacher



# CHUGIAK HIGH SCHOOL

# EVERY 15 MINUTES

PRE- & POST-TEST  
SURVEYS



## Pre Test Survey for *Every 15 Minutes* Participants

Revised: March 23, 2006

**We are interested in your behaviors and attitudes about alcohol and road safety *before* your participation in the *Every 15 Minutes* Program. Your responses will remain anonymous; no one will know how you answered. For the purposes of this survey, ‘alcohol’ refers to beer, wine, wine coolers, or liquor (distilled spirits or “hard” liquor). ‘One drink’ means a regular sized can, bottle, or wine cooler; one mixed drink or one shot glass of liquor.**

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Your school	Your birthdate	Male/female	Age	Grade	Today's date
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1. Have you ever used alcohol?    Yes            No    (CIRCLE ONE)
  
2. In the last 6 weeks, how many times have you drunk alcohol? (CIRCLE ONE)  
 A. never    B. once    C. 2 or 3 times    D. once a week    E. few times a week    F. daily
  
3. During the last 6 weeks, on how many days did you have 5 or more drinks within a couple of hours? (CIRCLE ONE)  
 A. 0 days    B. 1-2 days    C. 3-9 days    D. 10-19 days    E. 20 or more days
  
4. During the last 6 weeks, have you driven a car when you were/had been drinking?  
 (CIRCLE ONE)  
 A. never    B. 1 time    C. 2 times    D. 3-6 times    E. 7 or more times    F. I don't drive
  
5. During the last 6 weeks, have you been in a car with friends who were/had been drinking? (CIRCLE ONE)  
 A. never    B. 1 time    C. 2 times    D. 3-6 times    E. 7 or more times
  
6. How do you feel about another student about your age trying 1 or 2 drinks of alcohol?  
 (CIRCLE ONE)
  - A. I think it is fine.
  - B. I have no feeling about it.
  - C. I would be slightly concerned.
  - D. I would be very concerned.
  - E. I think it is wrong.



7. How do you feel about another student about your age drinking 5 or more alcoholic beverages at one time? (CIRCLE ONE)

- A. I think it is fine.
- B. I have no feeling about it.
- C. I would be slightly concerned.
- D. I would be very concerned.
- E. I think it is wrong.

8. How do you think your best friend would feel if you got drunk? (CIRCLE ONE)

- A. They would think it is fine.
- B. They would have no feeling about it.
- C. They would be slightly concerned about me
- D. They would be very concerned about me
- E. They would think it is wrong.

9. Would you drive a car after you have consumed.... (CIRCLE ONE)

- |                      |     |    |            |
|----------------------|-----|----|------------|
| ...1 or 2 drinks?    | Yes | No | Don't know |
| ...3 or 4 drinks?    | Yes | No | Don't know |
| ...5 or more drinks? | Yes | No | Don't know |

10. Would you ride with a driver who has consumed....(CIRCLE ONE)

- |                      |     |    |            |
|----------------------|-----|----|------------|
| ...1 or 2 drinks?    | Yes | No | Don't know |
| ...3 or 4 drinks?    | Yes | No | Don't know |
| ...5 or more drinks? | Yes | No | Don't know |

11. Would you try to prevent someone from driving who has consumed.... (CIRCLE ONE)

- |                      |     |    |            |
|----------------------|-----|----|------------|
| ...1 or 2 drinks?    | Yes | No | Don't know |
| ...3 or 4 drinks?    | Yes | No | Don't know |
| ...5 or more drinks? | Yes | No | Don't know |

12. In the past 6 months, how likely were you to:

	always	usually	seldom	never
Watch out for my friends who were drinking	[ ]	[ ]	[ ]	[ ]
Worry about a friend's drinking and driving	[ ]	[ ]	[ ]	[ ]
Try to prevent a friend from driving after drinking	[ ]	[ ]	[ ]	[ ]
Talk to my friends about their dangerous drinking	[ ]	[ ]	[ ]	[ ]
Talk to my parent(s) about drinking and driving	[ ]	[ ]	[ ]	[ ]
Talk to teachers or other adults about drinking	[ ]	[ ]	[ ]	[ ]
Be the designated driver	[ ]	[ ]	[ ]	[ ]
Buckle my seat belt	[ ]	[ ]	[ ]	[ ]

**\*\*If you do not drink, the survey is complete.**



13. In the past 6 months, how likely were you to:

	always	usually	seldom	never
Set a limit on my alcohol consumption	[ ]	[ ]	[ ]	[ ]
Call someone for a ride home instead of driving	[ ]	[ ]	[ ]	[ ]
Become ill after drinking	[ ]	[ ]	[ ]	[ ]
Choose not to drink with my friends	[ ]	[ ]	[ ]	[ ]
Gave up my keys because I had been drinking	[ ]	[ ]	[ ]	[ ]
Do "binge" drinking (5 or more drinks at once)	[ ]	[ ]	[ ]	[ ]
Participate in drinking games/competition	[ ]	[ ]	[ ]	[ ]
Walk home instead of driving	[ ]	[ ]	[ ]	[ ]
Get a ride with a designated driver	[ ]	[ ]	[ ]	[ ]
Designate a sober driver	[ ]	[ ]	[ ]	[ ]
Use a "no questions asked" contract with an adult/parent	[ ]	[ ]	[ ]	[ ]



## Program Evaluation for *Every 15 Minutes* Participants Debriefing

**We are interested in your opinion about the *Every 15 Minutes* program. We are also interested in behaviors and attitudes about alcohol and road safety since your participation in the *Every 15 Minutes* Program. Your responses will remain anonymous. For the purposes of this survey, ‘alcohol’ refers to beer, wine, wine coolers, or liquor (distilled spirits or “hard” liquor). ‘One drink’ means a regular sized can, bottle, or wine cooler; one mixed drink or one shot glass of liquor.**

1. Please check the box that represents your response to the following statements.

<u>Statement</u>	Strongly Disagree	Disagree	Agree	Strongly Agree
I learned about the legal events that occur as consequences of drinking and driving.	[ ]	[ ]	[ ]	[ ]
I learned about grief and the impact of loss on family and friends.	[ ]	[ ]	[ ]	[ ]
I have a more realistic view of how vulnerable I am to the effects of alcohol.	[ ]	[ ]	[ ]	[ ]
My awareness of how community professionals in law enforcement, courts, and the medical field are affected by alcohol-related collisions has increased.	[ ]	[ ]	[ ]	[ ]
Even though I knew that the <i>15 Minutes</i> events were not real, it felt very realistic.	[ ]	[ ]	[ ]	[ ]
<i>Every 15 Minutes</i> was the best alcohol abuse prevention activity in which I have participated.	[ ]	[ ]	[ ]	[ ]
Overall, the program was meaningful to me.	[ ]	[ ]	[ ]	[ ]
Overall, in my opinion, the program was meaningful to my peers.	[ ]	[ ]	[ ]	[ ]



2. Rate the following components of *Every 15 Minutes* from **5** (most meaningful) to **1** (least meaningful):

- \_\_\_\_\_ assembly
- \_\_\_\_\_ being pulled out of class
- \_\_\_\_\_ collision scene/arrest
- \_\_\_\_\_ obituary
- \_\_\_\_\_ retreat

3. What would you change in the Program to make it more meaningful?

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## Post Test Survey for *Every 15 Minutes* Participants Debriefing

We are interested in your opinion about the *Every 15 Minutes* program. We are also interested in behaviors and attitudes about alcohol and road safety since your participation in the *Every 15 Minutes* Program. Your responses will remain anonymous. For the purposes of this survey, 'alcohol' refers to beer, wine, wine coolers, or liquor (distilled spirits or "hard" liquor). 'One drink' means a regular sized can, bottle, or wine cooler; one mixed drink or one shot glass of liquor.

1. Have you ever used alcohol?    Yes        No        (CIRCLE ONE)
2. Since your participation in the *Every 15 Minutes* Program, how many times have you drunk alcohol? (CIRCLE ONE)  
A. never    B. once    C. 2 or 3 times    D. once a week    E. few times a week    F. daily
3. Since *Every 15 Minutes*, on how many days did you have 5 or more drinks in one sitting? (CIRCLE ONE)  
A. 0 days    B. 1-2 days    C. 3-9 days    D. 10-19 days    E. 20 or more days
4. Since *Every 15 Minutes*, have you driven a car when you were or had been drinking? (CIRCLE ONE)  
A. never    B. 1 time    C. 2 times    D. 3-6 times    E. 7 or more times    F. I don't drive
5. Since *Every 15 Minutes*, have you been in a car with friends who were drinking? (CIRCLE ONE)  
A. never    B. 1 time    C. 2 times    D. 3-6 times    E. 7 or more times
6. How do you feel about another student your age trying 1 or 2 drinks of alcohol since your participation in the *Every 15 Minutes* Program? (CIRCLE ONE)  
A. I think it is fine.  
B. I have no feeling about it.  
C. I would be slightly concerned.  
D. I would be very concerned.  
E. I think it is wrong.
7. How do you feel about another student your age drinking 5 or more alcoholic beverages at 1 time since your participation in *Every 15 Minutes*? (CIRCLE ONE)  
A. I think it is fine.  
B. I have no feeling about it.  
C. I would be slightly concerned.  
D. I would be very concerned.  
E. I think it is wrong.





8. Since your participation in *Every 15 Minutes*, how do you think your best friend would feel if you got drunk? (CIRCLE ONE)

- A. They would think it is fine.
- B. They would have no feeling about it.
- C. They would be slightly concerned.
- D. They would be very concerned.
- E. They would think it is wrong.

9. Would you drive a car after you have consumed.... (CIRCLE ONE)

- |                      |     |    |            |
|----------------------|-----|----|------------|
| ...1 or 2 drinks?    | Yes | No | Don't know |
| ...3 or 4 drinks?    | Yes | No | Don't know |
| ...5 or more drinks? | Yes | No | Don't know |

10. Would you ride with a driver who has consumed.... (CIRCLE ONE)

- |                      |     |    |            |
|----------------------|-----|----|------------|
| ...1 or 2 drinks?    | Yes | No | Don't know |
| ...3 or 4 drinks?    | Yes | No | Don't know |
| ...5 or more drinks? | Yes | No | Don't know |

11. Would you prevent someone from driving who has consumed.... (CIRCLE ONE)

- |                      |     |    |            |
|----------------------|-----|----|------------|
| ...1 or 2 drinks?    | Yes | No | Don't know |
| ...3 or 4 drinks?    | Yes | No | Don't know |
| ...5 or more drinks? | Yes | No | Don't know |

12. Since your participation in the *Every 15 Minutes* program, how likely are you to:

	always	usually	seldom	never
Watch out for my friends who were drinking	[ ]	[ ]	[ ]	[ ]
Worry about a friend's drinking and driving	[ ]	[ ]	[ ]	[ ]
Try to prevent a friend from driving after drinking	[ ]	[ ]	[ ]	[ ]
Talk to my friends about their dangerous drinking	[ ]	[ ]	[ ]	[ ]
Talk to my parent(s) about drinking and driving	[ ]	[ ]	[ ]	[ ]
Talk to teachers or other adults about drinking	[ ]	[ ]	[ ]	[ ]
Be the designated driver	[ ]	[ ]	[ ]	[ ]
Buckle my seat belt	[ ]	[ ]	[ ]	[ ]



*If you do not drink, go to question 16 below...*

	always	usually	seldom	never
Set a limit on my alcohol consumption	[ ]	[ ]	[ ]	[ ]
Call someone for a ride home instead of driving	[ ]	[ ]	[ ]	[ ]
Become ill after drinking	[ ]	[ ]	[ ]	[ ]
Choose not to drink with my friends	[ ]	[ ]	[ ]	[ ]
Gave up my keys because I had been drinking	[ ]	[ ]	[ ]	[ ]
Do "binge" drinking (5 or more drinks at once)	[ ]	[ ]	[ ]	[ ]
Participate in drinking games/competition	[ ]	[ ]	[ ]	[ ]
Walk home instead of driving	[ ]	[ ]	[ ]	[ ]
Get a ride with a designated driver	[ ]	[ ]	[ ]	[ ]
Designate a sober driver	[ ]	[ ]	[ ]	[ ]
Use a "no questions asked" contract with an adult/parent	[ ]	[ ]	[ ]	[ ]

16. Please indicate other things or behaviors that have changed since your participation in the *Every 15 Minutes* Program. You may attach additional paper if necessary.

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**Please answer the following:**

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<b>Your high school</b>	<b>Your birthdate</b>	<b>Male/female</b>	<b>Age</b>	<b>Grade</b>	<b>Today's date</b>
-------------------------	-----------------------	--------------------	------------	--------------	---------------------

**Thank you for taking the time to complete this form.**

**Revised:** March 23, 2006